UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Amy Trewella, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.
Obstetrics & Gynecology - General Gynecology

Elise S. Brown, MD, FACOG
Obstetrician/Gynecologist

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology

**College Area - 6719 Alvarado Rd**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 229-6585

**Bio:**  
Elise Star Brown, MD, FACOG, is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, gynecological infections or sexually transmitted diseases. In addition, she also provides bio-identical hormone treatment for menopausal symptoms.

Perri Wittgrove, MD, FACOG, FACS
Obstetrician/Gynecologist

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** General Gynecology

**Add'l Language:** Spanish

**College Area - 6719 Alvarado Rd**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 229-6585

**Bio:**  
Perri Lynne Wittgrove, MD, FACOG, FACS is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, abnormal pap smears, and abnormal menses. In addition, she treats fibroids, as well as gynecological infections and sexually transmitted infections.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Amy Trewella, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.
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