UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](https://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

Heeran Abawi, MD  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine  

**Carlsbad** - 7740 El Camino Real  
**Downtown** - Columbia St  

**Contact:**  
Direct Clinic Line: (619) 232-3500  

**Bio:**  
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cindy Tsai, MD  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Internal Medicine  

**Carlsbad** - 7740 El Camino Real  
**Downtown** - Columbia St  

**Contact:**  
Direct Clinic Line: (619) 232-3500  

**Bio:**  
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

Donna Mayeda, MD  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Internal Medicine  

**Carlsbad** - 7740 El Camino Real  
**Downtown** - Columbia St  

**Contact:**  
Direct Clinic Line: (619) 232-3500  

**Bio:**  
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Occupational/Environmental Medicine

UC San Diego Health’s Occupational and Environmental Medicine provides the San Diego area with a full range of services for prevention and compliance assistance; work injury treatment and management; blood borne pathogen exposure; vaccinations; and case coordination. Learn more about occupational and environmental medicine at UC San Diego Health.

John E. Cross, MD
Occupational Medicine Physician

Specialty:
Occupational/Environmental Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9210
Direct Clinic Line - La Jolla: (858) 657-1600

Bio:
John Cross, MD, is a board-certified occupational medicine physician who specializes in treating and managing work-related injuries, illnesses and diseases.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Victoria Bayliss, PA
Physician Assistant
Affiliated Provider
Specialty: Primary Care
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Victoria Bayliss, PA, MPH, is a certified physician assistant providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

John D. Awad, MD
Primary Care Physician
Specialty: Primary Care
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
John D. Awad, MD, provides primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Bruce Olmscheid, MD
Affiliated Provider

Specialty:
Primary Care

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Rehabilitation

Rehabilitation focuses on helping people achieve the highest level of function, independence, and quality of life possible. Learn more about the comprehensive rehabilitation services offered at UC San Diego Health.

Lindsey Unger, MS, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lindsey Unger is a speech language pathologist who helps individuals maximize their speech ability, language comprehension and expression, social and cognitive-communication skills. She also assesses and treats voice and swallowing disorders, and provides assessments for augmentative alternative communication devices.
Rehabilitation - Occupational Therapy

Julie Larsen, OTD, OTR/L
Occupational Therapist

Specialty:
Rehabilitation

Subspecialty:
Occupational Therapy

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Julie Larsen, OTD, is a registered and licensed occupational therapist (OTR/L) whose expertise is treating people with neurological disorders, specializing in pediatric and adult patients. She has experience providing therapy for stroke, traumatic brain injury, spinal cord injury, cerebral palsy, low vision, developmental delay, autism, and feeding difficulties.
Rehabilitation - Physical Therapy

Jessie (Altman) Agrimis, DPT, NCS
Physical Therapist
Neurologic Clinical Specialist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy
La Jolla - 8929 University Center Lane
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Jessie Agrimis, DPT, is a licensed physical therapist who treats people with various neurological disorders, including Parkinson's disease, stroke, multiple sclerosis, brain and spinal injuries, Guillain-Barré syndrome, ALS (i.e. amyotrophic lateral sclerosis or Lou Gehrig's disease) and post-polio syndrome. She also treats individuals with vestibular and balance disorders.

Kaitlin (Katie) Nuthall, DPT
Physical Therapist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy
Add'l Language:
Spanish
La Jolla - 8929 University Center Lane
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Katie Nuthall, DPT, is a licensed physical therapist who specializes in neurological conditions, vestibular dysfunction, and inpatient critical care rehabilitation for stroke survivors. Katie is also a part of the the Acoustic Neuroma Program at UC San Diego Health and works with people before and after surgery, and throughout their recovery process.

Kristine Negrete, DPT, NCS
Physical Therapist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy
La Jolla - 8929 University Center Lane
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Kristine Negrete, DPT, is a physical therapist and board-certified neurology clinical specialist (NCS) who treats people conditions such as Parkinson’s disease, stroke, and brain and spinal cord injuries. She also helps people with multiple sclerosis, Guillain-Barré syndrome, post-polio syndrome, and vestibular and balance disorders including post-concussion syndrome.

Cory Troyer, DPT
Physical Therapist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy
La Jolla - 8929 University Center Lane
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Cory Troyer, DPT, is a licensed physical therapist who helps people with orthopedic and neuromuscular conditions. She enjoys using evidenced-based practice to progress patients towards their functional goals through the use of movement.
Rehabilitation - Physical Therapy (cont.)

Ann Valentine, DPT, NCS
Physical Therapist
Neurologic Clinical Specialist

Specialty:
Rehabilitation
Subspecialty:
Physical Therapy

Jacobs Medical Center
La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Ann Valentine, DPT, is a licensed physical therapist and board-certified neurologic clinical specialist (NCS). Ms. Valentine is the supervisor for outpatient rehabilitation at UC San Diego Health's La Jolla locations. She works with patients with a wide variety of neurologic and musculoskeletal conditions and specializes in treating dizziness, gait and balance problems. She also has extensive experience treating patients with neurologic conditions across the continuum of care.
Speech-Language Pathology

Speech-language pathology is the clinical specialty that focuses on evaluating and treating communication disorders and swallowing disorders. Learn more about speech and language therapy at UC San Diego Health.

Lindsey Unger, MS, CCC-SLP
Speech-Language Pathologist

Specialties:
Speech-Language Pathology, Rehabilitation

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

Bio:
Lindsey Unger is a speech language pathologist who helps individuals maximize their speech ability, language comprehension and expression, social and cognitive-communication skills. She also assesses and treats voice and swallowing disorders, and provides assessments for augmentative alternative communication devices.
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