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Locations

**La Jolla**
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genessee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

**Hillcrest**

**Hillcrest Emergency**
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

**Rancho Bernardo**

Includes **Rancho Bernardo Urgent Care**
16950 Via Tazon
San Diego, CA 92127

**Encinitas**
Includes **Encinitas Express Care (Suite 110)**
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

**College Area**
6719 Alvarado Road, Suite 302
San Diego, CA 92120

**Downtown**
Downtown Express Care
203 West F Street
San Diego, CA 92101

**Vista**
910 Sycamore Avenue
Vista, CA 92081

**Sorrento Valley**
4910 Directors Place
San Diego, CA 92121

**Scripps Ranch**
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

**Kearny Mesa**
7910 Frost Street
San Diego, CA 92123

**Chula Vista**
959 Lane Avenue
Chula Vista, CA 91914

**Temecula**
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Cardiology - Electrophysiology

Kurt Hoffmayer, MD, PharmD, FACS, FHRS
Cardiac Electrophysiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialty:
Electrophysiology

Sulpizio Cardiovascular Center
Encinitas - North El Camino Real

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Encinitas: (760) 697-3110

Bio:
Kurt Hoffmayer, MD, PharmD, is a board-certified cardiologist who specializes in cardiac electrophysiology. He cares for patients with all types of heart rhythm disorders and is interested in both medical and procedural management of atrial fibrillation, atrial flutter, supraventricular tachycardia, and ventricular tachycardia.
Cardiology - General Cardiology

Anya Narezkina, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialty:
General Cardiology

Add'l Language:
Russian

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530
Direct Clinic Line - Rancho Bernardo: (858) 605-4448

Bio:
Anya Narezkina, MD, is a board-certified cardiologist who specializes in cardio-oncology. The field of cardio-oncology focuses on treating and preventing heart conditions in patients who are treated for cancer.

Nicholas Phreaner, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialties:
General Cardiology, Heart Failure

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273

Bio:
Nicholas Phreaner, MD, is a cardiologist who specializes in the treatment and prevention of general cardiovascular conditions such as atherosclerotic heart disease, congestive heart failure, and irregular heart beat (arrhythmia).

Ajit Raisinghani, MD
Cardiologist
Professor of Medicine

Specialty:
Cardiology

Subspecialty:
General Cardiology

Encinitas - North El Camino Real
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Encinitas: (760) 697-3110

Bio:
Ajit Raisinghani, MD, is a board-certified cardiologist and director of cardiology clinics as well as noninvasive laboratories for the Division of Cardiology at UC San Diego Health. Dr. Raisinghani specializes in advanced diagnostic techniques, including transthoracic and transesophageal echocardiography, contrast echocardiography and stress echocardiography.
Cardiology - General Cardiology (cont.)

Jia Shen, MD
Cardiologist
Assistant Professor of Medicine

**Specialty:**
Cardiology

**Subspecialty:**
General Cardiology

**Add'l Language:**
Mandarin

**Sulpizio Cardiovascular Center**
**Encinitas - North El Camino Real**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Hillcrest: (858) 657-8530
Direct Clinic Line - Encinitas: (760) 697-3110

**Bio:**
Jia Shen, MD, is a board-certified cardiologist who specializes in the treatment and prevention of heart disease.

Michael J. Wilkinson, MD
Cardiologist

**Specialty:**
Cardiology

**Subspecialty:**
General Cardiology

**Sulpizio Cardiovascular Center**
**Encinitas - North El Camino Real**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Encinitas: (760) 697-3110

**Bio:**
Michael Wilkinson, MD, is a cardiologist who leads the advanced lipid treatment program at UC San Diego Health. This includes diagnosis and management of inherited forms of dyslipidemia (i.e. an abnormal amount of cholesterol or fats [lipids] in the blood), as well as primary and secondary prevention of atherosclerotic cardiovascular disease through risk factor management and use of lipid-modifying therapies.
Cardiology - Heart Failure

Paul J. Kim, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Encinitas - North El Camino Real

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Encinitas: (760) 697-3110

Bio:
Paul Kim, MD, is a board-certified cardiologist who specializes in treating patients with advanced heart failure, including those who need ventricular assist devices (VADs) or heart transplants. Dr. Kim also has specialized training in performing and interpreting cardiovascular magnetic resonance (MRI) and cardiovascular computed tomography (CCT) studies.

Nicholas Phreaner, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialties:
General Cardiology, Heart Failure

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273

Bio:
Nicholas Phreaner, MD, is a cardiologist who specializes in the treatment and prevention of general cardiovascular conditions such as atherosclerotic heart disease, congestive heart failure, and irregular heart beat (arrhythmia).
Emergency Medicine

Emergency Medicine is the medical specialty dealing with the immediate treatment of patients whose condition is critical, requiring immediate action. Learn more about emergency medicine at UC San Diego Health System.

Theodore (Ted) Chan, MD, FACEP, FAAEM
Emergency Medicine Physician
Chair of Emergency Medicine

Specialty:
Emergency Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Theodore “Ted” Chan, MD, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate specialty departments.

Christanne H. Coffey, MD, FACEP
Emergency Medicine Physician
Assistant Professor of Emergency Medicine

Specialty:
Emergency Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Christanne Hoffman Coffey, MD, FACEP, is a board-certified emergency medicine physician. She treats and cares for people in the emergency department, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Kama Z. Guluma, MD
Clinical Professor

Specialty:
Emergency Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Medicine (cont.)

Fraid Mostamand, DO

**Specialty:**
Emergency Medicine

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273

Sean-Xavier Neath, MD, PhD
Assistant Clinical Professor of Medicine

**Specialty:**
Emergency Medicine

**Add'l Languages:**
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273

Vaishal Tolia, MD, MPH, FACEP
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

**Specialties:**
Emergency Medicine, Hospital Medicine

**Add'l Language:**
Gujarati

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

**Bio:**
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Emergency Medicine - Disaster Medicine

Irving Jacoby, MD
Attending Physician, Dept of Emergency Medicine & Hyperbaric Medicine
Emeritus Clinical Professor of Medicine & Surgery

**Specialty:**
Emergency Medicine

**Subspecialties:**
Disaster Medicine, Hyperbaric Medicine & Wound Care

**Add'l Language:**
Hebrew

**Contact:**
Encinitas - North El Camino Real
Hillcrest - UC San Diego Medical Center

**Bio:**
After 32 years of working in the Emergency Department, I will be taking retirement from UC San Diego, but look forward to maintaining my ties with the department on a part-time basis in the future. I will be continuing my work with the San Diego DMAT, and hope to be able to do many things I have put off for way too long.

Christopher Kahn, MD, MPH
Chief, Division of Emergency Medical Services and Disaster Medicine
Associate Professor of Emergency Medicine

**Specialty:**
Emergency Medicine

**Subspecialty:**
Disaster Medicine

**Contact:**
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

**Bio:**
Christopher Kahn, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency room and those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.
Emergency Medicine - Disaster Medicine (cont.)

Gary M. Vilke, MD
Clinical Service Chief, Emergency Medicine
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Disaster Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Gary M. Vilke, MD, is a board-certified emergency medicine physician. He is the clinical service chief of Emergency Medicine at UC San Diego Health and co-medical director of the Emergency Departments in Hillcrest and La Jolla, where he oversees the care for people with acute illnesses and injuries. Dr. Vilke's expertise includes evaluation, immediate decision making and treatment to prevent further harm or disability in patients.
Emergency Medicine - Emergency Ultrasound

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Emergency Medicine - Hyperbaric Medicine & Wound Care

Caesar Anderson, MD, MPH
Medical Director, Hyperbaric Medicine and Wound Care

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

Encinitas - North El Camino Real

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 452-2222

Bio:
Caesar Anderson, MD, MPH, is a physician who specializes in hyperbaric medicine and limb salvaging with board certification in the practice of advanced wound care. He has expertise in the use of bioengineered skin substitutes and non-invasive vascular testing. Dr. Anderson serves as medical director of UC San Diego Health's Hyperbaric Medicine and Wound Care program in Encinitas.

Ian Grover, MD
Medical Director, Hyperbaric Medicine and Wound Care
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Ian Grover, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. His expertise includes preventing and treating disease and injury in divers and other individuals working in altered atmospheric conditions. Within UC San Diego Health’s Hyperbaric Medicine and Wound Care Program, Dr. Grover assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection.
Emergency Medicine - Hyperbaric Medicine & Wound Care (cont.)

**Stephen R. Hayden, MD**  
Professor of Clinical Medicine

**Specialty:**  
Emergency Medicine  
**Subspecialty:**  
Hyperbaric Medicine & Wound Care  
**Add'l Language:**  
Spanish

**Jacobs Medical Center**  
**Hillcrest - UC San Diego Medical Center**  
**La Jolla - 8910 Villa La Jolla**  
**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6400

**Bio:**  
Stephen R. Hayden, MD, FAAEM, FACEP, graduated from the accelerated six-year biomedical program at Rensselaer Polytechnic Institute and Albany Medical College and was elected to the Alpha Omega Alpha honor medical society. He did a General Surgery internship at the San Diego Naval Hospital, which was followed by a tour of duty as senior flight surgeon for the Naval Strike Warfare Center at the NAS Fallon, Nevada.

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**Irving Jacoby, MD**  
Attending Physician, Dept of Emergency Medicine & Hyperbaric Medicine  
Emeritus Clinical Professor of Medicine & Surgery

**Specialty:**  
Emergency Medicine  
**Subspecialties:**  
Disaster Medicine, Hyperbaric Medicine & Wound Care  
**Add'l Language:**  
Hebrew

**Encinitas - North El Camino Real**  
**Hillcrest - UC San Diego Medical Center**

**Contact:**  
New Patient Registration: (800) 926-8273

**Bio:**  
After 32 years of working in the Emergency Department, I will be taking retirement from UC San Diego, but look forward to maintaining my ties with the department on a part-time basis in the future. I will be continuing my work with the San Diego DMAT, and hope to be able to do many things I have put off for way too long.
James Killeen, MD
Emergency Medicine Physician
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
James Killeen, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.

Brian Snyder, MD
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

Bio:
UC San Diego Health Links
Christian A. Tomaszewski, MD

**Specialty:**
Emergency Medicine

**Subspecialties:**
Medical Toxicology, Hyperbaric Medicine & Wound Care

**Add'l Language:**
Spanish

Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Bio:**
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.

Karen Van Hoesen, MD

**Director, Diving Medicine**
**Co-Director, San Diego Center of Excellence in Diving**
**Professor of Emergency Medicine**

**Specialty:**
Emergency Medicine

**Subspecialty:**
Hyperbaric Medicine & Wound Care

Hillcrest - UC San Diego Medical Center
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Bio:**
Karen Van Hoesen, MD, is a board-certified emergency medicine physician who specializes in underwater and hyperbaric medicine. She is recognized as one of the world’s leading authorities on diving medicine. Within UC San Diego Health’s Hyperbaric Medicine and Wound Care Program, Dr. Van Hoesen assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection. She is also the co-director of the San Diego Center of Excellence in Diving (SDCED).
Emergency Medicine - Medical Toxicology

Richard F. Clark, MD
Medical Toxicologist
Director, Division of Toxicology
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Richard Clark, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Allyson Kreshak, MD, FACEP, FACMT
Emergency Medicine Physician and Medical Toxicologist
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Allyson Kreshak, MD, is a board-certified emergency medicine physician and medical toxicologist. She treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, she also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.
Emergency Medicine - Medical Toxicology (cont.)

Binh T. Ly, MD
Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Binh Ly, MD, is a board-certified medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.

Alicia Minns, MD

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Alicia Minns, MD, is a board-certified emergency medicine physician and medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisoning, overdoses, bites, stings, and related illnesses.

Aaron Schneir, MD
Emergency Medicine Physician and Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Aaron Schneir, MD, is a board-certified emergency medicine physician and medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and related illnesses.
Emergency Medicine - Medical Toxicology (cont.)

Christian A. Tomaszewski, MD

Specialty:
Emergency Medicine

Subspecialties:
Medical Toxicology, Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about Family Medicine at UC San Diego Health System.

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Family Medicine (cont.)

Yewah Jung, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Hang Tran, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women’s health.
Hospital Medicine

Hospital medicine is concerned with the medical care of acutely ill inpatients. Learn more about [hospital medicine](https://health.ucsd.edu) at UC San Diego Health System.

![Vaishal Tolia, MD, MPH, FACEP](image)

**Vaishal Tolia, MD, MPH, FACEP**
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

**Specialties:**
Emergency Medicine, Hospital Medicine

**Add'l Language:**
Gujarati

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

**Bio:**
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Neurology

Neurology is the branch of medicine that is concerned with the study and treatment of disorders of the nervous system. Learn more about neurology at UC San Diego Health System.

Anastasie Dunn-Pirio, MD
Neurologist

Specialty:
Neurology

Hillcrest - Medical Offices North
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-3500
Direct Clinic Line - Rancho Bernardo: (858) 605-4447

Bio:
Anastasie Dunn-Pirio, MD, is a board-certified neurologist who treats patients with general neurology disorders, as well as multiple sclerosis and other neuroimmunological disorders. She is also interested in the neurologic complications of cancer and cancer therapy.
Neurology - Dementia

Jose Angel Soria-Lopez, MD
Neurologist
Assistant Professor of Medicine

Specialty: Neurology
Subspecialty: Dementia
Add'l Language: Spanish

La Jolla - 4510 Executive Drive
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4447
Direct Clinic Line - La Jolla: (858) 657-8540

Bio:
Jose Soria-Lopez, MD, is a board-certified neurologist who treats patients with general neurology disorders, as well as memory disorders such as Alzheimer's disease and related dementias.
Neurosurgery - Spine

Martin H. Pham, MD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery

Subspecialties:
Minimally Invasive Surgery, Spine

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 4510 Executive Drive
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Martin Pham, MD, is a neurosurgeon who focuses on the neurosurgical evaluation and treatment of spinal disorders. This includes adult scoliosis and spinal deformity, complex spinal reconstruction, robotic and minimally invasive spine surgery, motion preservation of the spine, spine tumors, and spine trauma.
Obstetrics & Gynecology - General Gynecology

Gillian Mackay, MBBS, FACOG
Obstetrician/Gynecologist

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Add'l Language:**
German

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Gillian Mackay, MBBS, is a board-certified obstetrician/gynecologist who provides labor and delivery care for both low and high-risk pregnancies, as well as minimally invasive gynecological surgery, adolescent gynecology and contraception and family planning. She also performs office procedures such as hysteroscopy.
Occupational/Environmental Medicine

University of California San Diego Health System's Center for Occupational & Environmental Medicine (COEM) provides the San Diego area with a full range of services for: prevention and compliance assistance, work injury treatment & management, blood borne pathogen exposure, travel medicine & vaccinations, dive medicine, and case coordination. Learn more about [occupational/environmental medicine](https://health.ucsd.edu) at UC San Diego Health System.

![Michele Kowalski-McGraw, MD, MPH](image)

**Michele Kowalski-McGraw, MD, MPH**

Occupational Medicine Physician

**Specialty:**

Occupational/Environmental Medicine

**Rancho Bernardo - Via Tazon**

**Contact:**

New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-4228

**Bio:**

Michele Kowalski-McGraw, MD, MPH, is a board-certified occupational medicine physician. Her expertise is in restoring and maintaining the health of diverse working populations, including those in healthcare, service, manufacturing, distribution and technology.
Pediatrics - General Pediatrics

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.
Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.
Primary Care (cont.)

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspeciality:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspeciality:
General Pediatrics
Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.
Primary Care (cont.)

Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Yewah Jung, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Hang Tran, DO, MPH  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine  
**Add'l Language:**  
Vietnamese  

**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**  
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.

Anna Van Niekerk, DO  
Primary Care Physician

**Specialties:**  
Primary Care, Family Medicine  
**Add'l Languages:**  
Afrikaans, Spanish

**Rancho Bernardo - Via Tazon**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**  
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women's health.
Surgery - Minimally Invasive Surgery

**Martin H. Pham, MD**  
Neurosurgeon  
Assistant Professor of Surgery

**Specialties:**  
Neurosurgery, Surgery

**Subspecialties:**  
Minimally Invasive Surgery, Spine

**Add'l Language:**  
Spanish

Jacobs Medical Center  
La Jolla - 4510 Executive Drive  
Rancho Bernardo - Via Tazon

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-5540

**Bio:**  
Martin Pham, MD, is a neurosurgeon who focuses on the neurosurgical evaluation and treatment of spinal disorders. This includes adult scoliosis and spinal deformity, complex spinal reconstruction, robotic and minimally invasive spine surgery, motion preservation of the spine, spine tumors, and spine trauma.
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