UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Breanna (Bree) Lustre, MD  
Pediatrician

Specialties:  
Pediatrics, Primary Care  
Subspecialty:  
General Pediatrics

Downtown - West F Street

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Downtown: (619) 541-4787

Bio:  
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

**Akeela Benson, MSN, FNP-C**

*Family Nurse Practitioner*

**Specialty:**

Primary Care

**Downtown - West F Street**  
Hillcrest - Medical Offices South

**Contact:**

New Patient Registration: (800) 926-8273  
Direct Clinic Line - Downtown:: (833) 823-9777  
Direct Clinic Line - Owen Clinic:: (619) 543-3995

**Bio:**

Akeela Benson, MSN, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages.

**Desiree Leithem, MS, CNS, FNP-C**

*Family Nurse Practitioner*

**Specialty:**

Primary Care

Downtown - West F Street  
Encinitas - Encinitas Blvd  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center  
Rancho Bernardo - Via Tazon

**Contact:**

New Patient Registration: (800) 926-8273  
Direct Clinic Line - Express Care:: (833) 823-9777  
Direct Clinic Line - Urgent Care, La Jolla:: (858) 249-6800  
Emergency Department - La Jolla:: (858) 657-7600  
Direct Clinic Line - Encinitas:: (760) 452-7967

**Bio:**

Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.
Primary Care (cont.)

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

Janette E. Matthess, MS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Direct Clinic Line - Encinitas: (760) 452-7967
Direct Clinic Line - Eastlake Chula Vista: (619) 502-7854

Bio:
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care. She has expertise in emergency medicine.

Elizabeth McQuinn, MSN, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Encinitas: (760) 452-7967
Direct Clinic Line - Eastlake Chula Vista: (619) 502-7854

Bio:
Elizabeth McQuinn, MSN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care. She has expertise in emergency medicine.

Arthur P. Sanchez, MSN, NP-C
Family Nurse Practitioner

Specialty:
Primary Care
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777

Bio:
Arthur Sanchez, MSN, is a certified nurse practitioner (NP-C) who cares provides comprehensive care for people of all ages.
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