UC San Diego Health

Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555

health.ucsd.edu/jacobs
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and U.S. News & World Report’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ New Patients (who have never seen a UC San Diego Health provider)
   To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ Current Patients
   Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ Find a Doctor
   To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
Locations

La Jolla
4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Hillcrest
4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Encinitas
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

Vista
910 Sycamore Avenue
Vista, CA 92081

Scripps Ranch
9909 Mira Mesa Blvd.
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Rady Children’s Hospital-San Diego
3020 Children’s Way
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway
Temecula, CA 92952

Sorrento Valley
4910 Directors Place
San Diego, CA 92121
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Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about orthopedics at UC San Diego Health System.

Paymaneh (Pam) Sabet, DPM
Podiatrist and Wound Care Specialist

Specialties:
Podiatry, Orthopedics

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5969

Bio:
Pam Sabet, DPM, is a podiatrist who specializes in foot and ankle surgery and wound care. Podiatrists, also referred to as foot doctors or podiatric physicians, are specialists who diagnose and treat all conditions of the feet, ankles and legs. Their care also focuses on how the health of these structures impact the rest of the body. Dr. Sabet’s expertise includes treating foot and ankle diseases and their causes, reconstructive foot and ankle surgery, and wound care for diabetic foot ulcers.

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine
Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.
Orthopedics - Hand & Upper Extremity

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams' expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren's contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region's top hand injury experts and serves as associate team physician for the San Diego Padres.
Orthopedics - Hand & Upper Extremity (cont.)

Gregory D. Middleton, MD
Rheumatologist
Professor of Medicine and Orthopaedic Surgery

Specialties:
Rheumatology, Orthopedics

Subspecialty:
Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.
Orthopedics - Joint

Scott Taber Ball, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Joint

Add'l Language:
Spanish

Encinitas - Garden View
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Scott Ball, MD, is a board-certified orthopedic surgeon who specializes in joint replacement surgery for both the hip and knee, and salvage reconstruction for failed joint replacements. Using minimally invasive approaches, he helps facilitate reduced complication rates and faster recovery. Dr. Ball has expertise in hip resurfacing surgery, a technique that is used to preserve the hip bone, allowing younger patients with good bone quality to resume high levels of activity in sports such as surfing, skiing, basketball, and running.

Krishna R. Cidambi, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Joint

Add'l Languages:
Spanish, Tamil

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Krishna R. Cidambi, MD, is an orthopedic surgeon who specializes in hip and knee replacements. His areas of expertise include anterior total hip replacement (minimally invasive hip replacement), posterior total hip replacement, total knee replacement and partial knee replacement.
Orthopedics - Joint (cont.)

Francis B Gonzales, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics

Subspecialty:
Joint

Add'l Language:
Spanish

Encinitas - Garden View
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Francis Gonzales, MD, is a board-certified orthopedic surgeon who specializes in adult hip and knee joint replacement surgery.

Anna A. Kulidjian, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery, Cancer

Subspecialties:
Joint, Sarcoma (Bone and Soft Tissue)

Add'l Languages:
Armenian, Russian

Hillcrest - UC San Diego Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Anna A. Kulidjian, MD, is a board-certified orthopedic surgeon who specializes in adult joint reconstruction and musculoskeletal oncology. As a member of the orthopedic oncology team at Moores Cancer Center, she surgically removes bone tumors as well as tumors found in soft tissues including muscle, fascia, fat, and skin. She is skilled at restoring injured limbs through complex reconstructions and limb salvage techniques.
Orthopedics - Orthopedic Trauma

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.

Alexandra K. Schwartz, MD
Chief, Orthopedic Trauma
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery

Subspecialty:
Orthopedic Trauma

Add'l Languages:
German, Spanish

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6312
Direct Clinic Line: (858) 657-8200

Bio:
Alexandra Schwartz, MD, is a board-certified orthopedic surgeon. She specializes in orthopedic trauma and surgery to treat fractured or broken bones, including clavicle, pelvic, foot, ankle, arm, elbow, knee, and shoulder injuries. Dr. Schwartz also cares for patients with complications from these injuries, such as infections and poor-healing or non-healing bones. As an orthopedic traumatologist, she has expertise working in emergency settings and with people whose injuries were caused by accidents or violence.
Orthopedics - Spine

Richard (Todd) Allen, MD, PhD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialty:
Orthopedics
Subspecialty:
Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Richard (Todd) Allen, MD, is board-certified orthopedic surgeon with expertise in complex adult reconstruction procedures for deformity/scoliosis and tumors. He specializes in complex disorders of the upper cervical spine, including tumors and degenerative or post-traumatic conditions.

Steven Robert Garfin, MD
Orthopedic Surgeon
Interim Dean, UC San Diego School of Medicine

Specialties:
Surgery, Orthopedics
Subspecialty:
Spine

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Steven Garfin, MD, is a board-certified and world-renowned orthopedic surgeon specializing in the adult spine. He is consistently elected as a top doctor in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialties:
Spine, Sports Medicine
Add'l Language:
German

Encinitas - Garden View
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Spine (cont.)

Vinko Zlomislic, MD
Orthopedic Surgeon
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery
Subspecialty:
Spine

Encinitas - Garden View
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Vinko Zlomislic, MD, is a board-certified orthopedic surgeon who specializes in the surgical and nonsurgical management of cervical, thoracic, and lumbar spine disorders. His expertise includes treating degenerative conditions of the cervical and lumbar spine, spinal trauma and infections, and spinal reconstruction for complex spinal deformity and tumors. Dr. Zlomislic emphasizes nonoperative management, recommending surgery only when conservative measures have failed. If surgical treatment is necessary, he uses minimally invasive methods whenever possible.
Orthopedics - Sports Medicine

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams’ expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren’s contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Encinitas - Garden View
Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Sports Medicine (cont.)

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and serves as associate team physician for the San Diego Padres.

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
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