UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.
[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Amy Trewella, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Poway - 15611 Pomerado Rd  
Contact:  
Direct Clinic Line: (858) 312-5492  
Bio:  
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Elizabeth Salada, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Internal Medicine  
Poway - 15611 Pomerado Rd  
Contact:  
Direct Clinic Line: (858) 312-5492  
Bio:  
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist
Affiliated Provider

Specialties:
Primary Care, Sports Medicine

College Area - 6699 Alvarado Rd
Contact:

Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.

Amy Trewella, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist

Affiliated Provider

Specialties:
Primary Care, Sports Medicine

College Area - 6699 Alvarado Rd

Contact:

Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
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