UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report.*

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Akeela Benson, MSN, FNP-C
Family Nurse Practitioner

Specialty: Primary Care

Downtown - West F Street
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Owen Clinic: (619) 543-3995

Bio:
Akeela Benson, MSN, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages.

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty: Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.
Janette E. Matthess, MS, FNP-C
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas - Encinitas Blvd**
**Downtown - West F Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Express Care: (760) 452-7967

**Bio:**
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

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Elizabeth McQuinn, MSN, FNP-C
Family Nurse Practitioner

**Specialty:**
Primary Care

**La Jolla - 8910 Villa La Jolla**
**Encinitas - Encinitas Blvd**
**Downtown - West F Street**
**Eastlake Chula Vista - Otay Lakes Rd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Encinitas: (760) 452-7967
Direct Clinic Line - Eastlake Chula Vista: (619) 502-7854

**Bio:**
Elizabeth McQuinn, MSN, is a certified family nurse practitioner (FNP-C) who helps provide comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care. She has expertise in emergency medicine.

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Arthur P. Sanchez, MSN, NP-C
Family Nurse Practitioner

**Specialty:**
Primary Care

**Add'l Language:**
Spanish

**La Jolla - 8910 Villa La Jolla**
**Downtown - West F Street**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777

**Bio:**
Arthur Sanchez, MSN, is a certified nurse practitioner (NP-C) who cares provides comprehensive care for people of all ages.
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