UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Locations

## La Jolla
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care**
  - **Sports Medicine**
    - 4520 Executive Drive, Suite Plaza 1
    - San Diego, CA 92121

  - 4510 and 4520 Executive Drive
    - San Diego, CA 92121

- **9810 Villa La Jolla Drive**
  - La Jolla, CA 92037

- **8899 and 8929 University Center Lane**
  - San Diego, CA 92122

- **8939 Villa La Jolla Drive**
  - La Jolla, CA 92037

- **9333 Genesee Avenue**
  - San Diego, CA 92121

- **8950 Villa La Jolla Drive**
  - La Jolla, CA 92037

- **9350 Campus Point Drive**
  - La Jolla, CA 92037

- **Shiley Eye Institute**
  - 9415 Campus Point Drive
  - La Jolla, CA 92037

- **Sulpizio Cardiovascular Center**
  - 9434 Medical Center Drive
  - La Jolla, CA 92093

## Moores Cancer Center
- 3855 Health Sciences Drive
- La Jolla, CA 92039

## Jacobs Medical Center
- 9300 Campus Point Drive
- La Jolla, CA 92037

## Koman Family Outpatient Pavilion
- 9400 Campus Point Drive
- La Jolla, CA 92037

## Perlman Medical Offices
- 9350 Campus Point Drive
- La Jolla, CA 92037

## Hillcrest
- **Hillcrest Emergency**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

- **4th and Lewis Medical Offices**
  - 330 Lewis Street
  - San Diego, CA 92103

- **Medical Offices North**
  - 200 West Arbor Drive
  - San Diego, CA 92103

- **Medical Offices South**
  - 4168 Front Street
  - San Diego, CA 92103

- **UC San Diego Medical Center**
  - 200 West Arbor Drive
  - San Diego, CA 92103

## Rancho Bernardo
- Includes **Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

## Encinitas
- Includes **Encinitas Express Care** (Suite 110)
  - 1200 Garden View Road
  - Encinitas, CA 92024

- **477 North El Camino Real**
  - Encinitas, CA 92024

## College Area
- **6719 Alvarado Road, Suite 302**
  - San Diego, CA 92120

## Downtown
- **Downtown Express Care**
  - 203 West F Street
  - San Diego, CA 92101

## Vista
- **910 Sycamore Avenue**
  - Vista, CA 92081

## Sorrento Valley
- **4910 Directors Place**
  - San Diego, CA 92121

## Scripps Ranch
- **9909 Mira Mesa Blvd, Suite 200**
  - San Diego, CA 92131

## Kearny Mesa
- **7910 Frost Street**
  - San Diego, CA 92123

## Chula Vista
- **959 Lane Avenue**
  - Chula Vista, CA 91914

## Temecula
- **31720 Temecula Parkway, Suite 100**
  - Temecula, CA 92592
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Frederick (Fred) Han, MD
Cardiac Electrophysiologist
Associate Professor of Medicine

**Specialty:**
Cardiology

**Subspecialty:**
Electrophysiology

Sulpizio Cardiovascular Center
Hilcrest - Medical Offices South
Murrieta - California Oaks Rd

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

**Bio:**
Frederick (Fred) Han, MD, is board-certified cardiologist who subspecializes in cardiac electrophysiology. He takes care of patients with all types of fast (tachycardia), slow (bradycardia), and irregular heart rhythm disorders, including both atrial and ventricular arrhythmias.
Hao (Howie) Tran, MD  
Cardiologist  
Assistant Professor of Medicine

Specialty:  
Cardiology  
Subspecialty:  
Heart Failure

Sulpizio Cardiovascular Center  
Hillcrest - Medical Offices South  
Murrieta - California Oaks Rd

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8530

Bio:  
Howie Tran, MD, is board-certified cardiologist who specializes in treating patients with end-stage or advanced heart failure. He cares for patients who require heart transplants and mechanical circulatory support devices, including ventricular assist devices (VADs) and percutaneous ventricular assist devices (PVADs). Dr. Tran is also experienced in right heart-catheterization with heart tissue biopsies.

Nicholas Wettersten, MD  
Cardiologist  
Assistant Professor of Medicine

Specialty:  
Cardiology  
Subspecialty:  
Heart Failure

Sulpizio Cardiovascular Center  
Murrieta - California Oaks Rd  
Hillcrest - Medical Offices South

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8530

Bio:  
Nicholas Wettersten, MD, is a board-certified cardiologist who treats patients with advanced heart failure.
Cardiothoracic (Heart and Lung) Surgery

Cardiothoracic (Heart and Lung) Surgery specializes in operations to the heart, chest or both — generally includes treatment for heart and lung diseases and conditions. Learn more about cardiothoracic (heart and lung) surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-2347
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347
Direct Clinic Line - Murrieta: (951) 303-0734

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-2347
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347
Direct Clinic Line - Murrieta: (951) 303-0734

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Unna Albers (Formerly McPherson), MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Korean

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Arthi Balu, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Lori A. Brown, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lori A. Brown, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Her clinical expertise includes diabetes, gastrointestinal and cardiac disease, medical education, musculoskeletal disease, wellness and disease prevention and women’s health.
Lynette Cederquist, MD  
Professor of Medicine  
Pain Management Specialist  

Specialties:  
Internal Medicine, Pain Management  

Add'l Language:  
Spanish  

Hillcrest - 4th & Lewis Medical Offices  
La Jolla - 8939 Villa La Jolla Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Nicholas Daniels, MD, MPH  
Primary Care Physician  
Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Hillcrest - 4th & Lewis Medical Offices  
La Jolla - 8939 Villa La Jolla Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Nicholas Daniels, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Jessica J. Chen, MD  
Primary Care Physician  
Clinical Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

Add'l Languages:  
Chinese, Taiwanese  

La Jolla - 8939 Villa La Jolla Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Jessica Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Neil J Farber, MD  
Primary Care Physician  
Clinical Medical Director  
Professor of Medicine  

Specialties:  
Primary Care, Internal Medicine  

La Jolla - 8939 Villa La Jolla Drive  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  

Bio:  
Neil Farber, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Courtney C. Hanson, MD  
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:
Courtney C. Hanson, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Marika Holte, MD  
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:
Marika Holte, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Heather L. Hofflich, DO  
Endocrinologist  
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive  
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000  
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christina Le, MD  
Primary Care Physician  
Associate Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.
Internal Medicine (cont.)

Tony Lopez, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lucy D. Moore, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lucy D. Moore, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Leslie Martin, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Cantonese

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Leslie Martin, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan J. Moran, MD, MPH
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.
Internal Medicine (cont.)

Bernice Ruo, MD, FACP
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.

Amy Sitapati, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
German

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Pearl Yu, MD, Pharm D
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Cantonese, Mandarin

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Osteopathic Medicine

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Hollis H. King, DO, PhD
Osteopathic Physician
Professor of Family Medicine and Public Health

Specialty:
Osteopathic Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Hollis H. King, DO, is a board-certified osteopathic physician. He has a whole-body approach to medicine and is highly experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person's muscles and joints to ease pain and increase mobility.
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health System.

**Lynette Cederquist, MD**
Professor of Medicine
Pain Management Specialist

**Specialties:**
Internal Medicine, Pain Management

**Add'l Language:**
Spanish

**Hillcrest - 4th & Lewis Medical Offices**
La Jolla - 8939 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cederquist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

**Amelia Eastman, DO**
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

**Specialties:**
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**La Jolla - Perlman Medical Offices**
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

**Bio:**
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Physical Medicine & Rehabilitation

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Unna Albers (Formerly McPherson), MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Korean

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Arthi Balu, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women’s health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Lori A. Brown, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lori A. Brown, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Her clinical expertise includes diabetes, gastrointestinal and cardiac disease, medical education, musculoskeletal disease, wellness and disease prevention and women’s health.
Primary Care (cont.)

Jessica J. Chen, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Chinese, Taiwanese

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Jessica Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Neil J Farber, MD
Primary Care Physician
Clinical Medical Director
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Neil Farber, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Nicholas Daniels, MD, MPH
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Nicholas Daniels, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Courtney C. Hanson, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Courtney C. Hanson, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christina Le, MD
Primary Care Physician
Associate Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.

Marika Holte, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Marika Holte, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Tony Lopez, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Leslie Martin, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Cantonese

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Leslie Martin, MD, is a board-certified internal medicine physician who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lucy D. Moore, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lucy D. Moore, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan J. Moran, MD, MPH
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.

Bernice Ruo, MD, FACP
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.
Primary Care (cont.)

Amy Sitapati, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.

Pearl Yu, MD, Pharm D
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Cantonese, Mandarin

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
German

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).
**Sports Medicine**

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about [sports medicine](https://health.ucsd.edu) at UC San Diego Health System.

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**Amelia Eastman, DO**
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**La Jolla - Perlman Medical Offices**  
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

**Bio:**  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.
Transplantation - Liver Transplantation

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-2347
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347
Direct Clinic Line - Murrieta: (951) 303-0734

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He
has expertise in performing lower GI endoscopies and percutaneous liver
biopsies to diagnose and treat patients with digestive and liver diseases
including liver cancer, alcoholic liver disease and hepatitis.
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