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Genetic Counseling

Taylor J. Berninger, MS, MA, MEd, CGC
Genetic Counselor

Specialty:
Genetic Counseling

Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Taylor Berninger, MS, MA, MEd, is a board-certified genetic counselor who provides assessment and counseling for individuals and their partners before and/or during pregnancy. She helps mothers understand how genes, family history, birth defects or other medical conditions can affect their or their baby’s health. She is part of the Maternal-Fetal Care and Genetics team, which offers ultrasound and prenatal diagnostic testing for both low-risk and high-risk pregnancies.

Lauren Korty, MS, CGC
Genetic Counselor

Specialty:
Genetic Counseling

Moores Cancer Center
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-3240
Direct Clinic Line: (858) 657-7200

Bio:
Lauren Korty, MS, is a board-certified genetic counselor who provides risk assessment and genetic counseling for patients and their families. She helps people investigate their family health history, navigate the genetic testing process, and understand and adapt to the medical or psychological implications of genetic diseases. Ms. Korty’s expertise includes evaluating hereditary cancer syndromes, as well as prenatal genetic counseling.

Christina Brock, MS, CGC
Genetic Counselor

Specialty:
Genetic Counseling

Add'l Language:
Spanish

Moores Cancer Center
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-3240

Bio:
Christina Brock, MS, is a board-certified genetic counselor who provides risk assessment and genetic counseling for patients and their families. She helps people investigate their family health history, navigate the genetic testing process, and understand and adapt to the medical or psychological implications of genetic diseases.

Andrea Procko, MS, PhD, CGC
Genetic Counselor

Specialty:
Genetic Counseling

Sorrento Valley - Directors Place
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200
Direct Clinic Line - Moores Cancer Center: (858) 822-3240

Bio:
Andrea Procko, MS, PhD, CGC, is a board-certified genetic counselor who provides risk assessment and genetic counseling for patients and their families. She helps people investigate their family health history, navigate the genetic testing process, and understand and adapt to the medical or psychological implications of genetic diseases. She primarily serves as a prenatal genetic counselor working with individuals and their partners before and/or during pregnancy. She helps parents understand how genes, family history, birth defects, or other medical conditions can affect their or their baby’s health.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Hindi, Punjabi

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Nicole Mandich, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.
Internal Medicine (cont.)

Marlene Millen, MD
Primary Care Physician
Chief Medical Information Officer, Ambulatory Care
Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Sorrento Valley - Directors Place**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

**Bio:**
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD
Primary Care Physician
Assistant Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Sorrento Valley - Directors Place**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

**Bio:**
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Greek

Sorrento Valley - Directors Place
Hillcrest - Medical Offices South
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.

Andrew D. Hull, BMBS, FRCOG, FACOG
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Andrew D. Hull, BMBS, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Hull’s expertise includes caring for pregnant women with chronic medical problems, including HIV; pregnancies complicated by fetal disorders such as isoimmunization and complex birth defects; and placental disorders such as placenta accreta.
Thomas F. Kelly, MD  
Perinatologist  
Chief, Division of Perinatal Medicine  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)

Sorrento Valley - Directors Place  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Sorrento Valley: (858) 657-7200

**Bio:**
Thomas F. Kelly, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. His expertise includes medical complications of pregnancy and fetal diagnosis.

Leah Lamale-Smith, MD  
Perinatologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)  
**Add'l Language:** Spanish

Sorrento Valley - Directors Place  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200

**Bio:**
Leah Lamale-Smith, MD, is a board-certified obstetrician/gynecologist who specializes in high-risk pregnancies. As a provider of maternal-fetal medicine, she cares for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Lamale-Smith’s expertise is in performing invasive fetal procedures for prenatal screening and diagnosis, including chorionic villus sampling (CVS), amniocentesis, and fetal blood sampling and intrauterine transfusion. She is also experienced in caring for women with higher-order multiples, women with complex medical conditions such as autoimmune disorders and cardiac disease, and critically ill women who require intensive care during their pregnancy or postpartum period.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology) (cont.)

**Louise C. Laurent, MD, PhD**  
Perinatologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)

**Sorrento Valley - Directors Place**  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200

**Bio:**  
Louise C. Laurent, MD, PhD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Laurent’s expertise is in treating women who are at risk for preeclampsia or fetal growth restriction.

**Thomas Moore, MD**  
Interim Chief Medical Officer  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)

**Sorrento Valley - Directors Place**  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200

**Bio:**  
Thomas Moore, MD, is a board-certified maternal-fetal medicine specialist. He provides prenatal care for women with high-risk pregnancies, and is recognized nationally as an expert on pregnancy and diabetes. Dr. Moore has been ranked several times as one of the top obstetricians and gynecologists in the nation by U.S. News & World Report, as well as been named repeatedly as a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society. Most recently he received the Louis M. Hellman MD Midwifery Partnership Award from the American College of Obstetricians and Gynecologists.
**Gladys "Sandy" Ramos, MD**

**Perinatologist**  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)  
**Add'l Language:** Spanish

**Jacobs Medical Center**  
**Hillcrest - Medical Offices South**  
**Sorrento Valley - Directors Place**  
**Hillcrest - UC San Diego Medical Center**  
**Encinitas - Garden View Court**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Sorrento Valley: (858) 657-7200  
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**  
Gladys "Sandy" Ramos, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women with complex health or fetal issues. Dr. Ramos’ expertise is in treating women with diabetes to help ensure safe deliveries of healthy infants while maintaining optimal health for mothers. She is also experienced in managing placenta accreta and other high-risk issues.

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**Robert Resnik, MD**

**Professor Emeritus of Obstetrics, Gynecology, and Reproductive Sciences**  
**Perinatologist**

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)

**Hillcrest - Medical Offices South**  
**Sorrento Valley - Directors Place**  
**Jacobs Medical Center**  
**Hillcrest - UC San Diego Medical Center**  
**Encinitas - Garden View Court**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-7878  
Direct Clinic Line - Sorrento Valley: (858) 657-7200

**Bio:**  
Robert Resnik, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Resnik’s expertise includes treating fetal growth restriction and placenta accreta.
Maryam Tarsa, MD
Professor of Obstetrics, Gynecology, and Reproductive Sciences
Perinatologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Farsi

Jacobs Medical Center
Sorrento Valley - Directors Place
Hillcrest - Medical Offices South
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Maryam Tarsa, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Tarsa's expertise includes fetal imaging and treating pregnant women with autoimmune disorders, infectious diseases and transplants. She also cares for women having twins or higher-order multiples.

Douglas Andrew Woelkers, MD
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Spanish

Jacobs Medical Center
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Douglas Andrew Woelkers, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Woelkers' expertise includes preeclampsia, thrombophilia and placental insufficiency.
Richard B. Wolf, DO
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Jacobs Medical Center
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Richard B. Wolf, DO, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Wolf's expertise includes fetal imaging, amniotic fluid abnormalities, blood clotting disorders during pregnancy and blood group (Rh) incompatibility.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Sonia Bajwa-Dulai, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Hindi, Punjabi

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Sonia Bajwa-Dulai, MD, is a primary care physician, board-certified in internal medicine. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases, as well as basic well-woman care.

Steven Li, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Steven Li, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. He has a special interest in medical informatics and enjoys finding ways to leverage technology to achieve goals for optimal health care.

Jennifer DeConde, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Jennifer DeConde, MD, is a board-certified internal medicine physician. She provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Nicole Mandich, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Nicole Mandich, MD, is an internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in mental health, weight management and preventative medicine.
Primary Care (cont.)

Marlene Millen, MD
Primary Care Physician
Chief Medical Information Officer, Ambulatory Care
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Marlene Millen, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Melissa A. Wong, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Sorrento Valley - Directors Place

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-5400

Bio:
Melissa Wong, MD, provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. She has a special interest in women's health and preventative medicine.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).
Carlos Alarid, PsyD
Psychologist

Specialty:
Psychology

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9250
Direct Clinic Line - Sorrento Valley: (858) 249-5400

Bio:
Carlos Alarid, PsyD, is a licensed clinical psychologist who treats people with trauma, depression, anxiety, substance abuse and chronic pain. In caring for his patients, Dr. Alarid collaboratively works alongside their primary care physician in the family medicine setting. He provides individual therapy using cognitive behavioral therapy and acceptance and commitment therapy.
Radiology

Radiology is the branch of medicine specializing in the use of imaging technologies such as x-ray and radiation to diagnose and treat diseases. Learn more about radiology at UC San Diego Health.

Mary O'Boyle, MD
Radiologist
Professor of Radiology

Specialty:
Radiology
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Sorrento Valley - Directors Place

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3405
Direct Clinic Line - Sorrento Valley: (858) 657-7200

Bio:
Mary O'Boyle, MD, is a board-certified radiologist with expertise in body imaging. She uses ultrasound, computed tomography (CT), magnetic resonance imaging (MRI) and fluoroscopy to image the abdomen and pelvis to better diagnosis and treat a wide variety of health conditions, including cancer and high-risk pregnancies.

Dolores H. Pretorius, MD
Director of Fetal Imaging, Maternal-Fetal Care and Genetics
Professor of Radiology

Specialty:
Radiology

Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3405
Direct Clinic Line: (858) 657-7200

Bio:
Dolores H. Pretorius, MD, is a board-certified radiologist who specializes in fetal imaging and ultrasound imaging. As the director of fetal imaging at UC San Diego Health’s Maternal-Fetal Care and Genetics, she performs ultrasound scans on expectant mothers to check for problems with fetal development or other problems during pregnancy. During fetal imaging examinations, Dr. Pretorius may make diagnoses that help guide treatment for a woman or her baby before and after birth. She also performs ultrasound examinations in adults and children.
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