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Table of Contents

Family Medicine
  Integrative & Holistic Medicine ................................................................. i
Primary Care ................................................................................................. 1
Psychiatry
  Geriatric Psychiatry .................................................................................... i
Index ............................................................................................................... 4
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Nicholas Canelo, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Nicholas Canelo, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Nicholas Canelo, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

La Jolla - Ivanhoe Avenue

Contact:
Direct Clinic Line: (858) 869-0188

Bio:
Nicholas Canelo, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

**Kristin Cadenhead, MD**
Psychiatrist
Professor of Psychiatry

*Specialty:*
Psychiatry

*Hillcrest - 140 Arbor Drive*

*Contact:*
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

*Bio:*
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's **early psychosis treatment program**. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

**Lama Muhammad, MD**
Psychiatrist
Assistant Professor of Psychiatry

*Specialty:*
Psychiatry

*Add'l Language:*
Arabic

*Hillcrest - 140 Arbor Drive*

*Contact:*
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

*Bio:*
Lama Muhammad, MD, is a psychiatrist whose practice focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

**Ashley L. Clark, MD**
Psychiatrist
Associate Professor of Psychiatry

*Specialty:*
Psychiatry

*La Jolla - 8950 Villa La Jolla Drive*

*Hillcrest - 140 Arbor Drive*

*Contact:*
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

*Bio:*
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women's reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the **Women's Reproductive Mental Health Program** at UC San Diego Health.

**Isabel Ribeiro Caldas Domingues, MD**
Psychiatrist
Assistant Professor of Psychiatry

*Specialty:*
Psychiatry

*Add'l Languages:*
Portuguese, Spanish

*Hillcrest - 140 Arbor Drive*

*Contact:*
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

*Bio:*
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the "prodromal" (early) phase.
Psychiatry (cont.)

Louisa Steiger, MD

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Jessica L. Thackaberry, MD

**Psychiatrist**
**Assistant Professor of Psychiatry**

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
## Index

| C | Cadenhead, Kristin ........................................ 2 |
| Canelo, Nicholas ........................................... 1 |
| Clark, Ashley L. ............................................ 2 |
| M | Muhammad, Lama ............................................ 2 |
| R | Ribeiro Caldas Domingues, Isabel ..................... 2 |
| S | Steiger, Louisa ............................................. 3 |
| T | Thackaberry, Jessica L. ................................. 3 |