UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care**
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121
  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121

- **Shiley Eye Institute**
  - 9415 Campus Point Drive
  - La Jolla, CA 92037

- **Sulpizio Cardiovascular Center**
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

### Moores Cancer Center
- 3855 Health Sciences Drive
- La Jolla, CA 92093

### Jacobs Medical Center
- 9300 Campus Point Drive
- La Jolla, CA 92037

### Koman Family Outpatient Pavilion
- 9400 Campus Point Drive
- La Jolla, CA 92037

### Perlman Medical Offices
- 9350 Campus Point Drive
- La Jolla, CA 92037

### Hillcrest
- **Hillcrest Emergency**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

- **4th and Lewis Medical Offices**
  - 330 Lewis Street
  - San Diego, CA 92103

- **Medical Offices North**
  - 200 West Arbor Drive
  - San Diego, CA 92103

- **Medical Offices South**
  - 4168 Front Street
  - San Diego, CA 92103

### UC San Diego Medical Center
- 200 West Arbor Drive
- San Diego, CA 92103

### Rancho Bernardo
- **Includes Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

### Encinitas
- **Includes Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024

### Kearny Mesa
- 7910 Frost Street
- San Diego, CA 92123

### Scripps Ranch
- 9909 Mira Mesa Blvd, Suite 200
- San Diego, CA 92131

### Chula Vista
- 959 Lane Avenue
- Chula Vista, CA 91914

### Temecula
- 31720 Temecula Parkway, Suite 100
- Temecula, CA 92592
# Table of Contents

Psychiatry

  Eating Disorders ................................................................. i
  Geriatric Psychiatry .............................................................. i
Index .......................................................................................... 3
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health’s early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.

Lama Muhammad, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Arabic

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Lama Muhammad, MD, is a psychiatrist whose practices focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Louisa Steiger, MD

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Psychiatry (cont.)

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
# Index

| C | Cadenhead, Kristin ................................................. | 1 |
| M | Muhammad, Lama ..................................................... | 1 |
| R | Ribeiro Caldas Domingues, Isabel ............................ | 1 |
| S | Steiger, Louisa ....................................................... | 1 |
| T | Thackaberry, Jessica L ............................................. | 2 |