Physician Directory

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Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.

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Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
Pulmonology (Lung) - Chronic Obstructive Pulmonary Disease

Xavier Soler, MD, PhD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialty:
Chronic Obstructive Pulmonary Disease

Add'l Languages:
Catalan, French, Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Xavier Soler, MD, PhD, specializes in pulmonology and sleep medicine and is the medical director of the pulmonary rehabilitation program and associate director of the Clinical Trials & Airway Research Center. He specializes in the diagnosis, treatment and management of chronic lung diseases, including chronic obstructive pulmonary disease (COPD) and asthma.
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