UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Cardiology - General Cardiology

Anya Narezkina, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialty:
General Cardiology
Add'l Language:
Russian

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530
Direct Clinic Line - Rancho Bernardo: (858) 605-4448

Bio:
Anya Narezkina, MD, is a board-certified cardiologist who specializes in cardio-oncology. The field of cardio-oncology focuses on treating and preventing heart conditions in patients who are treated for cancer.

Nicholas Phreaner, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialties:
General Cardiology, Heart Failure

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273

Bio:
Nicholas Phreaner, MD, is a cardiologist who specializes in the treatment and prevention or general cardiovascular conditions such as atherosclerotic heart disease, congestive heart failure, and irregular heart beat (arrhythmia).
Cardiology - Heart Failure

Nicholas Phreaner, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialties:
General Cardiology, Heart Failure

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273

Bio:
Nicholas Phreaner, MD, is a cardiologist who specializes in the treatment and prevention or general cardiovascular conditions such as atherosclerotic heart disease, congestive heart failure, and irregular heart beat (arrhythmia).
Emergency Medicine

Emergency Medicine is the medical specialty dealing with the immediate treatment of patients whose condition is critical, requiring immediate action. Learn more about emergency medicine at UC San Diego Health System.

Ilona Barash, MD, PhD

**Specialty:**
Emergency Medicine

**La Jolla - 8910 Villa La Jolla**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
UC San Diego Health Links

Theodore (Ted) Chan, MD, FACEP, FAAEM

Emergency Medicine Physician
Chair of Emergency Medicine

**Specialty:**
Emergency Medicine

**La Jolla - 8910 Villa La Jolla**
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

**Bio:**
Theodore "Ted" Chan, MD, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate specialty departments.

Christanne H. Coffey, MD, FACEP

Emergency Medicine Physician
Assistant Professor of Emergency Medicine

**Specialty:**
Emergency Medicine

**La Jolla - 8910 Villa La Jolla**
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

**Bio:**
Christanne Hoffman Coffey, MD, FACEP, is a board-certified emergency medicine physician. She treats and cares for people in the emergency department, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Kama Z. Guluma, MD

Clinical Professor

**Specialty:**
Emergency Medicine

**Jacobs Medical Center**
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Emergency Medicine (cont.)

Fraid Mostamand, DO
Specialty: Emergency Medicine
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273

Sean-Xavier Neath, MD, PhD
Assistant Clinical Professor of Medicine
Specialty: Emergency Medicine
Add'l Languages: French, Spanish
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273

Leslie C Oyama, MD
Associate Professor of Emergency Medicine
Specialty: Emergency Medicine
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Elaine Sapiro, MD
Specialty: Emergency Medicine
La Jolla - 8910 Villa La Jolla
Contact:
New Patient Registration: (800) 926-8273
Christian M. Sloane, MD  
Emergency Medicine Physician  
Assistant Professor of Emergency Medicine  

**Specialty:**  
Emergency Medicine  
**Add'l Language:**  
Spanish  

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  
La Jolla - 8910 Villa La Jolla  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6400  

**Bio:**  
UC San Diego Health Links

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Vaishal Tolia, MD, MPH, FACEP  
Medical Director, Emergency Department  
Associate Professor of Emergency Medicine  

**Specialties:**  
Emergency Medicine, Hospital Medicine  
**Add'l Language:**  
Gujarati  

**Jacobs Medical Center**  
La Jolla - 8910 Villa La Jolla  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - La Jolla: (858) 657-7600  
Emergency Department - Hillcrest: (619) 543-6400  

**Bio:**  
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Emergency Medicine - Disaster Medicine

Christopher Kahn, MD, MPH  
Chief, Division of Emergency Medical Services and  
Disaster Medicine  
Associate Professor of Emergency Medicine

**Specialty:**  
Emergency Medicine

**Subspecialty:**  
Disaster Medicine

**Jacobs Medical Center**  
Hillcrest - UC San Diego Medical Center  
Rancho Bernardo - Via Tazon

**Contact:**  
New Patient Registration: (800) 926-8273  
Emergency Department - Hillcrest: (619) 543-6400  
Emergency Department - La Jolla: (858) 657-7600

**Bio:**  
Christopher Kahn, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency room and those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Gary M. Vilke, MD  
Clinical Service Chief, Emergency Medicine  
Professor of Emergency Medicine

**Specialty:**  
Emergency Medicine

**Subspecialty:**  
Disaster Medicine

**La Jolla - 8910 Villa La Jolla**  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Rancho Bernardo - Via Tazon

**Contact:**  
New Patient Registration: (800) 926-8273  
Emergency Department - Hillcrest: (619) 543-6400  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - La Jolla: (858) 657-7600

**Bio:**  
Gary M. Vilke, MD, is a board-certified emergency medicine physician. He is the clinical service chief of Emergency Medicine at UC San Diego Health and co-medical director of the Emergency Departments in Hillcrest and La Jolla, where he oversees the care for people with acute illnesses and injuries. Dr. Vilke's expertise includes evaluation, immediate decision making and treatment to prevent further harm or disability in patients.
Emergency Medicine - Emergency Ultrasound

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Emergency Medicine - Hyperbaric Medicine & Wound Care

Ian Grover, MD  
Medical Director, Hyperbaric Medicine and Wound Care  
Professor of Emergency Medicine

Specialty: 
Emergency Medicine
Subspeciality: 
Hyperbaric Medicine & Wound Care

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon

Contact:  
New Patient Registration: (800) 926-8273  
Emergency Department - Hillcrest: (619) 543-6400  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - La Jolla: (858) 657-7600

Bio:  
Ian Grover, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. His expertise includes preventing and treating disease and injury in divers and other individuals working in altered atmospheric conditions. Within UC San Diego Health’s Hyperbaric Medicine and Wound Care Program, Dr. Grover assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection.

Stephen R. Hayden, MD  
Professor of Clinical Medicine

Specialty: 
Emergency Medicine
Subspeciality: 
Hyperbaric Medicine & Wound Care
Add'l Language: 
Spanish

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6400

Bio:  
Stephen R. Hayden, MD, FAAEM, FACEP, graduated from the accelerated six-year biomedical program at Rensselaer Polytechnic Institute and Albany Medical College and was elected to the Alpha Omega Alpha honor medical society. He did a General Surgery internship at the San Diego Naval Hospital, which was followed by a tour of duty as senior flight surgeon for the Naval Strike Warfare Center at the NAS Fallon, Nevada.
James Killeen, MD
Emergency Medicine Physician
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
James Killeen, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.

Brian Snyder, MD
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

Bio:
UC San Diego Health Links
Christian A. Tomaszewski, MD  
Specialty: Emergency Medicine  
Subspecialties: Medical Toxicology, Hyperbaric Medicine & Wound Care  
Add'l Language: Spanish  
Hillcrest - UC San Diego Medical Center  
La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon  
Contact: New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-6800  
Bio: Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.

Karen Van Hoesen, MD  
Director, Diving Medicine  
Co-Director, San Diego Center of Excellence in Diving  
Professor of Emergency Medicine  
Specialty: Emergency Medicine  
Subspecialty: Hyperbaric Medicine & Wound Care  
Hillcrest - UC San Diego Medical Center  
La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon  
Contact: New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6463  
Bio: Karen Van Hoesen, MD, is a board-certified emergency medicine physician who specializes in underwater and hyperbaric medicine. She is recognized as one of the world’s leading authorities on diving medicine. Within UC San Diego Health’s Hyperbaric Medicine and Wound Care Program, Dr. Van Hoesen assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection. She is also the co-director of the San Diego Center of Excellence in Diving (SDCED).
Emergency Medicine - Medical Toxicology

Richard F. Clark, MD
Medical Toxicologist
Director, Division of Toxicology
Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Richard Clark, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Allyson Kreshak, MD, FACEP, FACMT
Emergency Medicine Physician and Medical Toxicologist
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Allyson Kreshak, MD, is a board-certified emergency medicine physician and medical toxicologist. She treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, she also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.
Emergency Medicine - Medical Toxicology (cont.)

Binh T. Ly, MD
Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Binh Ly, MD, is a board-certified medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.

Alicia Minns, MD

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Alicia Minns, MD, provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.

Aaron Schneir, MD
Emergency Medicine Physician and Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Aaron Schneir, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, he also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and related illnesses.
Christian A. Tomaszewski, MD

**Specialty:**
Emergency Medicine

**Subspecialties:**
Medical Toxicology, Hyperbaric Medicine & Wound Care

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

**Bio:**
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Family Medicine (cont.)

Yewah Jung, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Hang Tran, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women's health.
Hospital Medicine

Hospital medicine is concerned with the medical care of acutely ill inpatients. Learn more about hospital medicine at UC San Diego Health System.

Vaishal Tolia, MD, MPH, FACEP
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

Specialties:
Emergency Medicine, Hospital Medicine

Add'l Language:
Gujarati

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hilcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hilcrest: (619) 543-6400

Bio:
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health System.

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**Clark Bach, MD**  
Primary Care Physician

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Language:**  
Vietnamese

**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**  
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

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**Dalia Elias, MBBS**  
Primary Care Physician

**Specialties:**  
Primary Care, Internal Medicine

**Add'l Language:**  
Malayalam

**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**  
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

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**Lawrence Ma, MD**  
Primary Care Physician

**Specialties:**  
Primary Care, Internal Medicine, Pediatrics

**Add'l Language:**  
Mandarin

**Hillcrest - 4th & Lewis Medical Offices**  
**Kearny Mesa - Frost Street**  
**La Jolla - 8910 Villa La Jolla**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (858) 496-4800  
Direct Clinic Line - La Jolla: (858) 203-4962  
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**  
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's [pediatrics program](https://health.ucsd.edu), which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Neurology

Neurology is the branch of medicine that is concerned with the study and treatment of disorders of the nervous system. Learn more about neurology at UC San Diego Health System.

Anastasie Dunn-Pirio, MD
Neurologist

Specialty:
Neurology

Hillcrest - Medical Offices North
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-3500
Direct Clinic Line - Rancho Bernardo: (858) 605-4447

Bio:
Anastasie Dunn-Pirio, MD, is a board-certified neurologist who treats patients with general neurology disorders, as well as multiple sclerosis and other neuroimmunological disorders. She is also interested in the neurologic complications of cancer and cancer therapy.
Neurology - Dementia

Jose Angel Soria-Lopez, MD
Neurologist
Assistant Professor of Medicine

**Specialty:**
Neurology

**Subspecialty:**
Dementia

**Add'l Language:**
Spanish

La Jolla - 4510 Executive Drive
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4447
Direct Clinic Line - La Jolla: (858) 657-8540

**Bio:**
Jose Soria-Lopez, MD, is a board-certified neurologist who treats patients with general neurology disorders, as well as memory disorders such as Alzheimer's disease and related dementias.
Neurosurgery - Spine

Martin H. Pham, MD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery

Subspecialties:
Minimally Invasive Surgery, Spine

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 4510 Executive Drive
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Martin Pham, MD, is a neurosurgeon who focuses on the neurosurgical evaluation and treatment of spinal disorders. This includes adult scoliosis and spinal deformity, complex spinal reconstruction, robotic and minimally invasive spine surgery, motion preservation of the spine, spine tumors, and spine trauma.
Obesity Medicine

Daphne (Yvette) LaCoursiere, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Obesity Medicine
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Yvette LaCoursiere, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Obstetrics & Gynecology - General Gynecology

Jorge L. Alvarado, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jorge L. Alvarado, MD, is an obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care, including diagnosis and treatment of abnormal uterine bleeding, fibroids, sexually transmitted infections, and gynecologic cancer prevention. Dr. Alvarado specializes in minimally invasive gynecologic surgery, with an interest in dysplasia of the cervix, vagina, and vulva.

Sarah H. Averbach, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sarah H. Averbach, MD, is an board-certified obstetrician/gynecologist who provides comprehensive gynecological care and specializes in family planning. Her expertise includes surgical management of gynecologic conditions and reproductive infectious disease.
Pamela S. Deak, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Pamela Deak, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, family planning, and treatment for gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.

Erin A. Gross, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8737
Direct Clinic Line: (858) 657-8745

Bio:
Erin Gross, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, family planning, and treatment for gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, gynecological infections or sexually transmitted diseases.
Obstetrics & Gynecology - General Gynecology (cont.)

Jessica Kingston, MD
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Jessica Kingston, MD, is a board-certified obstetrician/gynecologist who provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding or gynecological infections. She specializes in diagnosing and treating uterine fibroids and has expertise in minimally invasive gynecologic surgery. She also helps coordinate care for maternal mental health conditions, including mood disorders and postpartum depression.

Daphne (Yvette) LaCoursiere, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Obesity Medicine
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Yvette LaCoursiere, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Obstetrics & Gynecology - General Gynecology (cont.)

Kathryn Macaulay, MD  
Obstetrician/Gynecologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology

Encinitas - Garden View Road  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

**Bio:**  
Kathryn Macaulay, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections. Dr. Macaulay's expertise is in caring for perimenopausal and menopausal women. She treats common symptoms and conditions of menopause, such as hot flashes, night sweats, insomnia, mood changes, osteoporosis, and weight gain. She also has extensive experience in hormone replacement therapy.

Gillian Mackay, MBBS, FACOG  
Obstetrician/Gynecologist

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology  
**Add'l Language:** German

La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

**Bio:**  
Gillian Mackay, MBBS, is a board-certified obstetrician/gynecologist who provides labor and delivery care for both low and high-risk pregnancies, as well as minimally invasive gynecological surgery, adolescent gynecology and contraception and family planning. She also performs office procedures such as hysteroscopy.
Obstetrics & Gynecology - General Gynecology (cont.)

Christine B. Miller, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Christine B. Miller, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.

Sheila Mody, MD
Family Planning Specialist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Sheila Mody, MD, MPH is a family planning specialist with a focus in contraceptive counseling for women with complex medical conditions. Her interests include educating patients on the use of long-acting reversible contraception and early pregnancy management.
William H. Parker, MD  
Obstetrician/Gynecologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences  

Specialty: Obstetrics & Gynecology  
Subspecialty: General Gynecology  
La Jolla - 8910 Villa La Jolla  

Contact: 
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745  

Bio:  
William Parker, MD, is a board-certified obstetrician/gynecologist who specializes in the evaluation and treatment of women with uterine fibroids. He is an internationally known surgeon for myomectomy (removal of fibroids) using minimally-invasive (laparoscopic) surgery or through open abdominal incisions.

Jamie L. Resnik, MD  
Obstetrician/Gynecologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences  

Specialty: Obstetrics & Gynecology  
Subspecialty: General Gynecology  
Add'l Language: Spanish  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center  

Contact: 
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745  

Bio:  
Jamie Resnik, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Maureen C. Ries, MD  
Obstetrician/Gynecologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences  

Specialty:  
Obstetrics & Gynecology  
Subspecialty:  
General Gynecology  
Add'l Languages:  
Indonesian, Spanish, Swahili  

La Jolla - 8910 Villa La Jolla  
Encinitas - Garden View Road  
Jacobs Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745  

Bio:  
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.

Robert A. Semo, MD  
Gynecologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences  

Specialty:  
Obstetrics & Gynecology  
Subspecialty:  
General Gynecology  

La Jolla - 8910 Villa La Jolla  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745  

Bio:  
Robert Semo, MD is a board-certified gynecologist who provides comprehensive care to women, including well woman care and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Obstetrics & Gynecology - General Gynecology (cont.)

Shira Varon, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Shira Varon, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She also provides well-woman care, including health care maintenance and contraception.

Akilah Weber, MD
Obstetrician and Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Akilah Weber, MD, is a board-certified OB/GYN who specializes in managing the gynecologic needs of children and teenagers. She has a special interest in treating children born with reproductive defects, people with adrenogenital disorders (which cause an abnormal secretion of hormones) and amenorrhea (the absence of menstruation in women of reproductive age).
Thomas Moore, MD
Interim Chief Medical Officer
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Thomas Moore, MD, is a board-certified maternal-fetal medicine specialist. He provides prenatal care for women with high-risk pregnancies, and is recognized nationally as an expert on pregnancy and diabetes. Dr. Moore has been ranked several times as one of the top obstetricians and gynecologists in the nation by U.S. News & World Report, as well as been named repeatedly as a "Top Doc" in San Diego Magazine's "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society. Most recently he received the Louis M. Hellman MD Midwifery Partnership Award from the American College of Obstetricians and Gynecologists.
Occupational/Environmental Medicine

University of California San Diego Health System’s Center for Occupational & Environmental Medicine (COEM) provides the San Diego area with a full range of services for: prevention and compliance assistance, work injury treatment & management, blood borne pathogen exposure, travel medicine & vaccinations, dive medicine, and case coordination. Learn more about occupational/environmental medicine at UC San Diego Health System.

Michele Kowalski-McGraw, MD, MPH
Occupational Medicine Physician

Specialty:
Occupational/Environmental Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-4228

Bio:
Michele Kowalski-McGraw, MD, MPH, is a board-certified occupational medicine physician. Her expertise is in restoring and maintaining the health of diverse working populations, including those in healthcare, service, manufacturing, distribution and technology.
Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about [pediatrics](/pediatrics) at UC San Diego Health System.

Lawrence Ma, MD
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine, Pediatrics

**Add'l Language:**
Mandarin

**Hillcrest - 4th & Lewis Medical Offices**
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

**Bio:**
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health’s [pediatrics program](/pediatrics), which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma’s areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine, Pediatrics

**Hillcrest - 4th & Lewis Medical Offices**
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

**Bio:**
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Pediatrics - General Pediatrics

**Tamantha (Tami) Arlata, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Tagalog

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

**Eyla Boies, MD**
Pediatrician
Professor of Pediatrics

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Kearny Mesa - Frost Street**
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.

**Robert Coles, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**
Encinitas - Encinitas Blvd

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

**Sabiha Hussain, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Urdu

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.
Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Helen C. Wang, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
Pediatrics - Newborn Hospital Care

Pediatric hospitalists care for newborns in the hospital setting only. They may provide care ranging from normal newborn care to emergent stabilization and resuscitation, if necessary. Pediatric Hospitalists also provide parents with advice and guidance about lactation and any other questions they may have regarding their newborn. Learn more about Newborn Care at UC San Diego Health.

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Eyla Boies, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes assisting mothers who are experiencing difficulties breastfeeding their newborns.
Primary Care (cont.)

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women’s health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.
Primary Care (cont.)

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Yewah Jung, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.
Primary Care (cont.)

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
Newborn Hospital Care

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.

Lawrence Ma, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine, Pediatrics

Add'l Language:
Mandarin

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Lawrence Ma, MD, is a board-certified pediatrician and internal medicine doctor who provides primary care for children, adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases. He is a part of UC San Diego Health's pediatrics program, which offers comprehensive care for infants, children and teenagers, through all their developmental stages, in a supportive, family-friendly environment. Specifically, Dr. Ma's areas of care focus on children with complex medical problems and helping them transition to adult care. He also has advanced training in geriatric medicine, and has a special interest in maintaining the health and wellness of older adults as they transition through the stages of aging.
Primary Care (cont.)

Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 203-4962
Direct Clinic Line - Kearny Mesa: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Hang Tran, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.
Primary Care (cont.)

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women’s health.

Helen C. Wang, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Mandarin

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858)203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

O. Douglas Wilson, MD
Pediatrician
Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
O. Douglas Wilson, MD, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. He has experience in child development, pediatric cardiology, and pediatric dermatology.
Surgery - Minimally Invasive Surgery

Martin H. Pham, MD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery

Subspecialties:
Minimally Invasive Surgery, Spine

Additional Language:
Spanish

Jacobs Medical Center
La Jolla - 4510 Executive Drive
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Martin Pham, MD, is a neurosurgeon who focuses on the neurosurgical evaluation and treatment of spinal disorders. This includes adult scoliosis and spinal deformity, complex spinal reconstruction, robotic and minimally invasive spine surgery, motion preservation of the spine, spine tumors, and spine trauma.
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