UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

**Maribeth Chong, MD**
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Tagalog

**Carlsbad - 6260 El Camino Real**

**Contact:**
Direct Clinic Line: (760) 434-6060

**Bio:**
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Maribeth Chong, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.
Psychiatry - Geriatric Psychiatry

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspeciality:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.
Tanya T. Nguyen, PhD  
Psychologist  
Assistant Professor of Psychiatry  

**Specialty:**  
Psychology  

**Hillcrest - UC San Diego Medical Center**  
Hillcrest - 410 Dickinson Street  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Senior Behavioral Health Intensive Outpatient Program:: (619) 471-3877  
Direct Clinic Line - Senior Behavioral Health (Inpatient):: (619) 543-3772  

**Bio:**  
Tanya T. Nguyen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting neuropsychological evaluations to help determine causes of neurological or cognitive problems, identify an individual's cognitive strengths and weaknesses, and inform treatment decisions.
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