UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**  
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

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Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

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**Refer a Patient or Request Consultation**  
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

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For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.

health.ucsd.edu | Patient Access 800-926-8273 | Physician Access 855-543-0555
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

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**Vanessa Cordova, MSN, APRN, FNP**
Family Nurse Practitioner
Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Vista - 1926 Via Centre**

**Contact:**
Direct Clinic Line: (760) 940-7000

**Bio:**
Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.

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**Loren S. Novak, DO**
Primary Care Physician
Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Vista - 1926 Via Centre**

**Contact:**
Direct Clinic Line: (760) 940-7000

**Bio:**
Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

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**Jeffrey Ferber, MD**
Primary Care Physician
Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Vista - 1926 Via Centre**

**Contact:**
Direct Clinic Line: (760) 940-7000

**Bio:**
Jeffrey Ferber, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

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**Michael Pietila, MD**
Primary Care Physician
Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Vista - 1926 Via Centre**

**Contact:**
Direct Clinic Line: (760) 940-7000

**Bio:**
Michael Pietila, MD, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Sam Baroudi, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Arabic, French

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Sam Baroudi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Arabic, French

Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Jeffrey Ferber, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Jeffrey Ferber, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Vanessa Cordova, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.

Loren S. Novak, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Michael Pietila, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Michael Pietila, MD, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Psychiatry - Geriatric Psychiatry

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.
Psychology

Tanya T. Nguyen, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - UC San Diego Medical Center
Hillcrest - 410 Dickinson Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Senior Behavioral Health Intensive Outpatient Program: (619) 471-3877
Direct Clinic Line - Senior Behavioral Health (Inpatient): (619) 543-3772

Bio:
Tanya T. Nguyen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting neuropsychological evaluations to help determine causes of neurological or cognitive problems, identify an individual’s cognitive strengths and weaknesses, and inform treatment decisions.
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