UC San Diego Health

Physician Directory

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UC San Diego Health Physician Directory

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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cristina Bailey, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Cristina Bailey, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Hadia Ashraf, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Farsi

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Hadia Ashraf, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Susan Behnawa, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Susan Behnawa, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Family Medicine (cont.)

Puneet Bhalrhu, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Downtown - West C Street
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line:: (858) 333-4977
Bio:
Puneet Bhalrhu, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Nicholas Canelo, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
La Jolla - Ivanhoe Avenue
Contact:
Direct Clinic Line:: (858) 869-0188
Bio:
Nicholas Canelo, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Daniel Camarillo, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish
Menifee - Haun Road
Contact:
Direct Clinic Line:: (951) 723-3800
Bio:
Daniel Camarillo, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Belen S. Clark, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog
Vista - 1954 Via Centre
Contact:
Direct Clinic Line:: (760) 529-9700
Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.
Matthew Combs, MD
Primary Care Physician

Affiliated Provider

Specialties: Primary Care, Family Medicine

Temecula - Single Oak Drive
Hemet - W. Stetson Avenue

Contact: Direct Clinic Line: (951) 252-8650

Bio: Matthew Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Vanessa Cordova, MSN, APRN, FNP
Family Nurse Practitioner

Affiliated Provider

Specialties: Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact: Direct Clinic Line: (760) 940-7000

Bio: Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.

Walter F. Combs, MD
Primary Care Physician

Affiliated Provider

Specialties: Primary Care, Family Medicine

Temecula - Single Oak Drive

Contact: Direct Clinic Line: (951) 252-8650

Bio: Walter Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Mohammed K. Elsayed, MD
Primary Care Physician

Affiliated Provider

Specialties: Primary Care, Family Medicine

Chula Vista - Oxford St

Contact: Direct Clinic Line: (619) 409-1802

Bio: Mohammed Elsayed, MD, is a board-certified physician providing primary care through his practice in Chula Vista. He is a member of the UC San Diego Health Physician Network.
Family Medicine (cont.)

Linda S. Falconio, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - W. Vista Way

Contact:
Direct Clinic Line: (760) 631-4000

Bio:
Linda Falconio, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Charles Frederick Fraley, III, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Murrieta - Jackson Avenue

Contact:
Direct Clinic Line: (951) 225-6287

Bio:
Charles Fraley, III, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Jeffrey Ferber, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Jeffrey Ferber, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Susan M. Glockner, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Encinitas - N. El Camino Real

Contact:
Direct Clinic Line: (760) 942-0118

Bio:
Susan M. Glockner, MD, is a board-certified physician providing primary care through the North Coast Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Family Medicine (cont.)

Rolando Gutierrez, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Rolando Gutierrez, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Tae-Woong Im, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Korean

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Tae-Woong Im, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Melissa Hurd, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - Thunder Dr

Contact:
Direct Clinic Line: (760) 758-1988

Bio:
Melissa Hurd, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Jane Kroese, FNP
Family Nurse Practitioner

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.
Richard Eric James Madrid, MD  
Primary Care Physician  
Affiliated Provider  
**Specialties:**  
Primary Care, Family Medicine  
**Menifee - Haun Road**  
**Contact:**  
Direct Clinic Line: (951) 723-3800  
**Bio:**  
Eric Madrid, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Johanna McEwen-Morofski, PA  
Physician Assistant  
Affiliated Provider  
**Specialties:**  
Primary Care, Family Medicine  
**Vista - W. Vista Way**  
**Contact:**  
Direct Clinic Line: (760) 631-4000  
**Bio:**  
Johanna McEwen-Morofski, PA, is a certified physician assistant providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Talha Memon, MD  
Primary Care Physician  
Affiliated Provider  
**Specialties:**  
Family Medicine, Primary Care  
**Add'l Languages:**  
Hindi, Urdu  
**Hemet - W. Stetson Avenue**  
**Contact:**  
Direct Clinic Line: (951) 225-6802  
**Bio:**  
Talha Memon, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Brandon Miller, DO  
Primary Care Physician  
Affiliated Provider  
**Specialties:**  
Primary Care, Family Medicine  
**Fallbrook - E. Elder**  
**Contact:**  
Direct Clinic Line: (760) 728-8344  
**Bio:**  
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Family Medicine (cont.)

Georgiana Miller, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog
Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802
Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Kenneth Ortiz, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Downtown - West C Street
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Kenneth Ortiz, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Loren S. Novak, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000
Bio:
Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist
Affiliated Provider
Specialties:
Primary Care, Family Medicine, Sports Medicine
College Area - 6699 Alvarado Rd
Contact:
Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
Family Medicine (cont.)

Sarah Pierce, MSN, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
La Jolla - Ivanhoe Avenue
Contact:
Direct Clinic Line: (858) 869-0188
Bio:
Sarah Pierce, MSN, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Maisara Rahman, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Temecula - 31150 Temecula Parkway
Contact:
Direct Clinic Line: (951) 225-6827
Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Michael Pietila, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000
Bio:
Michael Pietila, MD, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Pamela A. Wong Simmons, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Temecula - Single Oak Drive
Contact:
Direct Clinic Line: (951) 252-8650
Bio:
Pamela Wong Simmons, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Family Medicine (cont.)

Youstina Soliman, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Contact:
Direct Clinic Line: (858) 558-0399
Bio:
Youstina Soliman, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Rhodaline Tootell, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
La Jolla - 9850 Genesee Avenue
Contact:
Direct Clinic Line: (858) 864-9800
Bio:
Rhodaline Tootell, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Christine A. Sullivan, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Amy Trewella, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.
Family Medicine (cont.)

Rome Charles Walter, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802
Bio:
Rome Walter, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Yulia Yartseva, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Russian
Clairemont - Moraga Avenue
Contact:
Direct Clinic Line: (858) 799-0855
Bio:
Yuliya Yartseva, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Cortney Wilcox, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Courtney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Sam Baroudi, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Arabic, French

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Rodrigo J. Fernandez, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Spanish

Chula Vista - 4th Avenue

Contact:
Direct Clinic Line: (619) 476-9054

Bio:
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.

Maribeth Chong, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Christyanne Maxson, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

La Jolla - 9850 Genesee Avenue

Contact:

Bio:
Christian Maxson, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Internal Medicine (cont.)

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line:: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line:: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line:: (619) 232-3500

Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Michelle Uttaburanont, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line:: (951) 225-6827

Bio:
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact: Direct Clinic Line: (619) 232-3500
Bio: Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Hadia Ashraf, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Add'l Language: Farsi
Hemet - W. Stetson Avenue
Contact: Direct Clinic Line: (951) 225-6802
Bio: Hadia Ashraf, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Mark Amis, PA
Physician Assistant
Affiliated Provider
Specialty: Primary Care
Temecula - Single Oak Drive
Contact: Direct Clinic Line - Temecula: (951) 252-8650
Bio: Mark Amis, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

John D. Awad, MD
Primary Care Physician
Specialty: Primary Care
Carlsbad - 7740 El Camino Real
Contact: Direct Clinic Line: (619) 232-3500
Bio: John Awad, MD, provides primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Carly Babis, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Carly Babis, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Cristina Bailey, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Cristina Bailey, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Sam Baroudi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Arabic, French

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Victoria Bayliss, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Victoria Bayliss, PA, MPH, is a certified physician assistant providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Susan Behnawa, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Menifee - Haun Road
Contact:
Direct Clinic Line: (951) 723-3800
Bio:
Susan Behnawa, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Kelsey Brangoccio, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Clairemont - Moraga Avenue
Normal Heights - Adams Ave
Chula Vista - J Street
Contact:
Direct Clinic Line: (858) 799-0855
Bio:
Kelsey Brangoccio, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Puneet Bhalrhu, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Downtown - West C Street
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 333-4977
Bio:
Puneet Bhalrhu, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Daniel Camarillo, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish
Menifee - Haun Road
Contact:
Direct Clinic Line: (951) 723-3800
Bio:
Daniel Camarillo, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Nicholas Canelo, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Nicholas Canelo, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Alonso Chan, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Add'l Language:
Spanish

Chula Vista - J Street

Contact:
Direct Clinic Line: (858) 779-2366

Bio:
Alonso Chan, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Alexandra Chatfield, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Bio:
Alexandra Chatfield, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Maribeth Chong, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Belen S. Clark, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Vista - 1954 Via Centre

Contact:
Direct Clinic Line: (760) 529-9700

Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Matthew Combs, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - Single Oak Drive
Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Matthew Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Vanessa Cordova, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Connie Cordrey, PA  
Physician Assistant  
Affiliated Provider  

**Specialty:**  
Primary Care  
**Add'l Language:**  
Mandarin  

**Menifee - Haun Road**  

**Contact:**  
Direct Clinic Line: (951) 723-3800  

**Bio:**  
Connie Cordrey, PA, is a certified physician assistant providing primary care through the Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Michelle Etessami Cross, FNP  
Family Nurse Practitioner  
Affiliated Provider  

**Specialty:**  
Primary Care  

**Menifee - Haun Road**  

**Contact:**  
Direct Clinic Line: (951) 723-3800  

**Bio:**  
Michelle Etessami Cross, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Shane Cordrey, PA  
Physician Assistant  
Affiliated Provider  

**Specialty:**  
Primary Care  

**Hemet - W. Stetson Avenue**  

**Contact:**  
Direct Clinic Line: (951) 225-6802  

**Bio:**  
Shane Cordrey, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Anarella Diaz, NP  
Nurse Practitioner  
Affiliated Provider  

**Specialty:**  
Primary Care  

**Hemet - W. Stetson Avenue**  

**Contact:**  
Direct Clinic Line: (951) 225-6802  

**Bio:**  
Ana Diaz, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Belinda Drake, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line:: (951) 723-3800

Bio:
Belinda (Lyn) Drake, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Linda S. Falconio, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - W. Vista Way

Contact:
Direct Clinic Line:: (760) 631-4000

Bio:
Linda Falconio, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Mohammed K. Elsayed, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Chula Vista - Oxford St

Contact:
Direct Clinic Line:: (619) 409-1802

Bio:
Mohammed Elsayed, MD, is a board-certified physician providing primary care through his practice in Chula Vista. He is a member of the UC San Diego Health Physician Network.

Jeffrey Ferber, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line:: (760) 940-7000

Bio:
Jeffrey Ferber, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Rodrigo J. Fernandez, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Internal Medicine  
Add'l Language:  
Spanish  
Chula Vista - 4th Avenue  
Contact:  
Direct Clinic Line:: (619) 476-9054  
Bio:  
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.

Julie Gabbard, FNP  
Family Nurse Practitioner  
Affiliated Provider  
Specialty:  
Primary Care  
Hillcrest - 3636 Fifth Avenue  
Contact:  
Direct Clinic Line:: (619) 814-5500  
Bio:  
Julie Gabbard, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Charles Frederick Fraley, III, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Murrieta - Jackson Avenue  
Contact:  
Direct Clinic Line:: (951) 225-6287  
Bio:  
Charles Fraley, III, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Susan M. Glockner, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Encinitas - N. El Camino Real  
Contact:  
Direct Clinic Line:: (760) 942-0118  
Bio:  
Susan M. Glockner, MD, is a board-certified physician providing primary care through the North Coast Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Janette Gray, MD
Primary Care Physician
Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3636 Fifth Avenue

Contact:
Direct Clinic Line: (619) 814-5500

Bio:
Janette Gray, MD, is a board-certified physician providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Catherine Hanson, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Catherine Hanson, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Rolando Gutierrez, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Rolando Gutierrez, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Ryan Heitman, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Ryan Heitman, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Julie Hoffman, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line:: (858) 554-1212

Bio:
Julie Hoffman, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Melissa Hurd, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - Thunder Dr

Contact:
Direct Clinic Line:: (760) 758-1988

Bio:
Melissa Hurd, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Amber Holden, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line:: (951) 252-8650

Bio:
Amber Holden, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Tae-Woong Im, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Korean

Temecula - Single Oak Drive

Contact:
Direct Clinic Line:: (951) 252-8650

Bio:
Tae-Woong Im, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Leslie Karr, FNP
Family Nurse Practitioner
Affiliated Provider

**Specialty:**
Primary Care

**Hillcrest - 3635 Fifth Avenue**

**Contact:**
Direct Clinic Line: (619) 814-5500

**Bio:**
Leslie Karr, FNP, is a certified family nurse practitioner providing primary care through The Center for Health & Wellbeing. She is a member of the UC San Diego Health Physician Network.

Natalia Kovaleski, PA
Physician Assistant
Affiliated Provider

**Specialty:**
Primary Care

**Add'l Language:**
Spanish

**Contact:**
Direct Clinic Line: (858) 558-0399

**Bio:**
Natalia Kovaleski, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Jane Kroese, FNP
Family Nurse Practitioner
Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Poway - 15611 Pomerado Rd**

**Contact:**
Direct Clinic Line: (858) 312-5492

**Bio:**
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Deborah C. Layton, FNP
Family Nurse Practitioner
Affiliated Provider

**Specialty:**
Primary Care

**Temecula - Single Oak Drive**

**Contact:**
Direct Clinic Line: (951) 252-8650

**Bio:**
Deborah Layton, FNP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Richard Eric James Madrid, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Eric Madrid, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Christyanne Maxson, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

La Jolla - 9850 Genesee Avenue

Contact:

Bio:
Christian Maxson, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Robert McDaniel, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Robert McDaniel, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Johanna McEwen-Morofski, PA
Physician Assistant

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - W. Vista Way

Contact:
Direct Clinic Line: (760) 631-4000

Bio:
Johanna McEwen-Morofski, PA, is a certified physician assistant providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Brenna Memole, AGNP
Adult-Gerontology Nurse Practitioner

Affiliated Provider

Specialty:
Primary Care

Add'l Language:
Spanish

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Brenna Memole, AGNP, is a certified adult-gerontology nurse practitioner providing primary care at an independent practice providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Talha Memon, MD
Primary Care Physician

Affiliated Provider

Specialties:
Family Medicine, Primary Care

Add'l Languages:
Hindi, Urdu

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Talha Memon, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Brandon Miller, DO
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Fallbrook - E. Elder

Contact:
Direct Clinic Line: (760) 728-8344

Bio:
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Georgiana Miller, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog
Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802
Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Brooke Myrberg, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Hillcrest - 3900 Fifth Avenue
Normal Heights - Adams Ave
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Brooke Myrberg, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Raechel Mora, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802
Bio:
Raechel Mora, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Loren S. Novak, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000
Bio:
Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Daniel Christopher Nuñez, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care
Add'l Language:
Spanish
Temecula - 31720 Temecula Parkway
Contact:
Direct Clinic Line: (951) 225-6838
Bio:
Daniel Nuñez, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Kenneth Ortiz, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Downtown - West C Street
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Kenneth Ortiz, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Bruce Olmscheid, MD
Affiliated Provider

Specialty:
Primary Care
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist
Affiliated Provider

Specialties:
Primary Care, Family Medicine, Sports Medicine
College Area - 6699 Alvarado Rd
Contact:
Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Sarah Pierce, MSN, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
La Jolla - Ivanhoe Avenue
Contact:
Direct Clinic Line: (858) 869-0188
Bio:
Sarah Pierce, MSN, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Maisara Rahman, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Temecula - 31150 Temecula Parkway
Contact:
Direct Clinic Line: (951) 225-6827
Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Michael Pietila, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000
Bio:
Michael Pietila, MD, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Philippa Rai, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
La Jolla - 9850 Genesee Avenue
Chula Vista - J Street
Contact:
Direct Clinic Line: (858) 864-9800
Bio:
Philippa Rai, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Elizabeth Salada, MD  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Internal Medicine  

**Poway - 15611 Pomerado Rd**  

**Contact:**  
Direct Clinic Line: (858) 312-5492  

**Bio:**  
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Jessica A. Sarder, PA  
Physician Assistant  
Affiliated Provider  

**Specialty:**  
Primary Care  

**Add'l Language:**  
Spanish  

**Hillcrest - 3900 Fifth Avenue**  

**Contact:**  
Direct Clinic Line: (858) 554-1212  

**Bio:**  
Jessica Sarder, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Samantha Schouweiler, PA  
Physician Assistant  
Affiliated Provider  

**Specialty:**  
Primary Care  

**Normal Heights - Adams Ave**  

**Contact:**  
Direct Clinic Line: (858) 617-0717  

**Bio:**  
Samantha Schouweiler, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Pamela A. Wong Simmons, MD  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine  

**Temecula - Single Oak Drive**  

**Contact:**  
Direct Clinic Line: (951) 252-8650  

**Bio:**  
Pamela Wong Simmons, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

**Kelli Alicia Smith, PA**  
Physician Assistant  
Affiliated Provider

**Specialty:**  
Primary Care

**Menifee - Haun Road**

**Contact:**  
Direct Clinic Line: (951) 723-3800

**Bio:**  
Kelli Smith, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

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**Youstina Soliman, MD**  
Primary Care Physician  
Affiliated Provider

**Specialties:**  
Primary Care, Family Medicine

**Contact:**  
Direct Clinic Line: (858) 558-0399

**Bio:**  
Youstina Soliman, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

---

**Kelly Snowden, PA**  
Physician Assistant  
Affiliated Provider

**Specialty:**  
Primary Care

**La Jolla - Ivanhoe Avenue**

**Contact:**  
Direct Clinic Line: (858) 869-0188

**Bio:**  
Kelly Snowden, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

---

**Mary Steinhoff, NP**  
Nurse Practitioner  
Affiliated Provider

**Specialty:**  
Primary Care

**Fallbrook - E. Elder**

**Contact:**  
Direct Clinic Line: (760) 728-8344

**Bio:**  
Mary Steinhoff, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Christine A. Sullivan, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Janine Thorson, RN, MSN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Janine Thorson, RN, MSN, NP, is a certified family nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Rebekah Tolopilo, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Menifee - Haun Road

Contact:
Direct Clinic Line: (951) 723-3800

Bio:
Rebekah Tolopilo, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Rhodaline Tootell, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - 9850 Genesee Avenue

Contact:
Direct Clinic Line: (858) 864-9800

Bio:
Rhodaline Tootell, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Amy Trewella, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Michelle Uttaburanont, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Temecula - 31150 Temecula Parkway
Contact:
Direct Clinic Line: (951) 225-6827
Bio:
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Rome Charles Walter, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802
Bio:
Rome Walter, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

**Cortney Wilcox, FNP**  
Family Nurse Practitioner  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine  

**Hillcrest - 3900 Fifth Avenue**  

**Contact:**  
Direct Clinic Line: (858) 554-1212  

**Bio:**  
Courtney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

**Yulia Yartseva, MSN, APRN, FNP**  
Family Nurse Practitioner  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine  

**Add'l Language:**  
Russian  

**Clairemont - Moraga Avenue**  

**Contact:**  
Direct Clinic Line: (858) 799-0855  

**Bio:**  
Yuliya Yartseva, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about [sports medicine](https://health.ucsd.edu) at UC San Diego Health.

**Richard Parker, DO**  
Primary Care Physician and Sports Medicine Specialist  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine, Sports Medicine  

**College Area - 6699 Alvarado Rd**  

**Contact:**  

**Bio:**  
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
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