UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

<table>
<thead>
<tr>
<th>La Jolla</th>
<th>Hillcrest</th>
<th>Kearny Mesa</th>
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</thead>
<tbody>
<tr>
<td>4510 and 4520 Executive Drive</td>
<td><strong>4th and Lewis Medical Offices</strong></td>
<td>7910 Frost Street</td>
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<tr>
<td>San Diego, CA 92121</td>
<td>330 Lewis Street</td>
<td>San Diego, CA 92123</td>
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<td><strong>Medical Offices North</strong></td>
<td><strong>Rady Children’s Hospital-San Diego</strong></td>
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<td>200 West Arbor Drive</td>
<td>3020 Children’s Way San Diego, CA 92123</td>
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<td>9333 Genesee Avenue</td>
<td><strong>Encinitas</strong></td>
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<td><strong>Scripps Ranch</strong></td>
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<td>La Jolla, CA 92037</td>
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**Hillcrest**
- 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103
- Medical Offices North
  - 200 West Arbor Drive
  - San Diego, CA 92103
- Medical Offices South
  - 4168 Front Street
  - San Diego, CA 92103
- UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

**Encinitas**
- 1200 Garden View Road
  - Encinitas, CA 92024
- 477 North El Camino Real
  - Encinitas, CA 92024

**Vista**
- 910 Sycamore Avenue
  - Vista, CA 92081

**Scripps Ranch**
- 9909 Mira Mesa Blvd.
  - San Diego, CA 92131
# Table of Contents

Psychiatry

- Eating Disorders ...................................................... i
- Geriatric Psychiatry ...................................................... i

Index .................................................................................. 2
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

**Bio:**
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

Louisa Steiger, MD

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

**Bio:**
Isabel Ribeiro Caldas Domingues, MD is a board-certified psychiatrist and director of UC San Diego Health’s early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

**Bio:**
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
Index

C
Cadenhead, Kristin .............................................. 1

R
Ribeiro Caldas Domingues, Isabel ......................... 1

S
Steiger, Louisa ..................................................... 1

T
Thackaberry, Jessica L ......................................... 1