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## Primary Care

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Anesthesiology

Anesthesiology is the medical specialty that involves the preoperative, intraoperative, and postoperative care for patients in the administration of medications to control pain and support life functions during surgery. Learn more about anesthesiology services at UC San Diego Health.

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology
Add'l Language: Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.
Cancer - Psychosocial Oncology

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Belen S. Clark, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Vista - 1954 Via Centre
Contact:
Direct Clinic Line: (760) 529-9700

Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Georgiana Miller, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health.

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation

Subspecialty:
Liver Transplantation

Add'l Language:
Tamil

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

Srila Gopal, MBBS
Hematologist

Specialty:
Hematology/Blood Diseases
Add'l Languages:
Hindi, Tamil

Moores Cancer Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 355-5864
Direct Clinic Line: (858) 822-6100

Bio:
Srila Gopal, MBBS, is a board-certified hematologist who specializes in treating patients with blood disorders. She has a particular focus on hemoglobinopathies, including sickle cell disease, thalassemia, other anemias, and bleeding, clotting and white blood cell disorders. Dr. Gopal leads UC San Diego Health’s adult sickle cell disease program.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about [hepatology](https://health.ucsd.edu) at UC San Diego Health.

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

**Specialties:**
Hepatology (Liver), Gastroenterology, Transplantation

**Subspecialty:**
Liver Transplantation

**Add'l Language:**
Tamil

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

**Bio:**
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Maribeth Chong, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.
Nephrology (Kidney) - Chronic Kidney Disease

Dinna N. Cruz, MD, MPH  
Nephrologist  
Professor of Medicine

- **Specialty:** Nephrology (Kidney)  
- **Subspecialties:** Critical Care Nephrology, Chronic Kidney Disease  
- **Add'l Languages:** Italian, Tagalog

La Jolla - Perlman Medical Offices  
Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center

- **Contact:**  
  New Patient Registration: (800) 926-8273  
  Direct Clinic Line: (619) 543-6397

- **Bio:** Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as "kidney attack") and cardiorenal syndrome (individuals affected by both heart and kidney disease).

Pranav Garimella, MBBS, MPH, FASN  
Nephrologist  
Assistant Professor of Medicine

- **Specialty:** Nephrology (Kidney)  
- **Subspecialty:** Chronic Kidney Disease  
- **Add'l Languages:** Hindi, Tamil, Telugu, Urdu

La Jolla - Perlman Medical Offices  
Hillcrest - Medical Offices South

- **Contact:**  
  New Patient Registration: (800) 926-8273  
  Direct Clinic Line: (619) 543-6397

- **Bio:** Pranav Garimella, MBBS, MPH, is a board-certified nephrologist who provides care for a wide range of kidney diseases, including chronic kidney disease, glomerulonephritis, hypertension, and acute kidney injury. He has a special interest in polycystic kidney disease, kidney stones, and metabolic bone disease.
Nephrology (Kidney) - Critical Care Nephrology

Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Critical Care Nephrology, Chronic Kidney Disease

**Add'l Languages:**  
Italian, Tagalog

La Jolla - Perlman Medical Offices  
Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as "kidney attack") and cardiorenal syndrome (individuals affected by both heart and kidney disease).
Ophthalmology

Ophthalmology is the medical specialization concerned with the study, diagnosis and treatment of the eyes. Learn more about ophthalmology at UC San Diego Health.

Paulyne Raymundo, MS, FNP-C
Family Nurse Practitioner

Specialty:
Ophthalmology

Add'l Language:
Tagalog

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Paulyne Raymundo, MS, is a certified family nurse practitioner (FNP-C) who helps provide treatment to patients with eye conditions.
Orthopedics - Joint

Krishna R. Cidambi, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Joint

Add'l Languages:
Spanish, Tamil

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Krishna R. Cidambi, MD, is an orthopedic surgeon who specializes in hip and knee replacements. His areas of expertise include anterior total hip replacement (minimally invasive hip replacement), posterior total hip replacement, total knee replacement and partial knee replacement.
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health.

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Add'l Language:
Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.
Palliative Care

Jaydee Geluz, MSN, FNP-C
Family Nurse Practitioner

**Specialty:** Palliative Care  
**Add'l Language:** Tagalog

**Moores Cancer Center**

**Bio:**  
Jaydee Geluz, MSN, is a board-certified family nurse practitioner (FNP-C) who specializes in providing palliative care for people with cancer and other chronic diseases. Palliative medicine focuses on improving the quality of life for patients with serious illnesses and their families.

Maria Tiamson-Kassab, MD

**Specialties:** Psychiatry, Palliative Care, Cancer  
**Subspecialty:** Psychosocial Oncology  
**Add'l Language:** Tagalog

**Moores Cancer Center**

**Bio:**  
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Tamantha (Tami) Arlata, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Tagalog

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

**Bio:**
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Tagalog

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Belen S. Clark, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Maribeth Chong, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Tagalog

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Georgiana Miller, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Transplantation - Liver Transplantation

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation

Subspecialty:
Liver Transplantation

Add'l Language:
Tamil

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.
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