Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

**Request an Appointment**

Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referencing Physician Access

**Transfer a Patient**

For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**

If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**

Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

La Jolla
4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Hillcrest

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Encinitas

1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

Vista

910 Sycamore Avenue
Vista, CA 92081

Scripps Ranch

9909 Mira Mesa Blvd.
San Diego, CA 92131

Kearny Mesa

7910 Frost Street
San Diego, CA 92123

Rady Children’s Hospital-San Diego
3020 Children’s Way
San Diego, CA 92123

Chula Vista

959 Lane Avenue
Chula Vista, CA 91914

Temecula

31720 Temecula Parkway
Temecula, CA 92952

Sorrento Valley

4910 Directors Place
San Diego, CA 92121
# Table of Contents

**Psychiatry**

- Eating Disorders .................................................................................................................. 1
- Geriatric Psychiatry ............................................................................................................... 6.
- Index ................................................................................................................................... 7
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty: Psychiatry
Add'l Language: Telugu

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty: Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

Anne Bird, MBChB
Psychiatrist
Associate Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Anne Bird, MBChB, is a board-certified adult, child and adolescent psychiatrist who specializes in treating children, teens and young adults with mood disorders, anxiety disorders, or attention-deficit/hyperactivity disorder (ADHD). She uses both medications and talk therapy (psychotherapy) in her practice.

Douglas D'Agati, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Douglas D'Agati, MD, is a board-certified psychiatrist who specializes in treating adults and young adults with mood disorders (such as depression and bipolar disorder), anxiety disorders, psychosis, and schizophrenia.
Psychiatry (cont.)

Nancy Downs, MD
Psychiatrist
Professor of Psychiatry

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nancy Downs, MD is a board-certified psychiatrist who specializes in the mental health needs of college students and transition age youth.

Karim Gobrial-Sedky, MBChB
Psychiatrist

Specialty: Psychiatry
Add'l Language: Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Karim Gobrial-Sedky, MBChB, is a board-certified psychiatrist whose practice includes treating depression, bipolar, anxiety and psychotic disorders in both adults and children. He also sees adults who have alcohol, drug or other substance-related addictions.

Jonathon R. Howlett, MD
Psychiatrist

Specialty: Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jonathon Howlett, MD, is a board-certified psychiatrist who specializes in caring for individuals with treatment-resistant depression. His practice also includes treating more general mental health conditions such depressive disorders, anxiety disorders, bipolar disorder and schizophrenia.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty: Psychiatry
Add'l Language: Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
Psychiatry (cont.)

Carla Marienfeld, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-1680

Bio:
Carla Marienfeld, MD, is a board-certified addiction psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Alison Reminick, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Alison Reminick, MD, is a board-certified psychiatrist who specializes in treating individuals with substance use disorders and co-occurring mental health conditions, such as anxiety and depression. She supports recovery in a harm-reduction approach that uses therapy, motivational interviewing, and medication-assisted treatment.

Lama Muhammad, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Arabic

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry
Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.
Psychiatry (cont.)

Jennifer Roby, DO
Psychiatrist
Assistant Professor Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jennifer Roby, DO, is a psychiatrist who provides general mental health care services for adults. She provides care to undergraduate, graduate, and medical students through UC San Diego Health's College Mental Health Program. She also helps women with postpartum depression, postpartum anxiety and other reproductive-related mental health concerns that affect women and their families.

Sanjaya Saxena, MD
Director, Obsessive-Compulsive Disorders Clinic
Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Sanjaya Saxena, MD, is a board-certified psychiatrist focusing on the treatment of people with obsessive-compulsive disorders (OCD) and related conditions such as compulsive hoarding and body dysmorphic disorder.

Mounir A. Soliman, MD
Psychiatrist
Assistant Vice Chancellor and Executive Director, UC San Diego Health Sciences International
Professor of Psychiatry

Specialty:
Psychiatry
Add'l Language:
Arabic

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Fax: (858) 534-6205
Direct Clinic Line: (858) 534-6200

Bio:
Mounir A. Soliman, MD, is a board-certified psychiatrist and neurologist who is an expert in developing wellness programs tailored to executives.

Louisa Steiger, MD
Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Psychiatry (cont.)

Murray B. Stein, MD, MPH
Psychiatrist
Distinguished Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Murray B. Stein, MD, MPH, is a board-certified psychiatrist who treats individuals with anxiety, and trauma and stressor-related disorders, including panic disorder, agoraphobia, social anxiety disorder (social phobia), generalized anxiety disorder, and post-traumatic stress disorder (PTSD) with or without depression.

Hannah C. Sweet, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Hannah C. Sweet, MD, is a board-certified psychiatrist who specializes in treating children and adolescents with all types of mental illness and psychiatric conditions. Her practice is part of UC San Diego Health's comprehensive and compassionate mental health services for teens.

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
Psychiatry - Geriatric Psychiatry

Steven F. Huege, MD
Psychiatrist

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Steven Huege, MD, is a board-certified geriatric psychiatrist who specializes in treating mental health and neurodegenerative disorders in older adults, including both chronic and new-onset mental illness. His areas of clinical expertise include Alzheimer’s disease, Lewy body dementia, frontotemporal dementia, and mood and psychotic disorders in older adults.

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.
# Index

<table>
<thead>
<tr>
<th>B</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Bam nerd, Nora</td>
<td>1</td>
</tr>
<tr>
<td>Bird, Anne</td>
<td>1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>C</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Cadenhead, Kristin</td>
<td>1</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>D</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>D'Agati, Douglas</td>
<td>1</td>
</tr>
<tr>
<td>Downs, Nancy</td>
<td>2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>G</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Ghobrial-Sedky, Karim</td>
<td>2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>H</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Howlett, Jonathon R.</td>
<td>2</td>
</tr>
<tr>
<td>Huege, Steven F.</td>
<td>6</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>K</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Kovacs, Ildiko</td>
<td>2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>M</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Marienfeld, Carla</td>
<td>3</td>
</tr>
<tr>
<td>Muhammad, Lana</td>
<td>3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>R</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Reminick, Alison</td>
<td>3</td>
</tr>
<tr>
<td>Ribeiro Caldas Domingues, Isabel</td>
<td>3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>S</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Saxena, Sanjaya</td>
<td>4</td>
</tr>
<tr>
<td>Soliman, Mounir A.</td>
<td>4</td>
</tr>
<tr>
<td>Steiger, Louisa</td>
<td>4</td>
</tr>
<tr>
<td>Stein, Murray B.</td>
<td>5</td>
</tr>
<tr>
<td>Sweet, Hannah C.</td>
<td>5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>T</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Thackaberry, Jessica L.</td>
<td>5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>V</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Vardi, Kalya</td>
<td>6</td>
</tr>
</tbody>
</table>