Physician Directory

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Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

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**Physician Access Services**

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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

**Dalia Elias, MBBS**  
Primary Care Physician

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Language:**  
Malayalam

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**  
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

**Ottar Viker Lunde, MD**  
Primary Care Physician  
Associate Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Languages:**  
Norwegian, Spanish

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250

**Bio:**  
Ottar V. Lunde, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care as well as the diagnosis and treatment of acute and chronic diseases. Dr. Lunde has a special interest in heart failure, sleep medicine and weight loss counseling. He is certified by the American Board of Obesity Medicine.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

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Ottar Viker Lunde, MD
Primary Care Physician
Associate Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Norwegian, Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
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Surgery
The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health.

Erik L Owens, MD
Vascular Surgeon
Professor of Surgery

Specialties:
Vascular Surgery, Surgery
Subspecialty:
Endovascular Surgery
Add'l Language:
Norwegian

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6980

Bio:
Erik Owens, MD, is a board-certified vascular surgeon. He is engaged in several clinical studies with interests in aortic aneurysms, treatment of venous stasis ulcers and minimally invasive bypass procedures. He serves as co-director for the Endovascular Training Center at the San Diego VA Medical Center.
Erik L Owens, MD
Vascular Surgeon
Professor of Surgery

Specialties:
Vascular Surgery, Surgery
Subspecialty:
Endovascular Surgery
Add'l Language:
Norwegian

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6980

Bio:
Erik Owens, MD, is a board-certified vascular surgeon. He is engaged in several clinical studies with interests in aortic aneurysms, treatment of venous stasis ulcers and minimally invasive bypass procedures. He serves as co-director for the Endovascular Training Center at the San Diego VA Medical Center.