UC San Diego Health Physician Directory

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For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Obstetrics & Gynecology - General Gynecology

Elise S. Brown, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology

College Area - 6719 Alvarado Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 229-6585

Bio:
Elise Star Brown, MD, FACOG, is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, gynecological infections or sexually transmitted diseases. In addition, she also provides bio-identical hormone treatment for menopausal symptoms.

Perri Wittgrove, MD, FACOG, FACS
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

College Area - 6719 Alvarado Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 229-6585

Bio:
Perri Lynne Wittgrove, MD, FACOG, FACS is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, abnormal pap smears, and abnormal menses. In addition, she treats fibroids, as well as gynecological infections and sexually transmitted infections.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

**Kristin Cadenhead, MD**  
Psychiatrist  
Professor of Psychiatry  

**Specialty:** Psychiatry  
**Hillcrest - 140 Arbor Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7745  
Direct Clinic Line: (619) 543-6445  

**Bio:**  
Kristin Cadenhead, MD, is a board-certified psychiatrist and director of UC San Diego Health's [early psychosis treatment program](https://health.ucsd.edu). This clinical and research program offers specialized care for adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental illness.

**Lama Muhammad, MD**  
Psychiatrist  
Assistant Professor of Psychiatry  

**Specialty:** Psychiatry  
**Add'l Language:** Arabic  
**Hillcrest - 140 Arbor Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Lama Muhammad, MD, is a psychiatrist whose practice focuses on the mind-body connection and its relationship to mental health disorders. She also has expertise in mental illnesses related to autoimmune disorders, and in understanding the cultural dimensions of mental health.

**Ashley L. Clark, MD**  
Psychiatrist  
Associate Professor of Psychiatry  

**Specialty:** Psychiatry  
**La Jolla - 8950 Villa La Jolla Drive Hillcrest - 140 Arbor Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 534-7792  

**Bio:**  
Ashley Clark, MD, is board-certified psychiatrist whose practice focuses on women's reproductive mental health issues, such as premenstrual dysphoric disorder (PMDD), and mood and anxiety disorders during pregnancy and the postpartum period. She is part of the [Women's Reproductive Mental Health Program](https://health.ucsd.edu) at UC San Diego Health.

**Isabel Ribeiro Caldas Domingues, MD**  
Psychiatrist  
Assistant Professor of Psychiatry  

**Specialty:** Psychiatry  
**Add'l Languages:** Portuguese, Spanish  
**Hillcrest - 140 Arbor Drive**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7745  

**Bio:**  
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the "prodromal" (early) phase.
Psychiatry (cont.)

Louisa Steiger, MD

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Jessica L. Thackaberry, MD

Psychiatrist
Assistant Professor of Psychiatry

**Specialty:** Psychiatry

**Hillcrest - 140 Arbor Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Jessica L. Thackaberry, MD, is a psychiatrist who provides compassionate, knowledgeable care to those seeking general mental health outpatient services. She has clinical expertise in telemedicine for mental health and, as an assistant professor in the Department of Psychiatry, has research interests in helping the underserved and providing community-based mental health services.
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