Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Internal Medicine</strong></td>
<td>1</td>
</tr>
<tr>
<td>Pediatrics</td>
<td>1</td>
</tr>
<tr>
<td>Adolescent Medicine</td>
<td>i</td>
</tr>
<tr>
<td>Complex Care Pediatrics</td>
<td>i</td>
</tr>
<tr>
<td>Developmental-Behavioral Pediatrics</td>
<td>i</td>
</tr>
<tr>
<td>General Pediatrics</td>
<td>1</td>
</tr>
<tr>
<td>Neonatal-Perinatal Medicine</td>
<td>i</td>
</tr>
<tr>
<td>Newborn Hospital Care</td>
<td>i</td>
</tr>
<tr>
<td>Travel Medicine</td>
<td>i</td>
</tr>
<tr>
<td><strong>Primary Care</strong></td>
<td>2</td>
</tr>
<tr>
<td>Index</td>
<td>4</td>
</tr>
</tbody>
</table>
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Maribeth Chong, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Additional Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Akeela Benson, MSN, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Downtown - West F Street
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Owen Clinic: (619) 543-3995

Bio:
Akeela Benson, MSN, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages.

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.

Maribeth Chong, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.
Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

Janette E. Matthess, MS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Encinitas: (760) 452-7967
Direct Clinic Line - Eastlake Chula Vista: (619) 502-7854

Bio:
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.

Elizabeth McQuinn, MSN, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Encinitas - Encinitas Blvd
Downtown - West F Street
Eastlake Chula Vista - Otay Lakes Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Encinitas: (760) 452-7967
Direct Clinic Line - Eastlake Chula Vista: (619) 502-7854

Bio:
Elizabeth McQuinn, MSN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care. She has expertise in emergency medicine.

Arthur P. Sanchez, MSN, NP-C
Family Nurse Practitioner

Specialty:
Primary Care
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777

Bio:
Arthur Sanchez, MSN, is a certified nurse practitioner (NP-C) who cares provides comprehensive care for people of all ages.
# Index

<table>
<thead>
<tr>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benson, Akeela</td>
<td>2</td>
</tr>
<tr>
<td>Chong, Maribeth</td>
<td>1, 2</td>
</tr>
<tr>
<td>Leithem, Desiree</td>
<td>2</td>
</tr>
<tr>
<td>Lustre, Breanna (Bree)</td>
<td>1, 3</td>
</tr>
<tr>
<td>Matthess, Janette E.</td>
<td>3</td>
</tr>
<tr>
<td>McQuinn, Elizabeth</td>
<td>3</td>
</tr>
<tr>
<td>Sanchez, Arthur P.</td>
<td>3</td>
</tr>
</tbody>
</table>