UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Table of Contents

Psychiatry
  Geriatric Psychiatry ................................................................. 1.
Psychology ..................................................................................... 2
Index .................................................................................................. 3
Psychiatry - Geriatric Psychiatry

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer’s disease.
Psychology

Tanya T. Nguyen, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - UC San Diego Medical Center
Hillcrest - 410 Dickinson Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Senior Behavioral Health Intensive Outpatient Program: (619) 471-3877
Direct Clinic Line - Senior Behavioral Health (Inpatient): (619) 543-3772

Bio:
Tanya T. Nguyen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting neuropsychological evaluations to help determine causes of neurological or cognitive problems, identify an individual's cognitive strengths and weaknesses, and inform treatment decisions.
# Index

<table>
<thead>
<tr>
<th>N</th>
<th>V</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nguyen, Tanya T.</td>
<td>Vardi, Kalya</td>
</tr>
<tr>
<td>2</td>
<td>1</td>
</tr>
</tbody>
</table>