UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America's Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

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<tr>
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Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties: Pediatrics, Primary Care
Subspecialty: General Pediatrics
Add'l Language: Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Amruti Borad, DO
Primary Care Physician

Specialties: Primary Care, Family Medicine
Add'l Language: Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Clark Bach, MD
Primary Care Physician

Specialties: Primary Care, Internal Medicine
Add'l Language: Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Leah M. Bruno, MD
Primary Care Physician

Specialties: Primary Care, Internal Medicine, Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Leah Bruno, MD, is an internist who provides primary care to adults, including preventive care, and diagnosis and treatment of acute and chronic diseases. Her practice includes the care of children and she has a special interest in adolescent medicine, providing care for teens and older young adults who may consider transitioning to an adult primary care doctor.
Primary Care (cont.)

**Anthony Bustamante, MD**  
Primary Care Physician  

**Specialties:**  
Primary Care, Family Medicine  

**Rancho Bernardo - Via Tazon**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  

**Bio:**  
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

**Lisa M. Coles, MD**  
Primary Care Physician  

**Specialties:**  
Primary Care, Family Medicine  

**Rancho Bernardo - Via Tazon**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  

**Bio:**  
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

**Robert Coles, MD**  
Pediatrician  

**Specialties:**  
Pediatrics, Primary Care  
**Subspeciality:**  
General Pediatrics  

**Rancho Bernardo - Via Tazon**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  

**Bio:**  
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

**Dalia Elias, MBBS**  
Primary Care Physician  

**Specialties:**  
Primary Care, Internal Medicine  
**Add'l Language:**  
Malayalam  

**Rancho Bernardo - Via Tazon**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  

**Bio:**  
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.
Primary Care (cont.)

Sabiha Hussain, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Urdu

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

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Yewah Jung, DO, MPH
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

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Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

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Breanna (Bree) Lustre, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Primary Care (cont.)

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides compassionate, evidence-based primary care to newborns and children up to age 18. He has a special interest in newborn care and helping parents with their infant care questions and concerns. Dr. Shleifer also provides well-check and sick visits, treats injuries; manages chronic pediatric conditions such as asthma, eczema (atopic dermatitis); and treats certain behavioral health conditions, such as attention-deficit/hyperactivity disorder (ADHD).

Hang Tran, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women's health.
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