UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Table of Contents

## Family Medicine
- Integrative & Holistic Medicine ................................................................. i

## Pediatrics
- Adolescent Medicine .................................................................................. i
- Complex Care Pediatrics ............................................................................ i
- Developmental-Behavioral Pediatrics .......................................................... i
- General Pediatrics ....................................................................................... i
- Neonatal-Perinatal Medicine ...................................................................... i
- Newborn Hospital Care ................................................................................ i
- Travel Medicine .......................................................................................... i

## Primary Care .............................................................................................. 2

## Index ............................................................................................................ 4
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Melissa Hurd, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - Thunder Dr

Contact:
Direct Clinic Line: (760) 758-1988

Bio:
Melissa Hurd, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Pediatrics - General Pediatrics

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Melissa Hurd, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - Thunder Dr

Contact:
Direct Clinic Line: (760) 758-1988

Bio:
Melissa Hurd, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.
Primary Care (cont.)

**Breanna (Bree) Lustre, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Downtown - West F Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

**Bio:**
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

**Janette E. Matthess, MS, FNP-C**
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas - Encinitas Blvd**
**Downtown - West F Street**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Express Care: (760) 452-7967

**Bio:**
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.
## Index

| H | Hurd, Melissa .................................................. 1, 2 |
| L | Leithem, Desiree .................................................. 2 |
|   | Lustre, Breanna (Bree) ......................................... 1, 3. |
| M | Matheess, Janette E. ............................................... 3. |