UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

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Search by name, specialty, location or keyword to find the right provider for you.

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**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Ian Diaz, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Encinitas - Encinitas Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Ian Diaz, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. His practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. He has a particular interest in continuity care and urgent care services.

Jane Kroese, FNP
Family Nurse Practitioner

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Christine A. Sullivan, FNP
Family Nurse Practitioner

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Amy Trewella, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.
Family Medicine (cont.)

Katherine Uvelli, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 452-7965

Bio:
Katherine Uvelli, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic diseases.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Elizabeth Salada, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.
Pediatrics - General Pediatrics

Robert Coles, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**
Encinitas - Encinitas Blvd

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Benjamin Shleifer, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**
Encinitas - Encinitas Blvd

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Ian Diaz, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add’l Language:
Spanish

Encinitas - Encinitas Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Ian Diaz, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. His practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. He has a particular interest in continuity care and urgent care services.

Dudley (Doug) Elmore, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.
Primary Care (cont.)

Jane Kroese, FNP
Family Nurse Practitioner
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Jane Kroese, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner
Specialty:
Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967
Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.

Janette E. Matthess, MS, FNP-C
Family Nurse Practitioner
Specialty:
Encinitas - Encinitas Blvd
Downtown - West F Street
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Express Care: (760) 452-7967
Bio:
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Elizabeth Salada, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Poway - 15611 Pomerado Rd
Contact:
Direct Clinic Line: (858) 312-5492
Bio:
Elizabeth Salada, MD, MPH, is a board-certified physician providing primary care through her private practice in Poway. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

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Amy Trewella, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

Contact:
Direct Clinic Line: (858) 312-5492

Bio:
Amy Trewella, MD, is a board-certified physician providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Christine A. Sullivan, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Poway - 15611 Pomerado Rd

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Direct Clinic Line: (858) 312-5492

Bio:
Christine Sullivan, FNP, is a certified family nurse practitioner providing primary care in Poway. She is a member of the UC San Diego Health Physician Network.

Katherine Uvelli, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 452-7965

Bio:
Katherine Uvelli, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic diseases.
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