UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Cardiology - Electrophysiology

Frederick (Fred) Han, MD
Cardiac Electrophysiologist
Associate Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Electrophysiology

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Frederick (Fred) Han, MD, is board-certified cardiologist who subspecializes in cardiac electrophysiology. He takes care of patients with all types of fast (tachycardia), slow (bradycardia), and irregular heart rhythm disorders, including both atrial and ventricular arrhythmias.
Cardiology - Heart Failure

Hao (Howie) Tran, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Howie Tran, MD, is board-certified cardiologist who specializes in treating patients with end-stage or advanced heart failure. He cares for patients who require heart transplants and mechanical circulatory support devices, including ventricular assist devices (VADs) and percutaneous ventricular assist devices (pVADs). Dr. Tran is also experienced in right heart-catheterization with heart tissue biopsies.

Nicholas Wettersten, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology
Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Murrieta - California Oaks Rd
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Nicholas Wettersten, MD, is a board-certified cardiologist who treats patients with advanced heart failure.
Cardiothoracic (Heart and Lung) Surgery

Cardiothoracic (Heart and Lung) Surgery specializes in operations to the heart, chest or both — generally includes treatment for heart and lung diseases and conditions. Learn more about cardiothoracic (heart and lung) surgery at UC San Diego Health.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Jane Kroese, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line:: (858) 312-5492
Bio:
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Christine A. Sullivan, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line:: (858) 312-5492
Bio:
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Amy Trewella, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line:: (858) 312-5492
Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest:: (619) 543-2347
Direct Clinic Line - Executive Dr. (Liver Transplantation):: (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology):: (619) 543-2347
Direct Clinic Line - Murrieta:: (951) 303-0734

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. In addition to colonoscopies, he has expertise in performing upper and lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

**Specialties:**
Gastroenterology, Transplantation, Hepatology (Liver)

**Subspecialty:**
Liver Transplantation

**Add'l Language:**
French

**Contact:**
La Jolla - 4510 Executive Drive  
La Jolla - Perlman Medical Offices  
Hillcrest - Medical Offices South  
Murrieta - California Oaks Rd

**New Patient Registration:** (800) 926-8273  
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**Direct Clinic Line - Murrieta:** (951) 303-0734

**Bio:**
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. In addition to colonoscopies, he has expertise in performing upper and lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Elizabeth Salada, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.

Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Jane Kroese, FNP
Family Nurse Practitioner

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Elizabeth Salada, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Christine A. Sullivan, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Amy Trewella, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Surgery
The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery
Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery
Murrieta - California Oaks Rd
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734
Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.
Transplantation - Liver Transplantation

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-2347
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347
Direct Clinic Line - Murrieta: (951) 303-0734

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. In addition to colonoscopies, he has expertise in performing upper and lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
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