Physician Directory

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UC San Diego Health Physician Directory

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For Patients

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Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genessee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Cardiology - Electrophysiology

Frederick (Fred) Han, MD
Cardiac Electrophysiologist
Associate Professor of Medicine

Specialty:
Cardiology
Subspecialty:
Electrophysiology

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530
Direct Clinic Line - Temecula: (951) 303-0734

Bio:
Frederick (Fred) Han, MD, is board-certified cardiologist who subspecializes in cardiac electrophysiology. He takes care of patients with all types of fast (tachycardia), slow (bradycardia), and irregular heart rhythm disorders, including both atrial and ventricular arrhythmias.
Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology,
Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in
treating diseases of the heart and lungs. His expertise includes treating
coronary artery disease with bypass surgery and valvular heart disease
with valve repair or replacement. Dr. Pollema performs operations for
patients with advanced stages of heart failure; patients needing mechanical
circulatory support, including temporary and permanent ventricular assist
devices (VADs); and those who have undergone or need heart and/or lung
transplantation. He also implements and manages the care of those
requiring extracorporeal membrane oxygenation (ECMO), a type of life
support treatment that provides enough oxygen to a person while allowing
time for their lungs and heart to rest or heal.

Hao (Howie) Tran, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Temecula: (951) 303-0734
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Hillcrest: (619) 543-5743

Bio:
Howie Tran, MD, is board-certified cardiologist who specializes in treating
patients with end-stage or advanced heart failure. He cares for patients
who require heart transplants and mechanical circulatory support devices,
including ventricular assist devices (VADs) and percutaneous ventricular
assist devices (PVADs). Dr. Tran is also experienced in right heart-
catheterization with heart tissue biopsies.
Nicholas Wettersten, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Temecula - 31720 Temecula Parkway
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Temecula: (951) 303-0374
Direct Clinic Line - Hillcrest: (858) 657-8530

Bio:
Nicholas Wettersten, MD, is a board-certified cardiologist who treats patients with advanced heart failure.
Cardiothoracic (Heart and Lung) Surgery

Cardiothoracic (Heart and Lung) Surgery specializes in operations to the heart, chest or both — generally includes treatment for heart and lung diseases and conditions. Learn more about cardiothoracic (heart and lung) surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about [hepatology](https://health.ucsd.edu) at UC San Diego Health System.

![Michel Henry Mendler, MD](image)

**Michel Henry Mendler, MD**
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

**Specialties:**
Gastroenterology, Transplantation, Hepatology (Liver)

**Subspecialty:**
Liver Transplantation

**Add'l Language:**
French

**Location:**
- La Jolla - 4510 Executive Drive
- La Jolla - Perlman Medical Offices
- Hillcrest - Medical Offices South
- Temecula - 31720 Temecula Parkway

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (619) 543-5415
- Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
- Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

**Bio:**
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health System.

**Sonia Bajwa-Dulai, MD**
Primary Care Physician
Assistant Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Add'l Languages:**
Hindi, Punjabi

**Sorrento Valley - Directors Place**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

**Bio:**
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

**Steven Li, MD**
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Sorrento Valley - Directors Place**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

**Bio:**
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

**Jennifer DeConde, MD**
Primary Care Physician
Assistant Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Sorrento Valley - Directors Place**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

**Bio:**
Jennifer DeConde, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

**Nicole Mandich, MD**
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Sorrento Valley - Directors Place**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

**Bio:**
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.
Internal Medicine (cont.)

Marlene Millen, MD
Primary Care Physician
Chief Medical Information Officer, Ambulatory Care
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Greek

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.

Andrew D. Hull, BMBS, FRCOG, FACOG
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Andrew D. Hull, BMBS, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Hull’s expertise includes caring for pregnant women with chronic medical problems, including HIV; pregnancies complicated by fetal disorders such as isoimmunization and complex birth defects; and placental disorders such as placenta accreta.
Thomas F. Kelly, MD
Perinatologist
Chief, Division of Perinatal Medicine
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Sorrento Valley - Directors Place**
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200

**Bio:**
Thomas F. Kelly, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. His expertise includes medical complications of pregnancy and fetal diagnosis.

Leah Lamale-Smith, MD
Perinatologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Add'l Language:**
Spanish

**Sorrento Valley - Directors Place**
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

**Bio:**
Leah Lamale-Smith, MD, is a board-certified obstetrician/gynecologist who specializes in high-risk pregnancies. As a provider of maternal-fetal medicine, she cares for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Lamale-Smith's expertise is in performing invasive fetal procedures for prenatal screening and diagnosis, including chorionic villus sampling (CVS), amniocentesis, and fetal blood sampling and intrauterine transfusion. She is also experienced in caring for women with higher-order multiples, women with complex medical conditions such as autoimmune disorders and cardiac disease, and critically ill women who require intensive care during their pregnancy or postpartum period.
Louise C. Laurent, MD, PhD  
Perinatologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences  

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)  

**Sorrento Valley - Directors Place**  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200  

**Bio:**  
Louise C. Laurent, MD, PhD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Laurent’s expertise is in treating women who are at risk for preeclampsia or fetal growth restriction.

Thomas Moore, MD  
Interim Chief Medical Officer  
Professor of Obstetrics, Gynecology, and Reproductive Sciences  

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)  

**Sorrento Valley - Directors Place**  
**La Jolla - 8910 Villa La Jolla**  
Jacobs Medical Center  
**Hillcrest - UC San Diego Medical Center**  
**Encinitas - Garden View Court**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200  

**Bio:**  
Thomas Moore, MD, is a board-certified maternal-fetal medicine specialist. He provides prenatal care for women with high-risk pregnancies, and is recognized nationally as an expert on pregnancy and diabetes. Dr. Moore has been ranked several times as one of the top obstetricians and gynecologists in the nation by *U.S. News & World Report*, as well as been named repeatedly as a “Top Doc” in *San Diego Magazine’s* “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society. Most recently he received the Louis M. Hellman MD Midwifery Partnership Award from the American College of Obstetricians and Gynecologists.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology) (cont.)

Gladys "Sandy" Ramos, MD
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Gladys "Sandy" Ramos, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women with complex health or fetal issues. Dr. Ramos’ expertise is in treating women with diabetes to help ensure safe deliveries of healthy infants while maintaining optimal health for mothers. She is also experienced in managing placenta accreta and other high-risk issues.

Robert Resnik, MD
Professor Emeritus of Obstetrics, Gynecology, and Reproductive Sciences
Perinatologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - Sorrento Valley: (858) 657-7200

Bio:
Robert Resnik, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Resnik’s expertise includes treating fetal growth restriction and placenta accreta.
Maryam Tarsa, MD  
Professor of Obstetrics, Gynecology, and Reproductive Sciences  
Perinatologist  

Specialty:  Obstetrics & Gynecology  
Subspecialty:  Maternal-Fetal Medicine (Perinatology)  
Add'l Language:  Farsi  

Jacobs Medical Center  
Sorrento Valley - Directors Place  
Hillcrest - Medical Offices South  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Sorrento Valley: (858) 657-7200  
Direct Clinic Line - Hillcrest: (619) 543-7878  

Bio:  
Maryam Tarsa, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Tarsa’s expertise includes fetal imaging and treating pregnant women with autoimmune disorders, infectious diseases and transplants. She also cares for women having twins or higher-order multiples.

Douglas Andrew Woelkers, MD  
Perinatologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences  

Specialty:  Obstetrics & Gynecology  
Subspecialty:  Maternal-Fetal Medicine (Perinatology)  
Add'l Language:  Spanish  

Jacobs Medical Center  
Sorrento Valley - Directors Place  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200  

Bio:  
Douglas Andrew Woelkers, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Woelkers’ expertise includes preeclampsia, thrombophilia and placental insufficiency.
Richard B. Wolf, DO
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Jacobs Medical Center**
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

**Bio:**
Richard B. Wolf, DO, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Wolf's expertise includes fetal imaging, amniotic fluid abnormalities, blood clotting disorders during pregnancy and blood group (Rh) incompatibility.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Hindi, Punjabi

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

Jennifer DeConde, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Nicole Mandich, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.
Primary Care (cont.)

Marlene Millen, MD
Primary Care Physician
Chief Medical Information Officer, Ambulatory Care
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).
Radiology

Radiology is the branch of medicine specializing in the use of imaging technologies such as x-ray and radiation to diagnose and treat diseases. Learn more about radiology at UC San Diego Health System.

Mary O’Boyle, MD
Radiologist
Professor of Radiology

Specialty:
Radiology
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3405
Direct Clinic Line - Sorrento Valley: (858) 657-7200

Bio:
Mary O’Boyle, MD, is a board-certified radiologist with expertise in body imaging. She uses ultrasound, computed tomography (CT), magnetic resonance imaging (MRI) and fluoroscopy to image the abdomen and pelvis to better diagnosis and treat a wide variety of health conditions, including cancer and high-risk pregnancies.

Dolores H. Pretorius, MD
Director of Fetal Imaging, Maternal-Fetal Care and Genetics
Professor of Radiology

Specialty:
Radiology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3405
Direct Clinic Line: (858) 657-7200

Bio:
Dolores H. Pretorius, MD, is a board-certified radiologist who specializes in fetal imaging and ultrasound imaging. As the director of fetal imaging at UC San Diego Health’s Maternal-Fetal Care and Genetics, she performs ultrasound scans on expectant mothers to check for problems with fetal development or other problems during pregnancy. During fetal imaging examinations, Dr. Pretorius may make diagnoses that help guide treatment for a woman or her baby before and after birth. She also performs ultrasound examinations in adults and children.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation
Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Transplantation - Heart Transplantation

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Transplantation - Liver Transplantation

Michel Henry Mendler, MD  
Gastroenterologist and Transplant Hepatologist  
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-5415  
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728  
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Transplantation - Lung Transplantation

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
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