UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma's areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Marriage and Family Therapy

Marriage and Family Therapy is a branch of psychotherapy that helps individuals, couples and families to nurture change and development. It provides diagnosis and treatment of mental and emotional disorders, with a holistic perspective to care.

Janelle Farias, MA, LMFT
Marriage and Family Therapist

Specialty:
Marriage and Family Therapy

Additional Language:
Spanish

Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 496-4800

Bio:
Janelle Farias, MA, is a licensed marriage and family therapist (LMFT) who specializes in mental health services to children and adolescents. She has experience working with all types of mental health challenges, including anxiety, depression, attention-deficit/hyperactivity disorder (ADHD), oppositional defiant disorder (ODD), eating disorders, gender dysphoria, autism spectrum disorder, bipolar disorder, and intellectual disability.
Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about pediatrics at UC San Diego Health.

Shirin Alonzo, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care

Add'l Language:
Farsi

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line:: (858) 496-4800

Bio:
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

Rebecca Sox, MS, MPH, CPNP
Pediatric Nurse Practitioner

Specialty:
Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line:: (619) 543-3771

Bio:
Rebecca Sox, MS, MPH, is a certified pediatric nurse practitioner (CPNP) with the High Risk Infant Follow-Up program at UC San Diego Health. She takes patient histories and performs physical, neurological, and development exams and assessments for high-risk children age five months to three years of age, following discharge from the neonatal intensive care unit. She also assists with early intervention referrals and collaborates with the program’s social worker.

Shannon Leung, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa:: (858) 496-4800
Direct Clinic Line - La Jolla:: (858) 203-4862

Bio:
Shannon Leung, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line:: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
**Maya M. Kumar, MD**
Adolescent Medicine/Pediatrics Physician

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Adolescent Medicine, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

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**Kanani E. Titchen, MD, FAAP**
Adolescent Medicine Physician/Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
Adolescent Medicine

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Kanani Titchen, MD, is an adolescent medicine physician and board-certified pediatrician who provides primary care for young people ages 10 to 26, while specializing in the unique physical, social and emotional conditions of their life stages. Dr. Titchen has expertise in trauma-sensitive adolescent reproductive and sexual health (including long-acting reversible contraception, problems with menstruation, and sexual assault/abuse and sex trafficking); health care for lesbian, gay, bisexual and transgender youth; and the use of pre-exposure prophylaxis (PrEP) medication in preventing HIV infection.
**Pediatrics - Complex Care Pediatrics**

**Bret D. Pickering, MD**  
Director, Pediatrics and Adolescent Medicine  
Professor of Pediatrics

**Specialties:**  
Pediatrics, Primary Care  

**Subspecialties:**  
Complex Care Pediatrics, General Pediatrics

**Add'l Language:**  
Spanish

**Kearny Mesa - Frost Street**

**Contact:**  
Direct Clinic Line: (858) 496-4800

**Bio:**  
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Pediatrics - Developmental-Behavioral Pediatrics

Developmental-Behavioral Pediatrics is the evaluation and treatment of developmental, learning or behavioral problems in children and adolescents.

Adam Braddock, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Sheila Gahagan, MD, MPH
Developmental-Behavioral Pediatrician
Professor of Pediatrics

Specialty:
Pediatrics

Subspecialty:
Developmental-Behavioral Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Sheila Gahagan, MD, MPH, is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gahagan has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders.

Lauren E. Gist, MD, MPH
Pediatrician

Specialty:
Pediatrics

Subspecialty:
Developmental-Behavioral Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Lauren Gist, MD, MPH is a board-certified pediatrician who specializes in developmental-behavioral pediatrics. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gist has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders.
Yi Hui Liu, MD, MPH
Developmental-Behavioral Pediatrician
Associate Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Developmental-Behavioral Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Yi Hui Liu, MD, MPH is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning disorders and/or mental health concerns. Dr. Liu has a special interest in the evaluation and care of children with attention deficit hyperactivity disorder (ADHD), autism spectrum disorders, anxiety, intellectual disability, and developmental delays. She has extensive experience collaborating with other developmental services, including psychology, speech and language therapy, occupational therapy, and physical therapy.
Pediatrics - General Pediatrics

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.

Adam Braddock, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. “Most of health happens outside of hospitals and doctor’s offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods.”
Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Travel Medicine, General Pediatrics
Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.

Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Pediatrics - General Pediatrics (cont.)

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Bret D. Pickering, MD
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Complex Care Pediatrics, General Pediatrics

Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.
Helen C. Wang, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Mandarin

**Kearny Mesa - Frost Street**
**La Jolla - 8910 Villa La Jolla**

**Contact:**
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Kearny Mesa - Frost Street**
**La Jolla - 8910 Villa La Jolla**

**Contact:**
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
Pediatrics - Travel Medicine

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Shirin Alonzo, MD, MPH
Pediatrician

Specialties:
Pediatrics, Primary Care
Add'l Language:
Farsi

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Adam Braddock, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Developmental-Behavioral Pediatrics, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Adam Braddock, MD, is a board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their behavioral stages.

Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.
Primary Care (cont.)

Nancy Graff, MD
Clinical Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Travel Medicine, General Pediatrics

**Add'l Languages:**
French, Spanish

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.

Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Adolescent Medicine, General Pediatrics

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.
Primary Care (cont.)

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas:** Encinitas Blvd  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center  
Downtown - West F Street  
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Express Care: (833) 823-9777  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - La Jolla: (858) 657-7600  
Direct Clinic Line - Encinitas: (760) 452-7967

**Bio:**
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.

Shannon Leung, MD, MPH
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Kearny Mesa:** Frost Street  
La Jolla - 8910 Villa La Jolla

**Contact:**
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Shannon Leung, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

Breanna (Bree) Lustre, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care  
**Subspecialty:**
General Pediatrics

**Downtown - West F Street**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Downtown: (619) 541-4787

**Bio:**
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Primary Care (cont.)

**Lawrence Ma, MD**
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine, Pediatrics

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Kearny Mesa:: (858) 496-4800
Direct Clinic Line - La Jolla:: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

**Janette E. Matthess, MS, FNP-C**
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas - Encinitas Blvd**
**Downtown - West F Street**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Downtown:: (833) 823-9777
Direct Clinic Line - Express Care:: (760) 452-7967

**Bio:**
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

**Bret D. Pickering, MD**
Director, Pediatrics and Adolescent Medicine
Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialties:**
Complex Care Pediatrics, General Pediatrics

**Add'l Language:**
Spanish

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Bret D. Pickering, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. His expertise includes caring for medically fragile children with complex health care needs.
Primary Care (cont.)

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Kanani E. Titchen, MD, FAAP
Adolescent Medicine Physician/Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
Adolescent Medicine

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Kanani Titchen, MD, is an adolescent medicine physician and board-certified pediatrician who provides primary care for young people ages 10 to 26, while specializing in the unique physical, social and emotional conditions of their life stages. Dr. Titchen has expertise in trauma-sensitive adolescent reproductive and sexual health (including long-acting reversible contraception, problems with menstruation, and sexual assault/abuse and sex trafficking); health care for lesbian, gay, bisexual and transgender youth; and the use of pre-exposure prophylaxis (PrEP) medication in preventing HIV infection.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Helen C. Wang, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
Primary Care (cont.)

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

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Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
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