UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8999 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genessee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Emergency Medicine

Emergency Medicine is the medical specialty dealing with the immediate treatment of patients whose condition is critical, requiring immediate action. Learn more about emergency medicine at UC San Diego Health System.

Ilona Barash, MD, PhD

Specialty: Emergency Medicine

La Jolla - 8910 Villa La Jolla

Contact: New Patient Registration: (800) 926-8273

Bio: UC San Diego Health Links

Christanne H. Coffey, MD, FACEP

Emergency Medicine Physician
Assistant Professor of Emergency Medicine

Specialty: Emergency Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio: Christanne Hoffman Coffey, MD, FACEP, is a board-certified emergency medicine physician. She treats and cares for people in the emergency department, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Theodore (Ted) Chan, MD, FACEP, FAAEM

Emergency Medicine Physician
Chair of Emergency Medicine

Specialty: Emergency Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio: Theodore "Ted" Chan, MD, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate specialty departments.

Kama Z. Guluma, MD

Clinical Professor

Specialty: Emergency Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact: New Patient Registration: (800) 926-8273
Emergency Medicine (cont.)

Fraid Mostamand, DO

**Specialty:**
Emergency Medicine

**Location:**
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273

Sean-Xavier Neath, MD, PhD
Assistant Clinical Professor of Medicine

**Specialty:**
Emergency Medicine

**Location:**
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273

Leslie C Oyama, MD
Associate Professor of Emergency Medicine

**Specialty:**
Emergency Medicine

**Location:**
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Elaine Sapiro, MD

**Specialty:**
Emergency Medicine

**Location:**
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Emergency Medicine (cont.)

Christian M. Sloane, MD
Emergency Medicine Physician
Assistant Professor of Emergency Medicine

**Specialty:**
Emergency Medicine
**Add'l Language:**
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

**Bio:**
UC San Diego Health Links

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Vaishal Tolia, MD, MPH, FACEP
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

**Specialties:**
Emergency Medicine, Hospital Medicine
**Add'l Language:**
Gujarati

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

**Bio:**
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Emergency Medicine - Disaster Medicine

Gary M. Vilke, MD
Clinical Service Chief, Emergency Medicine
Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialty:
Disaster Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Gary M. Vilke, MD, is a board-certified emergency medicine physician. He is the clinical service chief of Emergency Medicine at UC San Diego Health and co-medical director of the Emergency Departments in Hillcrest and La Jolla, where he oversees the care for people with acute illnesses and injuries. Dr. Vilke's expertise includes evaluation, immediate decision making and treatment to prevent further harm or disability in patients.
Emergency Medicine - Emergency Ultrasound

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care

Additional Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Emergency Medicine - Hyperbaric Medicine & Wound Care

Ian Grover, MD
Medical Director, Hyperbaric Medicine and Wound Care
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Ian Grover, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. His expertise includes preventing and treating disease and injury in divers and other individuals working in altered atmospheric conditions. Within UC San Diego Health's Hyperbaric Medicine and Wound Care Program, Dr. Grover assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection.

Stephen R. Hayden, MD
Professor of Clinical Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

Bio:
Stephen R. Hayden, MD, FAAEM, FACEP, graduated from the accelerated six-year biomedical program at Rensselaer Polytechnic Institute and Albany Medical College and was elected to the Alpha Omega Alpha honor medical society. He did a General Surgery internship at the San Diego Naval Hospital, which was followed by a tour of duty as senior flight surgeon for the Naval Strike Warfare Center at the NAS Fallon, Nevada.
James Killeen, MD
Emergency Medicine Physician
Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialty:
Hyperbaric Medicine & Wound Care

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
James Killeen, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Christian A. Tomaszewski, MD

**Specialty:**
Emergency Medicine

**Subspecialties:**
Medical Toxicology, Hyperbaric Medicine & Wound Care

**Language:**
Spanish

**Hospitals:**
- Hillcrest - UC San Diego Medical Center
- La Jolla - 8910 Villa La Jolla
- Rancho Bernardo - Via Tazon

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 249-6800

**Bio:**
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.

Karen Van Hoesen, MD

**Director, Diving Medicine**

**Co-Director, San Diego Center of Excellence in Diving**

**Professor of Emergency Medicine**

**Specialty:**
Emergency Medicine

**Subspecialty:**
Hyperbaric Medicine & Wound Care

**Hospitals:**
- Hillcrest - UC San Diego Medical Center
- Hillcrest - 4th & Lewis Medical Offices
- La Jolla - 8910 Villa La Jolla
- Rancho Bernardo - Via Tazon

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (619) 543-6463

**Bio:**
Karen Van Hoesen, MD, is a board-certified emergency medicine physician who specializes in underwater and hyperbaric medicine. She is recognized as one of the world’s leading authorities on diving medicine. Within UC San Diego Health’s [Hyperbaric Medicine and Wound Care Program](https://health.ucsd.edu), Dr. Van Hoesen assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection. She is also the co-director of the [San Diego Center of Excellence in Diving](https://health.ucsd.edu) (SDCED).
Emergency Medicine - Medical Toxicology

Richard F. Clark, MD
Medical Toxicologist
Director, Division of Toxicology
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273

Bio:
Richard Clark, MD, is a board-certified medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems. Dr. Clark is the medical director of the Division of Medical Toxicology at UC San Diego School of Medicine and also serves as medical director of the San Diego Division of the California Poison Control System.

Allyson Kreshak, MD, FACEP, FACMT
Emergency Medicine Physician and Medical Toxicologist
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Allyson Kreshak, MD, is a board-certified emergency medicine physician and medical toxicologist. She treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, she also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.
Emergency Medicine - Medical Toxicology (cont.)

Binh T. Ly, MD  
Medical Toxicologist  
Professor of Emergency Medicine

Specialty:  
Emergency Medicine
Subspecialty:  
Medical Toxicology

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6463

Bio:  
Binh Ly, MD, is a board-certified medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.

Alicia Minns, MD

Specialty:  
Emergency Medicine
Subspecialty:  
Medical Toxicology

La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-6800

Bio:  
Alicia Minns, MD is a board-certified emergency medicine physician and medical toxicologist. She provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.

Aaron Schneir, MD  
Emergency Medicine Physician and Medical Toxicologist  
Professor of Emergency Medicine

Specialty:  
Emergency Medicine
Subspecialty:  
Medical Toxicology

La Jolla - 8910 Villa La Jolla  
Hillcrest - UC San Diego Medical Center  
Rancho Bernardo - Via Tazon

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - Hillcrest: (619) 543-6400

Bio:  
Aaron Schneir, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, he also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and related illnesses.
Christian A. Tomaszewski, MD

Specialty:
Emergency Medicine

Subspecialties:
Medical Toxicology, Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.
Hospital Medicine

Hospital medicine is concerned with the medical care of acutely ill inpatients. Learn more about [hospital medicine](https://health.ucsd.edu) at UC San Diego Health System.

![Vaishal Tolia, MD, MPH, FACEP](https://health.ucsd.edu)

**Vaishal Tolia, MD, MPH, FACEP**  
Medical Director, Emergency Department  
Associate Professor of Emergency Medicine

**Specialties:**  
Emergency Medicine, Hospital Medicine

**Add'l Language:**  
Gujarati

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - La Jolla: (858) 657-7600  
Emergency Department - Hillcrest: (619) 543-6400

**Bio:**  
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Unna Albers (Formerly McPherson), MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Korean

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Arthi Balu, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Lori A. Brown, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lori A. Brown, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Her clinical expertise includes diabetes, gastrointestinal and cardiac disease, medical education, musculoskeletal disease, wellness and disease prevention and women’s health.
Internal Medicine (cont.)

**Lynette Cederquist, MD**  
Professor of Medicine  
Pain Management Specialist

**Specialties:**  
Internal Medicine, Pain Management  
**Add'l Language:**  
Spanish

**Hillcrest - 4th & Lewis Medical Offices**  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

**Bio:**  
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cederquist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

**Nicholas Daniels, MD, MPH**  
Primary Care Physician  
Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

**Bio:**  
Nicholas Daniels, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

**Jessica J. Chen, MD**  
Primary Care Physician  
Clinical Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine  
**Add'l Languages:**  
Chinese, Taiwanese

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

**Bio:**  
Jessica J. Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

**Neil J Farber, MD**  
Primary Care Physician  
Clinical Medical Director  
Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

**Bio:**  
Neil J Farber, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Courtney C. Hanson, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Courtney C. Hanson, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Marika Holte, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Marika Holte, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine’s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Christina Le, MD
Primary Care Physician
Associate Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.
Internal Medicine (cont.)

Tony Lopez, MD  
Primary Care Physician  
Professor of Medicine

Specialties:  
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:  
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lawrence Ma, MD  
Primary Care Physician

Specialties:  
Primary Care, Internal Medicine, Pediatrics

Add'l Language:  
Mandarin

Hillcrest - 4th & Lewis Medical Offices  
Kearny Mesa - Frost Street  
La Jolla - 8910 Villa La Jolla

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:  
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Internal Medicine (cont.)

Lucy D. Moore, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lucy D. Moore, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan J. Moran, MD, MPH
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.

Bernice Ruo, MD, FACP
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.

Amy Sitapati, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.
Internal Medicine (cont.)

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (619) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
German

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Pearl Yu, MD, Pharm D
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Cantonese, Mandarin

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Obesity Medicine

Daphne (Yvette) LaCoursiere, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Obesity Medicine

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Yvette LaCoursiere, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Obstetrics & Gynecology - General Gynecology

Jorge L. Alvarado, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jorge L. Alvarado, MD, is an obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care, including diagnosis and treatment of abnormal uterine bleeding, fibroids, sexually transmitted infections, and gynecologic cancer prevention. Dr. Alvarado specializes in minimally invasive gynecologic surgery, with an interest in dysplasia of the cervix, vagina, and vulva.

Sarah H. Averbach, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sarah H. Averbach, MD, is a board-certified obstetrician/gynecologist who provides comprehensive gynecological care and specializes in family planning. Her expertise includes surgical management of gynecologic conditions and reproductive infectious disease.
Obstetrics & Gynecology - General Gynecology (cont.)

Pamela S. Deak, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Pamela Deak, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, family planning, and treatment for gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.

Erin A. Gross, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8737
Direct Clinic Line: (858) 657-8745

Bio:
Erin Gross, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, family planning, and treatment for gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, gynecological infections or sexually transmitted diseases.
Obstetrics & Gynecology - General Gynecology (cont.)

Jessica Kingston, MD
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Jessica Kingston, MD, is a board-certified obstetrician/gynecologist who provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding or gynecological infections. She specializes in diagnosing and treating uterine fibroids and has expertise in minimally invasive gynecologic surgery. She also helps coordinate care for maternal mental health conditions, including mood disorders and postpartum depression.

Daphne (Yvette) LaCoursiere, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Obesity Medicine

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Yvette LaCoursiere, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding or gynecological infections. She specializes in diagnosing and treating uterine fibroids and has expertise in minimally invasive gynecologic surgery. She also helps coordinate care for maternal mental health conditions, including mood disorders and postpartum depression.
Obstetrics & Gynecology - General Gynecology (cont.)

Kathryn Macaulay, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

Encinitas - Garden View
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Kathryn Macaulay, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections. Dr. Macaulay's expertise is in caring for perimenopausal and menopausal women. She treats common symptoms and conditions of menopause, such as hot flashes, night sweats, insomnia, mood changes, osteoporosis, and weight gain. She also has extensive experience in hormone replacement therapy.

Gillian Mackay, MBBS, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
German

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Gillian Mackay, MBBS, is a board-certified obstetrician/gynecologist who provides labor and delivery care for both low and high-risk pregnancies, as well as minimally invasive gynecological surgery, adolescent gynecology and contraception and family planning. She also performs office procedures such as hysteroscopy.
Obstetrics & Gynecology - General Gynecology (cont.)

Christine B. Miller, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Christine B. Miller, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.

Sheila Mody, MD
Family Planning Specialist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Sheila Mody, MD, MPH is a family planning specialist with a focus in contraceptive counseling for women with complex medical conditions. Her interests include educating patients on the use of long-acting reversible contraception and early pregnancy management.
Obstetrics & Gynecology - General Gynecology (cont.)

William H. Parker, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
William Parker, MD, is a board-certified obstetrician/gynecologist who specializes in the evaluation and treatment of women with uterine fibroids. He is an internationally known surgeon for myomectomy (removal of fibroids) using minimally-invasive (laparoscopic) surgery or through open abdominal incisions.

Jamie L. Resnik, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Jamie Resnik, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology
Subspecialty: General Gynecology
Add'l Languages: Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.

Robert A. Semo, MD
Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology
Subspecialty: General Gynecology

La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Robert Semo, MD is a board-certified gynecologist who provides comprehensive care to women, including well woman care and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Obstetrics & Gynecology - General Gynecology (cont.)

Shira Varon, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspeciality:
General Gynecology

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Shira Varon, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She also provides well-woman care, including health care maintenance and contraception.

Akilah Weber, MD
Obstetrician and Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspeciality:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Akilah Weber, MD, is a board-certified OB/GYN who specializes in managing the gynecologic needs of children and teenagers. She has a special interest in treating children born with reproductive defects, people with adrenogenital disorders (which cause an abnormal secretion of hormones) and amenorrhea (the absence of menstruation in women of reproductive age).
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Thomas Moore, MD
Interim Chief Medical Officer
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Sorrento Valley - Directors Place
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Thomas Moore, MD, is a board-certified maternal-fetal medicine specialist. He provides prenatal care for women with high-risk pregnancies, and is recognized nationally as an expert on pregnancy and diabetes. Dr. Moore has been ranked several times as one of the top obstetricians and gynecologists in the nation by U.S. News & World Report, as well as been named repeatedly as a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society. Most recently he received the Louis M. Hellman MD Midwifery Partnership Award from the American College of Obstetricians and Gynecologists.
Osteopathic Medicine

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Hollis H. King, DO, PhD
Osteopathic Physician
Professor of Family Medicine and Public Health

Specialty:
Osteopathic Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Hollis H. King, DO, is a board-certified osteopathic physician. He has a whole-body approach to medicine and is highly experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health System.

Lynette Cederquist, MD
Professor of Medicine
Pain Management Specialist

Specialties:
Internal Medicine, Pain Management

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lynette Cederquist, MD, is a hospice and and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.
Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about pediatrics at UC San Diego Health System.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics
Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma's areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.

Vanessa P. Scott, MD, FAAP
Pediatrician

Specialty:
Pediatrics

Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Helen C. Wang, MD
Pediatrician

Specialty:
Pediatrics

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialty:
Pediatrics

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
Pediatrics - Newborn Hospital Care

Pediatric hospitalists care for newborns in the hospital setting only. They may provide care ranging from normal newborn care to emergent stabilization and resuscitation, if necessary. Pediatric Hospitalists also provide parents with advice and guidance about lactation and any other questions they may have regarding their newborn. Learn more about Newborn Care at UC San Diego Health.

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.
Physical Medicine & Rehabilitation

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Unna Albers (Formerly McPherson), MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Korean

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Unna McPherson Albers, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. In 2009, 2011-2014, Dr. Albers was named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Arthi Balu, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Arthi Balu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Balu treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.
Primary Care (cont.)

Eyla Boies, MD  
Pediatrician  
Professor of Pediatrics

Specialties:  
Pediatrics, Primary Care
Subspecialty:  
General Pediatrics

Kearny Mesa - Frost Street  
La Jolla - 8910 Villa La Jolla

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:  
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.

Jessica J. Chen, MD  
Primary Care Physician  
Clinical Professor of Medicine

Specialties:  
Primary Care, Internal Medicine
Add'l Languages:  
Chinese, Taiwanese

La Jolla - 8939 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:  
Jessica Chen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Nicholas Daniels, MD, MPH  
Primary Care Physician  
Professor of Medicine

Specialties:  
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:  
Nicholas Daniels, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Neil J Farber, MD
Primary Care Physician
Clinical Medical Director
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Neil Farber, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Heather L. Hoflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hoflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hoflich is consistently named a "Top Doc" in San Diego Magazine’s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Courtney C. Hanson, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Courtney C. Hanson, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Marika Holte, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Marika Holte, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.
Primary Care (cont.)

Christina Le, MD
Primary Care Physician
Associate Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Christina Le, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Le has special training in infectious diseases and provides comprehensive travel medicine services for adults. These include pre-travel medical evaluations, vaccinations, medications and preventive measures for travel-related illnesses and post-travel medical care.

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
Newborn Hospital Care

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.

Tony Lopez, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Tony Lopez, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Lucy D. Moore, MD
Primary Care Physician
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lucy D. Moore, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan J. Moran, MD, MPH
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Ryan Moran, MD, MPH, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive and geriatric care. He also diagnoses and treats acute and chronic diseases such as diabetes and heart disease.
Primary Care (cont.)

Bernice Ruo, MD, FACP
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Bernice Ruo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has expertise in caring for individuals with chronic conditions such as hypertension, diabetes and heart disease.

Amy Sitapati, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Amy M. Sitapati, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sitapati believes that the best health is achieved through life balance, patient empowerment, a good physician relationship, and integrated care.

Lori Wan, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Lisa Wastila, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Pearl Yu, MD, Pharm D
Primary Care Physician
Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Add'l Languages:**
Cantonese, Mandarin

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Pearl Yu, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health System.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body’s natural tendency for good health.
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