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# Table of Contents

## Cardiology
- Electrophysiology .......................................................................................... i
- General Cardiology .......................................................................................... 2
- Heart Failure .................................................................................................. 3
- Interventional Cardiology .............................................................................. 1

## Emergency Medicine
- Critical Care .................................................................................................. i
- Disaster Medicine .......................................................................................... 6
- Emergency Ultrasound .................................................................................. 7
- Hyperbaric Medicine & Wound Care .............................................................. 8
- Medical Toxicology ...................................................................................... 11

## ENT/Head and Neck (Otolaryngology)
- Facial Nerve Disorders .................................................................................. i
- Facial Plastic Surgery ..................................................................................... i
- General Otolaryngology (ENT) ....................................................................... i
- Head & Neck Surgery Oncology ..................................................................... i
- Hearing & Balance Disorders ....................................................................... i
- Laryngology .................................................................................................... i
- Otology & Neurotology / Skull-Base Surgery ................................................. i
- Sinus & Rhinology .......................................................................................... i
- Thyroid & Parathyroid Surgery ..................................................................... i

## Family Medicine
- Integrative & Holistic Medicine ................................................................... i

## Gastroenterology
- General Gastroenterology ........................................................................... i
- GI Cancer ........................................................................................................ i
- GI Motility ....................................................................................................... i
- Inflammatory Bowel Diseases ......................................................................... i
- Interventional Endoscopy / Pancreas & Bile Ducts ......................................... i

## Hospital Medicine
- Complex Care Pediatrics .................................................................................... i

## Internal Medicine
- Emergency Ultrasound .................................................................................. i
- Disaster Medicine .......................................................................................... 6
- Emergency Ultrasound .................................................................................. 7
- Hyperbaric Medicine & Wound Care .............................................................. 8
- Medical Toxicology ...................................................................................... 11

## Neurology
- Dementia ......................................................................................................... 22
- Epilepsy ............................................................................................................ i
- Headache ......................................................................................................... i
- Movement Disorders ..................................................................................... i
- Neurocritical Care .......................................................................................... i
- Stroke .............................................................................................................. i

## Neurosurgery
- Complex Cranial Surgery ............................................................................ i
- Endovascular Neurosurgery .......................................................................... i
- Neurological Oncology .................................................................................. i
- Spine ................................................................................................................ i

## Obstetrics & Gynecology
- General Gynecology ..................................................................................... i
- Gynecologic Oncology .................................................................................. i
- Maternal-Fetal Medicine (Perinatology) ......................................................... i
- Midwifery ......................................................................................................... i
- Reproductive Endocrinology and Infertility .................................................. i
- Urogynecology ................................................................................................. i

## Occupational/Environmental Medicine
- Occupational Therapy ................................................................................... i
- Physical Therapy ............................................................................................ i

## Pediatrics
- Adolescent Medicine ...........................................................................................
- Complex Care Pediatrics .............................................................................. i
- Developmental-Behavioral Pediatrics ............................................................. i
- General Pediatrics ......................................................................................... 27
- Neonatal-Perinatal Medicine ........................................................................ i
- Newborn Hospital Care .................................................................................. i
- Travel Medicine .............................................................................................. i

## Primary Care
- Occupational Therapy ................................................................................... i
- Physical Therapy ............................................................................................ i

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Thursday, March 12, 2020
Surgery

Critical Care .......................................................................................................................... ii
General and Gastrointestinal Surgery ...................................................................................... ii
Hepatobiliary Surgery ............................................................................................................... ii
Minimally Invasive Surgery .................................................................................................... 34
Surgical Oncology .................................................................................................................. ii
Thyroid and Parathyroid Surgery ........................................................................................... ii
Trauma .................................................................................................................................. ii
Index ..................................................................................................................................... 35
Cardiology

Cardiology is the branch of medicine specializing in the study and treatment of heart conditions. Learn more about cardiology at UC San Diego Health.

Calvin Yeang, MD, PhD
Cardiologist

Specialty:
Cardiology
Add'l Language:
Mandarin

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4448

Bio:
Calvin Yeang, MD, PhD, is a board-certified cardiologist who specializes in general cardiology and heart disease management as well as preventive cardiology, echocardiography and lipid disorders, including lipoprotein(a).
Cardiology - General Cardiology

Anya Narezkina, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialty:
General Cardiology

Add'l Language:
Russian

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530
Direct Clinic Line - Rancho Bernardo: (858) 605-4448

Bio:
Anya Narezkina, MD, is a board-certified cardiologist who specializes in cardio-oncology. The field of cardio-oncology focuses on treating and preventing heart conditions in patients who are treated for cancer.

Nicholas Phreaner, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialties:
General Cardiology, Heart Failure

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Rancho Bernardo: (858) 605-4448

Bio:
Nicholas Phreaner, MD, is a board-certified cardiologist who specializes in the treatment and prevention of general cardiovascular conditions such as atherosclerotic heart disease, congestive heart failure, and irregular heart beat (arrhythmia).
Nicholas Phreaner, MD
Cardiologist
Assistant Professor of Medicine

Specialties:
Cardiology
Subspecialties:
General Cardiology, Heart Failure

Sulpizio Cardiovascular Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Rancho Bernardo: (858) 605-4448

Bio:
Nicholas Phreaner, MD, is a board-certified cardiologist who specializes in the treatment and prevention or general cardiovascular conditions such as atherosclerotic heart disease, congestive heart failure, and irregular heart beat (arrhythmia).
Emergency Medicine

Emergency Medicine is the medical specialty dealing with the immediate treatment of patients whose condition is critical, requiring immediate action. Learn more about emergency medicine at UC San Diego Health.

Theodore (Ted) Chan, MD, FACEP, FAAEM
Emergency Medicine Physician
Chair of Emergency Medicine

Specialty:
Emergency Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Theodore "Ted" Chan, MD, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate specialty departments.

Christanne H. Coffey, MD, FACEP
Emergency Medicine Physician
Assistant Professor of Medicine

Specialty:
Emergency Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Christanne Hoffman Coffey, MD, FACEP, is a board-certified emergency medicine physician. She treats and cares for people in the emergency department, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Kama Z. Guluma, MD
Emergency Medicine Physician
Professor of Emergency Medicine

Specialty:
Emergency Medicine

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Medicine (cont.)

Fraid Mostamand, DO

Specialty: Emergency Medicine
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Sean-Xavier Neath, MD, PhD
Assistant Clinical Professor of Medicine

Specialty: Emergency Medicine
Add'l Languages: French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Vaishal Tolia, MD, MPH, FACEP
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

Specialties: Emergency Medicine, Hospital Medicine
Add'l Language: Gujarati
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Christopher Kahn, MD, MPH
Chief, Division of Emergency Medical Services and Disaster Medicine
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialty:
Disaster Medicine

Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Christopher Kahn, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people admitted to the emergency room and those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Gary M. Vilke, MD
Clinical Service Chief, Emergency Medicine
Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialty:
Disaster Medicine

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Gary M. Vilke, MD, is a board-certified emergency medicine physician. He is the clinical service chief of Emergency Medicine at UC San Diego Health and co-medical director of the Emergency Departments in Hillcrest and La Jolla, where he oversees the care for people with acute illnesses and injuries. Dr. Vilke’s expertise includes evaluation, immediate decision making and treatment to prevent further harm or disability in patients.
Emergency Medicine - Emergency Ultrasound

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Ian Grover, MD
Medical Director, Hyperbaric Medicine and Wound Care
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - Hillcrest: (619) 543-6400
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600

Bio:
Ian Grover, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. His expertise includes preventing and treating disease and injury in divers and other individuals working in altered atmospheric conditions. Within UC San Diego Health’s Hyperbaric Medicine and Wound Care Program, Dr. Grover assesses a person’s fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection.

Stephen R. Hayden, MD
Emergency Medicine Physician
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

Bio:
Stephen R. Hayden, MD, FAAEM, FACEP, graduated from the accelerated six-year biomedical program at Rensselaer Polytechnic Institute and Albany Medical College and was elected to the Alpha Omega Alpha honor medical society. He did a General Surgery internship at the San Diego Naval Hospital, which was followed by a tour of duty as senior flight surgeon for the Naval Strike Warfare Center at the NAS Fallon, Nevada.
James Killeen, MD  
Emergency Medicine Physician  
Professor of Emergency Medicine  

Specialty: Emergency Medicine  
Subspecialty: Hyperbaric Medicine & Wound Care  

La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Rancho Bernardo - Via Tazon  

Contact:  
New Patient Registration: (800) 926-8273  
Emergency Department - Hillcrest: (619) 543-6400  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - La Jolla: (858) 657-7600  

Bio:  
James Killeen, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Anthony John Medak, MD  
Associate Physician  
Assistant Clinical Professor of Emergency Medicine  

Specialty: Emergency Medicine  
Subspecialties: Emergency Ultrasound, Hyperbaric Medicine & Wound Care  
Add'l Language: Spanish  

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6463  

Bio:  
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.

Brian Snyder, MD  
Emergency Medicine Physician  
Associate Professor of Emergency Medicine  

Specialty: Emergency Medicine  
Subspecialty: Hyperbaric Medicine & Wound Care  

Hillcrest - UC San Diego Medical Center  
Rancho Bernardo - Via Tazon  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6400  

Bio:  
UC San Diego Health Links
Christian A. Tomaszewski, MD  
**Specialty:**  
Emergency Medicine  
**Subspecialties:**  
Medical Toxicology, Hyperbaric Medicine & Wound Care  
**Add'l Language:**  
Spanish  

**Hillcrest - UC San Diego Medical Center**  
La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-6800  

**Bio:**  
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.

Karen Van Hoesen, MD  
**Director, Diving Medicine**  
**Co-Director, San Diego Center of Excellence in Diving**  
**Professor of Emergency Medicine**  

**Hillcrest - UC San Diego Medical Center**  
**Hillcrest - 4th & Lewis Medical Offices**  
La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6400  

**Bio:**  
Karen Van Hoesen, MD, is a board-certified emergency medicine physician who specializes in undersea and hyperbaric medicine. She is recognized as one of the world's leading authorities on diving medicine. Within UC San Diego Health's [Hyperbaric Medicine and Wound Care Program](https://health.ucsd.edu), Dr. Van Hoesen assesses a person's fitness to dive, treats diving accidents and uses hyperbaric oxygen therapy (HBOT) to treat conditions such as decompression illness, carbon monoxide poisoning, gas gangrene, non-healing wounds and tissue damage from radiation, burns or infection. She is also the co-director of the [San Diego Center of Excellence in Diving](https://health.ucsd.edu) (SDCED).
Emergency Medicine - Medical Toxicology

Richard F. Clark, MD
Medical Toxicologist
Director, Division of Toxicology
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Dr. Richard Clark, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments.

Allyson Kreshak, MD, FACEP, FACMT
Emergency Medicine Physician and Medical Toxicologist
Associate Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400
Emergency Department - La Jolla: (858) 657-7600

Bio:
Allyson Kreshak, MD, is a board-certified emergency medicine physician and medical toxicologist. She treats and cares for patients in the emergency department and urgent care, including those with life-threatening or critical conditions. Her care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, she also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.
Emergency Medicine - Medical Toxicology (cont.)

Binh T. Ly, MD
Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Binh Ly, MD, is a board-certified medical toxicologist. He provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and other related problems.

Alicia Minns, MD

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Alicia Minns, MD, is a board-certified medical toxicologist. She provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and related problems.

Aaron Schneir, MD
Emergency Medicine Physician and Medical Toxicologist
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Medical Toxicology

La Jolla - 8910 Villa La Jolla
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Aaron Schneir, MD, is a board-certified emergency medicine physician and medical toxicologist. He treats patients in the emergency department and urgent care, including those with life-threatening or critical conditions. His care may include evaluation, resuscitation, stabilization, and referring patients to appropriate medical departments. As a medical toxicologist, he also provides bedside assessment and management of both inpatients and outpatients with poisonings, overdoses, bites, stings, and related illnesses.
Christian A. Tomaszewski, MD

**Specialty:**
Emergency Medicine

**Subspecialties:**
Medical Toxicology, Hyperbaric Medicine & Wound Care

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

**Bio:**
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.
ENT/Head and Neck (Otolaryngology)

The surgical specialty of the head and neck – or ear, nose and throat (ENT). Learn more about ENT/head and neck at UC San Diego Health.

Sharon Mick, MSN, FNP-C
Family Nurse Practitioner

Specialty:
ENT/Head and Neck (Otolaryngology)

La Jolla - Perlman Medical Offices
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 657-8590
Direct Clinic Line - Rancho Bernardo: (858) 605-4456

Bio:
Sharon Mick, MSN, is a certified family nurse practitioner (FNP-C) with Head and Neck Surgery at UC San Diego Health. She specializes in treating ear infections and providing professional ear cleanings or earwax removal using special miniature instruments. Ms. Mick sees a variety of conditions that may lead to earwax buildup, including narrow ear canals, Swimmer’s ear, dry ear wax, or an overproduction of earwax. She frequently performs ear cleanings for individuals with hearing aids.
Leslie (Kon) Gomez, MSN, FNP-C
Nurse Practitioner

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Leslie Gomez, MSN, is a board-certified nurse family nurse practitioner (FNP-C) who treats adults with acute or recurring inflamed sinuses (sinusitis), inflammation of the sinuses and nasal cavity (rhinosinusitis), and sinus infections. She also provides care for recurring nosebleeds, general ear, nose and throat conditions, ear wax buildup and hearing loss.
Leslie (Kon) Gomez, MSN, FNP-C
Nurse Practitioner

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Leslie Gomez, MSN, is a board-certified nurse family nurse practitioner (FNP-C) who treats adults with acute or recurring inflamed sinuses (sinusitis), inflammation of the sinuses and nasal cavity (rhinosinusitis), and sinus infections. She also provides care for recurring nosebleeds, general ear, nose and throat conditions, earwax buildup and hearing loss.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Amruti Borad, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

Anthony Bustamante, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Family Medicine (cont.)

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women's health.

Gastroenterology - General Gastroenterology

Ethan Bortniker, MD
Gastroenterologist
Assistant Professor of Medicine

Specialty:
Gastroenterology

Subspecialty:
General Gastroenterology

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4457

Bio:
Ethan Bortniker, MD, is a board-certified gastroenterologist who treats digestive diseases and liver conditions.
Hospital Medicine

Hospital medicine is concerned with the medical care of acutely ill inpatients.

Vaishal Tolia, MD, MPH, FACEP
Medical Director, Emergency Department
Associate Professor of Emergency Medicine

Specialties:
Emergency Medicine, Hospital Medicine

Add'l Language:
Gujarati

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Emergency Department - Hillcrest: (619) 543-6400

Bio:
Vaishal Tolia, MD, MPH, is a board-certified emergency medicine physician. He treats and cares for people in the emergency department and urgent care, including those with life-threatening or critical conditions. This care may include evaluation, resuscitation, stabilization and referring patients to appropriate specialty departments.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

### Clark Bach, MD
**Primary Care Physician**

**Specialties:**
Primary Care, Internal Medicine  
**Add'l Language:**
Vietnamese

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

### Dalia Elias, MBBS
**Primary Care Physician**

**Specialties:**
Primary Care, Internal Medicine  
**Add'l Language:**
Malayalam

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

### Michael A. Smith, MD
**Primary Care Physician**

**Specialties:**
Primary Care, Internal Medicine

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

**Bio:**
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Neurology

Neurology is the branch of medicine that is concerned with the study and treatment of disorders of the nervous system. Learn more about [neurology](https://health.ucsd.edu) at UC San Diego Health.

**Anastasie Dunn-Pirio, MD**

Neurologist

**Specialty:**
Neurology

**Hillcrest - Medical Offices North**
**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-3500
Direct Clinic Line - Rancho Bernardo: (858) 605-4447

**Bio:**
Anastasie Dunn-Pirio, MD, is a board-certified neurologist who treats patients with general neurology disorders, as well as multiple sclerosis and other neuroimmunological disorders. She is also interested in the neurologic complications of cancer and cancer therapy.
Neurology - Dementia

Jose Angel Soria-Lopez, MD
Neurologist
Assistant Professor of Medicine

Specialty:
Neurology

Subspecialty:
Dementia

Add'l Language:
Spanish

Rancho Bernardo - Via Tazon
La Jolla - East Campus Office Building (ECOB)

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo:: (858) 605-4447
Direct Clinic Line - La Jolla:: (858) 657-8540

Bio:
Jose Soria-Lopez, MD, is a board-certified neurologist who treats patients with general neurology disorders, as well as memory disorders such as Alzheimer's disease and related dementias.
Neurosurgery - Spine

Martin H. Pham, MD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery

Subspecialties:
Minimally Invasive Surgery, Spine

Add'l Language:
Spanish

Jacobs Medical Center
Rancho Bernardo - Via Tazon
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Martin Pham, MD, is a neurosurgeon who focuses on the neurosurgical evaluation and treatment of spinal disorders. This includes adult scoliosis and spinal deformity, complex spinal reconstruction, robotic and minimally invasive spine surgery, motion preservation of the spine, spine tumors, and spine trauma.
Obstetrics & Gynecology - General Gynecology

Gillian Mackay, MBBS, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Additional Language:
German

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Gillian Mackay, MBBS, is a board-certified obstetrician/gynecologist who provides labor and delivery care for both low and high-risk pregnancies, as well as minimally invasive gynecological surgery, adolescent gynecology and contraception and family planning. She also performs office procedures such as hysteroscopy.

Kelly M. Phillips, MSN, WHNP-BC, IBCLC
Women’s Health Nurse Practitioner

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Rancho Bernardo: (858) 605-4454

Bio:
Kelly Phillips, MSN, is a board-certified women’s health nurse practitioner (WHNP-BC) and lactation consultant. She provides routine prenatal and postnatal care, well woman exams, comprehensive gynecological care and family planning services. She often sees individuals with gynecologic conditions such as vaginitis, abnormal pap smears, pelvic pain, and pain during menstruation (dysmenorrhea).
Obstetrics & Gynecology - Midwifery

Anne Cooper, MSN, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Anne Cooper, MSN, is a certified nurse-midwife (CNM) who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Vanessa Wright, MSN, CNM, WHNP-BC
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Rancho Bernardo - Via Tazon
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Rancho Bernardo: (858) 605-4454

Bio:
Vanessa Wright, MSN, is a certified-nurse midwife (CNM) who provides family-centered maternity care, family planning and well-woman care. She can deliver babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.
Occupational/Environmental Medicine

UC San Diego Health’s Occupational and Environmental Medicine provides the San Diego area with a full range of services for prevention and compliance assistance; work injury treatment and management; blood borne pathogen exposure; vaccinations; and case coordination. Learn more about occupational and environmental medicine at UC San Diego Health.

Michele Kowalski-McGraw, MD, MPH
Occupational Medicine Physician

Specialty:
Occupational/Environmental Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-4228

Bio:
Michele Kowalski-McGraw, MD, MPH, is a board-certified occupational medicine physician. Her expertise is in restoring and maintaining the health of diverse working populations, including those in healthcare, service, manufacturing, distribution and technology.
Pediatrics - General Pediatrics

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also experienced in both the acute and preventive management of asthma.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.
Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.
Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

**Tamantha (Tami) Arlata, MD**  
Pediatrician

Specialties: Pediatrics, Primary Care  
Subspecialty: General Pediatrics  
Add'l Language: Tagalog

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4453

Bio:  
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also experienced in both the acute and preventive management of asthma.

**Clark Bach, MD**  
Primary Care Physician

Specialties: Primary Care, Internal Medicine  
Add'l Language: Vietnamese

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

Bio:  
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

**Amruti Borad, DO**  
Primary Care Physician

Specialties: Primary Care, Family Medicine  
Add'l Language: Spanish

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

Bio:  
Amruti Borad, DO, is a board-certified family medicine doctor. She provides primary care for patients of all ages, with a special interest in the management of chronic diseases, such as diabetes, high blood pressure, high cholesterol, kidney disease and liver disease. She also focuses on women's health, including contraception and menopause; all aspects of pediatrics and adolescent health; and the treatment of chronic pain with osteopathic manipulative therapy.

**Anthony Bustamante, MD**  
Primary Care Physician

Specialties: Primary Care, Family Medicine

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 605-4452

Bio:  
Anthony Bustamante, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. He provides preventative care, as well as the diagnosis of acute and chronic diseases, including diabetes, chronic heart disease, chronic kidney disease, asthma, depression and anxiety and many dermatologic conditions.
Primary Care (cont.)

Lisa M. Coles, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Lisa Coles, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic disease and also provides in-office based procedures such as skin biopsies, joint injections, and contraception.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Dudley (Doug) Elmore, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.
Primary Care (cont.)

Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Addl Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Tyson Ikeda, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Tyson Ikeda, MD, is a board-certified family medicine doctor and clinical service chief of Family Medicine at UC San Diego Health. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.
Primary Care (cont.)

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Anna Van Niekerk, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Languages:
Afrikaans, Spanish

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Anna Van Niekerk, DO, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adults, and seniors. She provides preventative care, as well as the diagnosis and treatment of acute and chronic conditions. Dr. Van Niekerk also sees patients for dermatological concerns and women's health.

Michael A. Smith, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Michael Smith, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.
Rehabilitation - Physical Therapy

Carter McElroy, MPT
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy
Add'l Language: Spanish

Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333
Direct Clinic Line - Rancho Bernardo: (858) 605-4446

Bio:
Carter McElroy, MPT, is a physical therapist who specializes in treating people with various balance conditions. He often works with patients who have Parkinson's disease or vestibular disorders, as well as stroke survivors. He is also experienced in treating patients with various orthopedic injuries.

Christopher Rudd, DPT, OCS
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy

Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333
Direct Clinic Line - Rancho Bernardo: (858) 605-4446

Bio:
Chris Rudd, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS) who specializes in sports medicine. He works with individuals to treat and prevent injuries, and also helps athletes to improve their performance. Mr Rudd's approach to care is based on evidence-based treatment interventions with an emphasis on manual therapy and correcting faulty movement patterns through exercise and education.
Surgery - Minimally Invasive Surgery

Martin H. Pham, MD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery
Subspecialties:
Minimally Invasive Surgery, Spine
Add'l Language:
Spanish

Jacobs Medical Center
Rancho Bernardo - Via Tazon
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Martin Pham, MD, is a neurosurgeon who focuses on the neurosurgical evaluation and treatment of spinal disorders. This includes adult scoliosis and spinal deformity, complex spinal reconstruction, robotic and minimally invasive spine surgery, motion preservation of the spine, spine tumors, and spine trauma.
# Index

<table>
<thead>
<tr>
<th>A</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Arlata, Tamantha (Tami)</td>
<td>27, 29</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Bach, Clark</td>
<td>20, 29</td>
</tr>
<tr>
<td>Borad, Amruti</td>
<td>17, 29</td>
</tr>
<tr>
<td>Bottniker, Ethan</td>
<td>18</td>
</tr>
<tr>
<td>Bustamante, Anthony</td>
<td>17, 29</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>C</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Chan, Theodore (Ted)</td>
<td>4</td>
</tr>
<tr>
<td>Clark, Richard F.</td>
<td>11</td>
</tr>
<tr>
<td>Coffey, Christanne H.</td>
<td>4</td>
</tr>
<tr>
<td>Coles, Lisa M.</td>
<td>17, 30</td>
</tr>
<tr>
<td>Coles, Robert</td>
<td>27, 30</td>
</tr>
<tr>
<td>Cooper, Anne</td>
<td>25</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>D</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Dunn-Pirio, Anastasie</td>
<td>21</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>E</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Elias, Dalia</td>
<td>20, 30</td>
</tr>
<tr>
<td>Elmore, Dudley (Doug)</td>
<td>30</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>G</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Gomez, Leslie (Kon)</td>
<td>15, 16</td>
</tr>
<tr>
<td>Grover, Ian</td>
<td>8</td>
</tr>
<tr>
<td>Guluma, Kama Z.</td>
<td>4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>H</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Hayden, Stephen R.</td>
<td>8</td>
</tr>
<tr>
<td>Hussain, Sabiha</td>
<td>27, 31</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>I</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Ikeda, Tyson</td>
<td>17, 31</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>K</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Kahn, Christopher</td>
<td>6</td>
</tr>
<tr>
<td>Killeen, James</td>
<td>9</td>
</tr>
<tr>
<td>Kowalski-McGraw, Michele</td>
<td>26</td>
</tr>
<tr>
<td>Kreshak, Allyson</td>
<td>11</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>L</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Leithem, Desiree</td>
<td>31</td>
</tr>
<tr>
<td>Ly, Binh T.</td>
<td>12</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>M</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mackay, Gillian</td>
<td>24</td>
</tr>
<tr>
<td>McElroy, Carter</td>
<td>33</td>
</tr>
<tr>
<td>Medak, Anthony John</td>
<td>7, 9</td>
</tr>
<tr>
<td>Mick, Sharon</td>
<td>14</td>
</tr>
<tr>
<td>Minns, Alicia</td>
<td>12</td>
</tr>
<tr>
<td>Mostamand, Fraid</td>
<td>5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>N</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Narezkina, Anya</td>
<td>2</td>
</tr>
<tr>
<td>Neath, Sean-Xavier</td>
<td>5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>P</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Pham, Martin H.</td>
<td>23, 34</td>
</tr>
<tr>
<td>Phillips, Kelly M.</td>
<td>24</td>
</tr>
<tr>
<td>Phreaner, Nicholas</td>
<td>2, 3</td>
</tr>
</tbody>
</table>

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