UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.

[health.ucsd.edu](http://health.ucsd.edu) | Patient Access **800-926-8273** | Physician Access **855-543-0555**
## Locations

### La Jolla

- **La Jolla Emergency**
  Sulpizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92037

- **La Jolla Urgent Care**
  8910 Villa La Jolla Drive
  La Jolla, CA 92037

- **Orthopedics Urgent Care**
  Sports Medicine
  4520 Executive Drive, Suite Plaza 1
  San Diego, CA 92121

  4510 and 4520 Executive Drive
  San Diego, CA 92121

  8910 Villa La Jolla Drive
  La Jolla, CA 92037

  8899 and 8929 University Center Lane
  San Diego, CA 92122

  8939 Villa La Jolla Drive
  La Jolla, CA 92037

  9333 Genesee Avenue
  San Diego, CA 92121

  8950 Villa La Jolla Drive
  La Jolla, CA 92037

  9350 Campus Point Drive
  La Jolla, CA 92037

  Shiley Eye Institute
  9415 Campus Point Drive
  La Jolla, CA 92037

  Sulpizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92093

- **Moores Cancer Center**
  3855 Health Sciences Drive
  La Jolla, CA 92037

- **Jacobs Medical Center**
  9300 Campus Point Drive
  La Jolla, CA 92037

- **Koman Family Outpatient Pavilion**
  9400 Campus Point Drive
  La Jolla, CA 92037

- **Perlman Medical Offices**
  9350 Campus Point Drive
  La Jolla, CA 92037

### Hillcrest

- **Hillcrest**
  **Hillcrest Emergency**
  UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

  4th and Lewis Medical Offices
  330 Lewis Street
  San Diego, CA 92103

  Medical Offices North
  200 West Arbor Drive
  San Diego, CA 92103

  Medical Offices South
  4168 Front Street
  San Diego, CA 92103

  UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

- **Rancho Bernardo**
  Includes **Rancho Bernardo Urgent Care**
  16950 Via Tazon
  San Diego, CA 92127

### Encinitas

- **Encinitas**
  Includes **Encinitas Express Care (Suite 110)**
  1200 Garden View Road
  Encinitas, CA 92024

  477 North El Camino Real
  Encinitas, CA 92024

### College Area

- **College Area**
  6719 Alvarado Road, Suite 302
  San Diego, CA 92120

### Downtown

- **Downtown**
  Downtown Express Care
  203 West F Street
  San Diego, CA 92101

### Vista

- **Vista**
  910 Sycamore Avenue
  Vista, CA 92081

### Sorrento Valley

- **Sorrento Valley**
  4910 Directors Place
  San Diego, CA 92121

### Scripps Ranch

- **Scripps Ranch**
  9909 Mira Mesa Blvd, Suite 200
  San Diego, CA 92131

### Kearny Mesa

- **Kearny Mesa**
  7910 Frost Street
  San Diego, CA 92123

### Chula Vista

- **Chula Vista**
  959 Lane Avenue
  Chula Vista, CA 91914

### Temecula

- **Temecula**
  31720 Temecula Parkway, Suite 100
  Temecula, CA 92592
# Table of Contents

Psychiatry

- Geriatric Psychiatry ................................................................. i

Index .......................................................................................... 3
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

Lama Muhammad, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Language:
Arabic

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Lama Muhammad, MD, is a psychiatrist whose practice focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

Ashley L. Clark, MD
Psychiatrist
Associate Professor of Psychiatry

Specialty:
Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women’s reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the Women's Reproductive Mental Health Program at UC San Diego Health.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the "prodromal" (early) phase.
Louisa Steiger, MD

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Jessica L. Thackaberry, MD

Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
Index

C
Cadenhead, Kristin .................................................. 1
Clark, Ashley L. ...................................................... 1

M
Muhammad, Lama .................................................. 1

R
Ribeiro Caldas Domingues, Isabel ......................... 1

S
Steiger, Louisa ...................................................... 2

T
Thackaberry, Jessica L. .......................................... 2