UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

» New Patients (who have never seen a UC San Diego Health provider)
   To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

» Current Patients
   Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

» Find a Doctor
   To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

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| **La Jolla**         | 4510 and 4520 Executive Drive  
|                     | San Diego, CA 92121  
|                     | 8910 Villa La Jolla Drive  
|                     | La Jolla, CA 92037  
|                     | 8899 and 8929 University Center Lane  
|                     | San Diego, CA 92122  
|                     | 8939 Villa La Jolla Drive  
|                     | La Jolla, CA 92037  
|                     | 9333 Genesee Avenue  
|                     | San Diego, CA 92121  
|                     | 8950 Villa La Jolla Drive  
|                     | La Jolla, CA 92037  
| **Shiley Eye Institute** | 9415 Campus Point Drive  
|                     | La Jolla, CA 92093  
| **Sulpizio Cardiovascular Center** | 9434 Medical Center Drive  
|                     | La Jolla, CA 92093  
| **Moores Cancer Center** | 3855 Health Sciences Drive  
|                     | La Jolla, CA 92093  
| ** Jacobs Medical Center** | 9300 Campus Point Drive  
|                     | La Jolla, CA 92037  
| **Hillcrest**        | 4th and Lewis Medical Offices  
|                     | 330 Lewis Street  
|                     | San Diego, CA 92103  
|                     | Medical Offices North  
|                     | 200 West Arbor Drive  
|                     | San Diego, CA 92103  
|                     | Medical Offices South  
|                     | 4168 Front Street  
|                     | San Diego, CA 92103  
| **uci san diego medical center** | 200 west arbor drive  
|                     | san diego, ca 92103  
| **encinitas**        | 1200 Garden View Road  
|                     | Encinitas, CA 92024  
|                     | 477 North El Camino Real  
|                     | Encinitas, CA 92024  
| **vista**            | 910 Sycamore Avenue  
|                     | Vista, CA 92081  
| **scripps ranch**    | 9909 Mira Mesa Blvd.  
|                     | San Diego, CA 92131  
| **kearny mesa**      | 7910 Frost Street  
|                     | San Diego, CA 92123  
| **rady children’s hospital-san diego** | 3020 children’s way  
|                     | San Diego, CA 92123  
| **chula vista**      | 959 Lane Avenue  
|                     | Chula Vista, CA 91914  
| **temecula**         | 31720 Temecula Parkway  
|                     | Temecula, CA 92952  
| **sorrento valley**  | 4910 Directors Place  
|                     | San Diego, CA 92121  

health.ucsd.edu | Patient Access 800-926-8273 | Physician Access 855-543-0555
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Frederick (Fred) Han, MD
Cardiac Electrophysiologist
Associate Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Electrophysiology

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530
Direct Clinic Line - Temecula: (951) 303-0734

Bio:
Frederick (Fred) Han, MD, is board-certified cardiologist who subspecializes in cardiac electrophysiology. He takes care of patients with all types of fast (tachycardia), slow (bradycardia), and irregular heart rhythm disorders, including both atrial and ventricular arrhythmias.
Cardiology - Heart Failure

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology,
Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.

Hao (Howie) Tran, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Temecula: (951) 303-0734
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Hillcrest: (619) 543-5743

Bio:
Howie Tran, MD, is board-certified cardiologist who specializes in treating patients with end-stage or advanced heart failure. He cares for patients who require heart transplants and mechanical circulatory support devices, including ventricular assist devices (VADs) and percutaneous ventricular assist devices (PVADs). Dr. Tran is also experienced in right heart-catheterization with heart tissue biopsies.
Cardiology - Heart Failure (cont.)

Nicholas Wettersten, MD  
Cardiologist  
Assistant Professor of Medicine

**Specialty:**  
Cardiology

**Subspecialty:**  
Heart Failure

Sulpizio Cardiovascular Center  
Temecula Parkway  
Hillcrest - Medical Offices South

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530  
Direct Clinic Line - Temecula: (951) 303-0374  
Direct Clinic Line - Hillcrest: (858) 657-8530

**Bio:**  
Nicholas Wettersten, MD, is a board-certified cardiologist who treats patients with advanced heart failure.
Cardiothoracic (Heart and Lung) Surgery

Cardiothoracic (Heart and Lung) Surgery specializes in operations to the heart, chest or both — generally includes treatment for heart and lung diseases and conditions. Learn more about cardiothoracic (heart and lung) surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Obstetrics & Gynecology - General Gynecology

Elise S. Brown, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

College Area - 6719 Alvarado Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 229-6585

Bio:
Elise Star Brown, MD, FACOG, is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, gynecological infections or sexually transmitted diseases. In addition, she also provides bio-identical hormone treatment for menopausal symptoms.

Perri Wittgrove, MD, FACOG, FACS
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

College Area - 6719 Alvarado Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 229-6585

Bio:
Perri Lynne Wittgrove, MD, FACOG, FACS is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, abnormal pap smears, and abnormal menses. In addition, she treats fibroids, as well as gynecological infections and sexually transmitted infections.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation
Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Transplantation - Heart Transplantation

**Travis L. Pollema, DO**  
Cardiothoracic Surgeon  
Assistant Professor of Surgery

**Specialties:**  
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

**Subspecialties:**  
Lung Transplantation, Heart Failure, Heart Transplantation

**Sulpizio Cardiovascular Center**  
Temecula Parkway

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7777

**Bio:**  
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Transplantation - Liver Transplantation

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Transplantation - Lung Transplantation

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

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