UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency  
9434 Medical Center Drive  
La Jolla, CA 92037

La Jolla Urgent Care  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

Orthopedics Urgent Care  
Sports Medicine  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

4510 and 4520 Executive Drive  
San Diego, CA 92121

8910 Villa La Jolla Drive  
La Jolla, CA 92037

8899 and 8929 University Center Lane  
San Diego, CA 92122

8939 Villa La Jolla Drive  
La Jolla, CA 92037

9333 Genesee Avenue  
San Diego, CA 92121

8950 Villa La Jolla Drive  
La Jolla, CA 92037

9350 Campus Point Drive  
La Jolla, CA 92037

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92093

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92093

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92033

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

4th and Lewis Medical Offices  
330 Lewis Street  
San Diego, CA 92103

Medical Offices North  
200 West Arbor Drive  
San Diego, CA 92103

Medical Offices South  
4168 Front Street  
San Diego, CA 92103

UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care  
16950 Via Tazon  
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care  
(Suite 110)  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302  
San Diego, CA 92120

Downtown
Downtown Express Care  
203 West F Street  
San Diego, CA 92101

Vista
910 Sycamore Avenue  
Vista, CA 92081

Sorrento Valley
4910 Directors Place  
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

Kearny Mesa
7910 Frost Street  
San Diego, CA 92123

Chula Vista
959 Lane Avenue  
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
# Table of Contents

**Cardiology**
- Electrophysiology ................................................................. 1
- General Cardiology ............................................................. i
- Heart Failure ................................................................. 2
- Interventional Cardiology ................................................ i

**Cardiothoracic (Heart and Lung) Surgery**
- Adult Congenital Heart Defects ........................................ i
- Pulmonary Thromboendarterectomy (PTE) ......................... i

**Gastroenterology**
- Celiac Disease ................................................................. i
- General Gastroenterology ................................................ i
- GI Cancer ........................................................................ i
- GI Motility ....................................................................... i
- Inflammatory Bowel Diseases ........................................ i
- Interventional Endoscopy / Pancreas & Bile Ducts .......... i

**Hepatology (Liver)** ................................................................. 5

**Psychiatry**
- Eating Disorders ............................................................... i
- Geriatric Psychiatry .......................................................... 6

**Surgery**
- Critical Care ..................................................................... i
- General and Gastrointestinal Surgery ............................... i
- Hepatobiliary Surgery ..................................................... i
- Minimally Invasive Surgery ............................................. i
- Surgical Oncology ............................................................ i
- Thyroid and Parathyroid Surgery ..................................... i
- Trauma ........................................................................ i

**Transplantation**
- Heart Transplantation .................................................... i
- Kidney Transplantation ................................................... i
- Liver Transplantation ....................................................... 8
- Lung Transplantation ........................................................ i
- Pancreas Transplantation ................................................ i

Index ................................................................................... 9
Frederick (Fred) Han, MD
Cardiac Electrophysiologist
Associate Professor of Medicine

**Specialty:**
Cardiology

**Subspecialty:**
Electrophysiology

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

**Bio:**
Frederick (Fred) Han, MD, is board-certified cardiologist who subspecializes in cardiac electrophysiology. He takes care of patients with all types of fast (tachycardia), slow (bradycardia), and irregular heart rhythm disorders, including both atrial and ventricular arrhythmias.
Cardiology - Heart Failure

Hao (Howie) Tran, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Howie Tran, MD, is board-certified cardiologist who specializes in treating patients with end-stage or advanced heart failure. He cares for patients who require heart transplants and mechanical circulatory support devices, including ventricular assist devices (VADs) and percutaneous ventricular assist devices (PVADs). Dr. Tran is also experienced in right heart-catheterization with heart tissue biopsies.

Nicholas Wettersten, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Murrieta - California Oaks Rd
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Nicholas Wettersten, MD, is a board-certified cardiologist who treats patients with advanced heart failure.
Cardiothoracic (Heart and Lung) Surgery

Cardiothoracic (Heart and Lung) Surgery specializes in operations to the heart, chest or both — generally includes treatment for heart and lung diseases and conditions. Learn more about cardiothoracic (heart and lung) surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-2347
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347
Direct Clinic Line - Murrieta: (951) 303-0734

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about [hepatology](https://health.ucsd.edu) at UC San Diego Health System.

**Michel Henry Mendler, MD**
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

**Specialties:**
Gastroenterology, Transplantation, Hepatology (Liver)

**Subspecialty:**
Liver Transplantation

**Add'l Language:**
French

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- Hillcrest - Medical Offices South
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**Bio:**
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Psychiatry - Geriatric Psychiatry

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive
Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer's disease.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.
Transplantation - Liver Transplantation

Michel Henry Mendler, MD  
Gastroenterologist and Transplant Hepatologist  
Professor of Medicine

**Specialties:**  
Gastroenterology, Transplantation, Hepatology (Liver)

**Subspecialty:**  
Liver Transplantation

**Add'l Language:**  
French

La Jolla - 4510 Executive Drive  
La Jolla - Perlman Medical Offices  
Hillcrest - Medical Offices South  
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**Bio:**  
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
# Index

<table>
<thead>
<tr>
<th>H</th>
<th>Han, Frederick (Fred) .................................................</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Howe, Steven</td>
<td>........................................................................</td>
<td>3, 7</td>
</tr>
</tbody>
</table>

| M       | Mendler, Michel Henry .............................................. | 4, 5, 8 |

| T       | Tran, Hao (Howie) .................................................... | 2 |

| V       | Vardi, Kalya ............................................................ | 6 |

| W       | Wettersten, Nicholas .................................................. | 2 |