UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

**Transfer a Patient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

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<th>Area</th>
<th>Address</th>
<th>City</th>
<th>Postal Code</th>
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<td><strong>La Jolla</strong></td>
<td>4510 and 4520 Executive Drive</td>
<td>San Diego</td>
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<td>8910 Villa La Jolla Drive</td>
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<td>8899 and 8929 University Center Lane</td>
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<td>8950 Villa La Jolla Drive</td>
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<td><strong>Shiley Eye Institute</strong></td>
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<td>La Jolla</td>
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<td><strong>Hillcrest</strong></td>
<td>4th and Lewis Medical Offices</td>
<td>San Diego</td>
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<td>Medical Offices North</td>
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<td>Medical Offices South</td>
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<td>7910 Frost Street</td>
<td>San Diego</td>
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<td><strong>Rady Children’s Hospital-San Diego</strong></td>
<td>3020 Children’s Way</td>
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<td><strong>Chula Vista</strong></td>
<td>959 Lane Avenue</td>
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<tr>
<td><strong>Encinitas</strong></td>
<td>1200 Garden View Road</td>
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<td>477 North El Camino Real</td>
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<td><strong>Vista</strong></td>
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<td><strong>Scripps Ranch</strong></td>
<td>9909 Mira Mesa Blvd.</td>
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Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Charles D. Ashbrook, MD
Psychiatrist

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (888) 534-7792

Bio:
Charles Ashbrook, MD, is a board-certified psychiatrist who specializes in outpatient care of young adults and adults with depression, anxiety, bipolar disorder, psychosis, schizophrenia, post-traumatic stress disorder (PTSD) and personality disorders. A guiding principal of his clinical practice is to review, simplify, and optimize his patients' medication regimens, using evidence-based approaches.

Kristin Cadenhead, MD
Psychiatrist
Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745
Direct Clinic Line: (619) 543-6445

Bio:
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's early psychosis treatment program. This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the "prodromal" (early) phase.

Louisa Steiger, MD
Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Jessica L. Thackaberry, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
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