UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Emergency Medicine

Emergency Medicine is the medical specialty dealing with the immediate treatment of patients whose condition is critical, requiring immediate action. Learn more about emergency medicine at UC San Diego Health.

Ilona Barash, MD, PhD
Specialty: Emergency Medicine
La Jolla - 8910 Villa La Jolla
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Bio: UC San Diego Health Links

Christianne H. Coffey, MD, FACEP
Emergency Medicine Physician
Assistant Professor of Medicine
Specialty: Emergency Medicine
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600
Bio: Christanne Hoffman Coffey, MD, FACEP, is a board-certified emergency medicine physician. She treats and cares for people in the emergency department, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Theodore (Ted) Chan, MD, FACEP, FAAEM
Emergency Medicine Physician
Chair of Emergency Medicine
Specialty: Emergency Medicine
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600
Bio: Theodore “Ted” Chan, MD, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate specialty departments.
Emergency Medicine (cont.)

Christian Dameff, MD
Emergency Medicine Physician
Assistant Professor of Medicine, Emergency Medicine, and Computer Science and Engineering

Specialty:
Emergency Medicine
Add'l Language:
American Sign Language (ASL)

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6222
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Direct Clinic Line - Rancho Bernardo: (858) 605-4441

Bio:
Christian Dameff, MD, is a board-certified emergency medicine physician who treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Ryan Hussman, MPA, PA-C

Specialty:
Emergency Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Ryan Hussman, MPA, is a certified physician assistant (PA-C) who treats people of all ages in urgent care and emergency department settings. In this capacity, he provides patient-centered experiences to a wide-range of populations by evaluating patient needs, identifying diagnoses, formulating treatment plans, and using evidence-based medicine to provide the most optimal encounters. Ryan preforms various procedures including fracture reductions, anesthesia administration, interpretation of imaging and lab studies, joint injections and aspirations, and wound care management.

Fraid Mostamand, DO

Specialty:
Emergency Medicine

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Medicine (cont.)

Sean-Xavier Neath, MD, PhD
Assistant Clinical Professor of Medicine

Specialty:
Emergency Medicine
Add'l Languages:
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Diana Paddock, PA-C
Physician Assistant

Specialty:
Emergency Medicine
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Diana Paddock, MS, is a certified physician assistant (PA-C) who treats people of all ages in urgent care and emergency department settings. In this capacity, she provides patient-centered experiences to a wide-range of populations by evaluating patient needs, identifying diagnoses, formulating treatment plans, and using evidence-based medicine to provide the most optimal encounters. Ms. Paddock performs various procedures including fracture reductions, interpretation of imaging and lab studies, joint injections and aspirations, and wound care management.

Leslie C Oyama, MD
Emergency Medicine Physician
Associate Professor of Emergency Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Elaine Sapiro, MD
Specialty:
Emergency Medicine

La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Christian M. Sloane, MD  
Emergency Medicine Physician  
Assistant Professor of Emergency Medicine

**Specialty:**  
Emergency Medicine  
**Add'l Language:**  
Spanish

**Jacobs Medical Center**  
**Hillcrest - UC San Diego Medical Center**  
**La Jolla - 8910 Villa La Jolla**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6400

**Bio:**  
UC San Diego Health Links

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Valerie L. Waters, MS, FNP-C  
Family Nurse Practitioner

**Specialty:**  
Emergency Medicine

**Jacobs Medical Center**  
**La Jolla - 8910 Villa La Jolla**

**Contact:**  
New Patient Registration: (800) 926-8273  
Emergency Department - La Jolla: (858) 657-7600  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

**Bio:**  
Valerie Waters, MS, is a certified family nurse practitioner (FNP-C) who cares for people of all ages in urgent care with health issues including vomiting, dehydration, strains and sprains, fever and flu, infections and skin rashes, accidents and falls, cuts that require stitches, and minor trauma. She also treats patients in the emergency department including those with life-threatening or critical conditions.

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Vaishal Tolia, MD, MPH, FACEP  
Medical Director, Emergency Department  
Associate Professor of Emergency Medicine

**Specialties:**  
Emergency Medicine, Hospital Medicine  
**Add'l Language:**  
Gujarati

**La Jolla - 8910 Villa La Jolla**  
**Jacobs Medical Center**  
**Hillcrest - UC San Diego Medical Center**  
**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - La Jolla: (858) 657-7600  
Emergency Department - Hillcrest: (619) 543-6400

**Bio:**  
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Emergency Medicine - Disaster Medicine

Gary M. Vilke, MD
Clinical Service Chief, Emergency Medicine
Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialty:
Disaster Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Gary M. Vilke, MD, is a board-certified emergency medicine physician. He is the clinical service chief of Emergency Medicine at UC San Diego Health and co-medical director of the Emergency Departments in Hillcrest and La Jolla, where he oversees the care for people with acute illnesses and injuries. Dr. Vilke’s expertise includes evaluation, immediate decision making and treatment to prevent further harm or disability in patients.
Emergency Medicine - Emergency Ultrasound

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care

Additional Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Emergency Medicine - Hyperbaric Medicine & Wound Care

Ian Grover, MD
Medical Director, Hyperbaric Medicine and Wound Care
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Ian Grover, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. His expertise includes preventing and treating disease and injury in divers and other individuals working in altered atmospheric conditions. Within UC San Diego Health’s Hyperbaric Medicine and Wound Care Program, Dr. Grover assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection.

Stephen R. Hayden, MD
Emergency Medicine Physician
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

Bio:
Stephen R. Hayden, MD, FAAEM, FACEP, graduated from the accelerated six-year biomedical program at Rensselaer Polytechnic Institute and Albany Medical College and was elected to the Alpha Omega Alpha honor medical society. He did a General Surgery internship at the San Diego Naval Hospital, which was followed by a tour of duty as senior flight surgeon for the Naval Strike Warfare Center at the NAS Fallon, Nevada.
Emergency Medicine - Hyperbaric Medicine & Wound Care (cont.)

James Killeen, MD
Emergency Medicine Physician
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
James Killeen, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Christian A. Tomaszewski, MD

**Specialty:**
Emergency Medicine

**Subspecialties:**
Medical Toxicology, Hyperbaric Medicine & Wound Care

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

**Bio:**
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.

Karen Van Hoesen, MD

Director, Diving Medicine
Co-Director, San Diego Center of Excellence in Diving
Professor of Emergency Medicine

**Specialty:**
Emergency Medicine

**Subspecialty:**
Hyperbaric Medicine & Wound Care

**Hillcrest - UC San Diego Medical Center**
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

**Bio:**
Karen Van Hoesen, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. She is recognized as one of the world’s leading authorities on diving medicine. Within UC San Diego Health’s Hyperbaric Medicine and Wound Care Program, Dr. Van Hoesen assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection. She is also the co-director of the San Diego Center of Excellence in Diving (SDCED).
Emergency Medicine - Medical Toxicology

Richard F. Clark, MD  
Medical Toxicologist  
Director, Division of Toxicology  
Professor of Emergency Medicine

**Specialty:**  
Emergency Medicine  
**Subspecialty:**  
Medical Toxicology

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

**Bio:**
Dr. Richard Clark, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Allyson Kreshak, MD, FACEP, FACMT  
Emergency Medicine Physician and Medical Toxicologist  
Associate Professor of Emergency Medicine

**Specialty:**  
Emergency Medicine  
**Subspecialty:**  
Medical Toxicology

La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Rancho Bernardo - Via Tazon

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - Hillcrest: (619) 543-6400  
Emergency Department - La Jolla: (858) 657-7600

**Bio:**
Allyson Kreshak, MD, is a board-certified emergency medicine physician and medical toxicologist. She treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, she also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.
Emergency Medicine - Medical Toxicology (cont.)

Binh T. Ly, MD
Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Binh Ly, MD, is a board-certified medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.

Alicia Minns, MD

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Alicia Minns, MD, is a board-certified medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.

Aaron Schneir, MD
Emergency Medicine Physician and Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Aaron Schneir, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, he also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and related illnesses.
Emergency Medicine - Medical Toxicology (cont.)

Christian A. Tomaszewski, MD

Specialty:
Emergency Medicine

Subspecialties:
Medical Toxicology, Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.
Hospital Medicine

Hospital medicine is concerned with the medical care of acutely ill inpatients.

Vaishal Tolia, MD, MPH, FACEP
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

Specialties:
Emergency Medicine, Hospital Medicine
Add'l Language:
Gujarati

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma's areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Marriage and Family Therapy

Marriage and Family Therapy is a branch of psychotherapy that helps individuals, couples and families to nurture change and development. It provides diagnosis and treatment of mental and emotional disorders, with a holistic perspective to care.

**Chelsea T. Haakmeester, MA, LMFT**
Marriage and Family Therapist

**Specialty:**
Marriage and Family Therapy

**La Jolla - 8910 Villa La Jolla**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Chelsea Haakmeester, MA, is a licensed marriage and family therapist (LMFT) who specializes in women’s health and reproductive mental health issues.

**Amber Rukaj, MA, LMFT**
Marriage and Family Therapist

**Specialty:**
Marriage and Family Therapy

**La Jolla - 8910 Villa La Jolla**
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Amber Rukaj, MA, is a licensed marriage and family therapist (LMFT) who provides therapy to women, infants, and their families during the prenatal and postpartum period. She specializes in treating perinatal mood disorders and working with individuals as they transition into parenthood. She also provides therapy for reproductive trauma, pregnancy loss and infertility.
Obesity Medicine

Daphne (Yvette) LaCoursiere, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Obesity Medicine

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Yvette LaCoursiere, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Obstetrics & Gynecology - General Gynecology

**Jorge L. Alvarado, MD, FACOG**
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jorge L. Alvarado, MD, is an obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care, including diagnosis and treatment of abnormal uterine bleeding, fibroids, sexually transmitted infections, and gynecologic cancer prevention. Dr. Alvarado specializes in minimally invasive gynecologic surgery, with an interest in dysplasia of the cervix, vagina, and vulva.

**Sarah H. Averbach, MD**
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sarah H. Averbach, MD, is an board-certified obstetrician/gynecologist who provides comprehensive gynecological care and specializes in family planning. Her expertise includes surgical management of gynecologic conditions and reproductive infectious disease.
Christina Buenrostro, MSN, FNP-BC
Nurse Practitioner

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Add'l Language:**
Spanish

**Hillcrest - Medical Offices South**
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Christina Buenrostro, MSN, is a board-certified family nurse practitioner (FNP-BC) who specializes in obstetrics and gynecology. She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. Common conditions she treats include vaginitis, pelvic pain and abnormal uterine bleeding. Ms. Buenrostro also provides well woman exams and breast exams.

Caroline Connor, MSN, WHNP-BC
Women's Health Nurse Practitioner

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**La Jolla - 8910 Villa La Jolla**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Caroline Connor, MSN, is a board-certified women's health nurse practitioner (WHNP-BC). She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages.

Pamela S. Deak, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**La Jolla - 8910 Villa La Jolla**
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Pamela Deak, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, family planning, and treatment for gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Obstetrics & Gynecology - General Gynecology (cont.)

Eliana Deutsch, MSN, WHNP-BC, ANP-C
Women's Health Nurse Practitioner

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Eliana Deutsch, MS, RN, is a board-certified women's health nurse practitioner (WHNP-BC) and adult nurse practitioner (ANP-C). She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. She has a special interest in caring for teens and adolescents.

Erin A. Gross, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8737
Direct Clinic Line: (858) 657-8745

Bio:
Erin Gross, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, family planning, and treatment for gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, gynecological infections or sexually transmitted diseases.
Obstetrics & Gynecology - General Gynecology (cont.)

Jessica Kingston, MD
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Jessica Kingston, MD, is a board-certified obstetrician/gynecologist who provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding or gynecological infections. She specializes in diagnosing and treating uterine fibroids and has expertise in minimally invasive gynecologic surgery. She also helps coordinate care for maternal mental health conditions, including mood disorders and postpartum depression.

Sarah Lederhandler Kluck, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

Kearny Mesa - Convoy Street
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (619) 543-7400
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Sarah Kluck, MD, is an OB/GYN who provides comprehensive women’s health care, including maternity, well woman and general gynecology care.
Obstetrics & Gynecology - General Gynecology (cont.)

Daphne (Yvette) LaCoursiere, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Obesity Medicine
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Yvette LaCoursiere, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.

Kathryn Macaulay, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

Encinitas - Garden View Road
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Kathryn Macaulay, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections. Dr. Macaulay's expertise is in caring for perimenopausal and menopausal women. She treats common symptoms and conditions of menopause, such as hot flashes, night sweats, insomnia, mood changes, osteoporosis, and weight gain. She also has extensive experience in hormone replacement therapy.
Obstetrics & Gynecology - General Gynecology (cont.)

Gillian Mackay, MBBS, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Additional Language:
German

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Gillian Mackay, MBBS, is a board-certified obstetrician/gynecologist who provides labor and delivery care for both low and high-risk pregnancies, as well as minimally invasive gynecological surgery, adolescent gynecology and contraception and family planning. She also performs office procedures such as hysteroscopy.

Christine B. Miller, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Christine B. Miller, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Sheila Mody, MD
Family Planning Specialist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology
**Subspecialty:** General Gynecology

*Jacobs Medical Center*
La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Sheila Mody, MD, MPH is a family planning specialist with a focus in contraceptive counseling for women with complex medical conditions. Her interests include educating patients on the use of long-acting reversible contraception and early pregnancy management.

William H. Parker, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology
**Subspecialty:** General Gynecology

*La Jolla - 8910 Villa La Jolla*

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
William Parker, MD, is a board-certified obstetrician/gynecologist who specializes in the evaluation and treatment of women with uterine fibroids. He is an internationally known surgeon for myomectomy (removal of fibroids) using minimally-invasive (laparoscopic) surgery or through open abdominal incisions.

Kelly M. Phillips, MSN, WHNP-BC, IBCLC
Women's Health Nurse Practitioner

**Specialty:** Obstetrics & Gynecology
**Subspecialty:** General Gynecology

*La Jolla - 8910 Villa La Jolla*
*Rancho Bernardo - Via Tazon*

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Rancho Bernardo: (858) 605-4454

**Bio:**
Kelly Phillips, MSN, is a board-certified women's health nurse practitioner (WHNP-BC) and lactation consultant. She provides routine prenatal and postnatal care, well woman exams, comprehensive gynecological care and family planning services. She often sees individuals with gynecologic conditions such as vaginitis, abnormal pap smears, pelvic pain, and pain during menstruation (dysmenorrhea).
Obstetrics & Gynecology - General Gynecology (cont.)

Jamie L. Resnik, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Jamie Resnik, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.

Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Obstetrics & Gynecology - General Gynecology (cont.)

Robert A. Semo, MD
Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology
Subspecialty: General Gynecology
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Robert Semo, MD is a board-certified gynecologist who provides comprehensive care to women, including well woman care and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.

Shira Varon, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Add'l Language: Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Shira Varon, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She also provides well-woman care, including health care maintenance and contraception.
Akilah Weber, MD
Obstetrician and Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspeciality:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Akilah Weber, MD, is a board-certified OB/GYN who specializes in managing the gynecologic needs of children and teenagers. She has a special interest in treating children born with reproductive defects, people with adrenogenital disorders (which cause an abnormal secretion of hormones) and amenorrhea (the absence of menstruation in women of reproductive age).
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

**Thomas Moore, MD**
Interim Chief Medical Officer
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Locations:**
Sorrento Valley - Directors Place
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

**Bio:**
Thomas Moore, MD, is a board-certified maternal-fetal medicine specialist. He provides prenatal care for women with high-risk pregnancies, and is recognized nationally as an expert on pregnancy and diabetes. Dr. Moore has been ranked several times as one of the top obstetricians and gynecologists in the nation by *U.S. News & World Report*, as well as been named repeatedly as a "Top Doc" in *San Diego Magazine*'s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society. Most recently he received the Louis M. Hellman MD Midwifery Partnership Award from the American College of Obstetricians and Gynecologists.
Obstetrics & Gynecology - Midwifery

Amanda J Becerra, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology
Subspecialty:
Midwifery

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Amanda Becerra, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Anne Cooper, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology
Subspecialty:
Midwifery

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Anne Cooper, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Christine Cortes, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology
Subspecialty:
Midwifery

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Christine Cortes, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Janna Ekholm, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Janna Ekholm, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Rebecca C. Garrett-Brown, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Rebecca C. Garrett-Brown, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Rachel Goodwin, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Encinitas - Garden View Road
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Rachel Goodwin, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in our traditional labor and delivery environment, depending on the desires and needs of her patients.
Melissa Grear Mann, MPH, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Hillcrest - Medical Offices South
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-6790
Direct Clinic Line - Encinitas: (858) 657-8745

Bio:
Melissa Mann, MPH, is a certified-nurse midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.

Hope Gunther, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Hope Gunther, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Jacqueline M. Henrich, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Jacqueline Henrich, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. Her maternity patients can deliver in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on their desires and needs.
Jennifer Hirsch, MS, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Jennifer Hirsch, MS, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Karen Perdion, MSN, CNM
Director, Nurse Midwifery Service

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Karen Perdion, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Obstetrics & Gynecology - Midwifery (cont.)

Beth Timpe, MS, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Beth Timpe, MS, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Erica Vu Hill, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Erica Vu Hill, CNM, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She can deliver babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.

Pamela Ward, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Pamela Ward, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Obstetrics & Gynecology - Midwifery (cont.)

Vanessa Wright, MSN, CNM, WHNP-BC
Certified Nurse-Midwife

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Midwifery

**Location:**
Rancho Bernardo - Via Tazon
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Rancho Bernardo: (858) 605-4454

**Bio:**
Vanessa Wright, MSN, is a certified-nurse midwife (CNM) who provides family-centered maternity care, family planning and well-woman care. She can deliver babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.
Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about pediatrics at UC San Diego Health.

Shannon Leung, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa:: (858) 496-4800
Direct Clinic Line - La Jolla:: (858) 203-4962

Bio:
Shannon Leung, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (619) 471-9250
Direct Clinic Line:: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Pediatrics - General Pediatrics

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma's areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Vanessa P. Scott, MD  
Pediatrician  
Assistant Professor of Pediatrics  

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics  

**La Jolla - 8910 Villa La Jolla**  
**Kearny Mesa - Frost Street**  

**Contact:**  
Direct Clinic Line - La Jolla:: (858) 203-4962  
Direct Clinic Line - Kearny Mesa:: (858) 496-4800  

**Bio:**  
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Helen C. Wang, MD  
Pediatrician  

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics  
**Add'l Language:**  
Mandarin  

**La Jolla - 8910 Villa La Jolla**  
**Kearny Mesa - Frost Street**  

**Contact:**  
Direct Clinic Line - Kearny Mesa:: (858) 496-4800  
Direct Clinic Line - La Jolla:: (858) 203-4962  

**Bio:**  
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
Pediatrics - Newborn Hospital Care

Pediatric hospitalists care for newborns in the hospital setting only. They may provide care ranging from normal newborn care to emergent stabilization and resuscitation, if necessary. Pediatric Hospitalists also provide parents with advice and guidance about lactation and any other questions they may have regarding their newborn. Learn more about Newborn Care at UC San Diego Health.

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
Newborn Hospital Care

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.

Dudley (Douglas Elmore, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.
Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.

Shannon Leung, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Shannon Leung, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Primary Care (cont.)

Elizabeth McQuinn, MSN, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Encinitas - Encinitas Blvd
Downtown - West F Street
Eastlake Chula Vista - Otay Lakes Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla:: (858) 249-6800
Direct Clinic Line - Downtown:: (833) 823-9777
Direct Clinic Line - Encinitas:: (760) 462-7957
Direct Clinic Line - Eastlake Chula Vista:: (619) 502-7854

Bio:
Elizabeth McQuinn, MSN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care. She has expertise in emergency medicine.

Arthur P. Sanchez, MSN, NP-C
Family Nurse Practitioner

Specialty:
Primary Care

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown:: (833) 823-9777

Bio:
Arthur Sanchez, MSN, is a certified nurse practitioner (NP-C) who cares provides comprehensive care for people of all ages.

Andrea Dangerfield Osorio, MS, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 249-6800

Bio:
Andrea Dangerfield Osorio, MS, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people across all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspeciality:
General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - La Jolla:: (858) 203-4962
Direct Clinic Line - Kearny Mesa:: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.
Primary Care (cont.)

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Helen C. Wang, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
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