UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
### Locations

**La Jolla**
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care Sports Medicine**
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121
  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037
  - 8899 and 8929 University Center Lane
  - San Diego, CA 92122
  - 8939 Villa La Jolla Drive
  - La Jolla, CA 92037
  - 9333 Genesee Avenue
  - San Diego, CA 92121
  - 8950 Villa La Jolla Drive
  - La Jolla, CA 92037
  - 9350 Campus Point Drive
  - La Jolla, CA 92037
  - Shiley Eye Institute
  - 9415 Campus Point Drive
  - La Jolla, CA 92093
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92093

- **Moores Cancer Center**
  - 3855 Health Sciences Drive
  - La Jolla, CA 92037

- **Jacobs Medical Center**
  - 9300 Campus Point Drive
  - La Jolla, CA 92037

- **Koman Family Outpatient Pavilion**
  - 9400 Campus Point Drive
  - La Jolla, CA 92037

- **Perlman Medical Offices**
  - 9350 Campus Point Drive
  - La Jolla, CA 92037

**Hillcrest**
- **Hillcrest Emergency**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103
  - 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103

- **Medical Offices North**
  - 200 West Arbor Drive
  - San Diego, CA 92103

- **Medical Offices South**
  - 4168 Front Street
  - San Diego, CA 92103

- **UC San Diego Medical Center**
  - 200 West Arbor Drive
  - San Diego, CA 92103

**Rancho Bernardo**
- **Includes Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

**Encinitas**
- **Includes Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024
  - 477 North El Camino Real
  - Encinitas, CA 92024

**College Area**
- 6719 Alvarado Road, Suite 302
  - San Diego, CA 92120

**Downtown**
- Downtown Express Care
  - 203 West F Street
  - San Diego, CA 92101

**Vista**
- 910 Sycamore Avenue
  - Vista, CA 92081

**Sorrento Valley**
- 4910 Directors Place
  - San Diego, CA 92121

**Scripps Ranch**
- 9909 Mira Mesa Blvd, Suite 200
  - San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
  - San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  - Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway, Suite 100
  - Temecula, CA 92592
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health System.

Regina M. Wang, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
American Sign Language (ASL), Mandarin, Spanish

**Hillcrest - 4th & Lewis Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

**Bio:**
Regina M. Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
**Internal Medicine**

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health System.

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**Dalia Elias, MBBS**  
Primary Care Physician

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Language:**  
Malayalam

**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**

Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'L Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

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Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
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Add'L Languages:
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Hillcrest - 4th & Lewis Medical Offices

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