Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

### La Jolla
- 4510 and 4520 Executive Drive
- San Diego, CA 92121
- 8910 Villa La Jolla Drive
- La Jolla, CA 92037
- 8899 and 8929 University Center Lane
- San Diego, CA 92122
- 8939 Villa La Jolla Drive
- La Jolla, CA 92037
- 9333 Genesee Avenue
- San Diego, CA 92121
- 8950 Villa La Jolla Drive
- La Jolla, CA 92037
- 9350 Campus Point Drive
- La Jolla, CA 92037
- **Shiley Eye Institute**
  - 9415 Campus Point Drive
  - La Jolla, CA 92093
- **Sulpizio Cardiovascular Center**
  - 9434 Medical Center Drive
  - La Jolla, CA 92093
- **Moores Cancer Center**
  - 3855 Health Sciences Drive
  - La Jolla, CA 92093
- **Jacobs Medical Center**
  - 9300 Campus Point Drive
  - La Jolla, CA 92037

### Hillcrest
- **4th and Lewis Medical Offices**
  - 330 Lewis Street
  - San Diego, CA 92103
- **Medical Offices North**
  - 200 West Arbor Drive
  - San Diego, CA 92103
- **Medical Offices South**
  - 4168 Front Street
  - San Diego, CA 92103
- **UC San Diego Medical Center**
  - 200 West Arbor Drive
  - San Diego, CA 92103

### Encinitas
- **1200 Garden View Road**
  - Encinitas, CA 92024
- **477 North El Camino Real**
  - Encinitas, CA 92024

### Vista
- **910 Sycamore Avenue**
  - Vista, CA 92081

### Scripps Ranch
- **9909 Mira Mesa Blvd.**
  - San Diego, CA 92131

### Kearny Mesa
- **7910 Frost Street**
- San Diego, CA 92123

### Rady Children’s Hospital-San Diego
- **3020 Children’s Way**
- San Diego, CA 92123

### Chula Vista
- **959 Lane Avenue**
- Chula Vista, CA 91914

### Temecula
- **31720 Temecula Parkway**
- Temecula, CA 92952

### Sorrento Valley
- **4910 Directors Place**
- San Diego, CA 92121
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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health System.

![Dalia Elias, MBBS](image)

**Dalia Elias, MBBS**
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Malayalam

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Dalia Elias, MBBS
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Malayalam

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