UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
# Table of Contents

**Family Medicine**
- Integrative & Holistic Medicine ................................................................. i

**PEDIATRICS**
- Adolescent Medicine .................................................................................. i
- Complex Care Pediatrics ........................................................................... i
- Developmental-Behavioral Pediatrics .......................................................... i
- General Pediatrics ....................................................................................... i
- Neonatal-Perinatal Medicine ....................................................................... i
- Newborn Hospital Care ................................................................................ i
- Travel Medicine .......................................................................................... i

**Primary Care** ............................................................................................. 2

**Index** .......................................................................................................... 4
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

![Brandon Miller, DO](image)

**Brandon Miller, DO**  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine

**Fallbrook - E. Elder**  

**Contact:**  
Direct Clinic Line: (760) 728-8344

**Bio:**  
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Pediatrics - General Pediatrics

![Breanna Lustre, MD](image)

**Breanna (Bree) Lustre, MD**  
Pediatrician  

**Specialties:**  
Pediatrics, Primary Care  
**Subspecialty:**  
General Pediatrics  

**Downtown - West F Street**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Downtown: (619) 541-4787

**Bio:**  
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care:: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla:: (858) 249-6800
Emergency Department - La Jolla:: (858) 657-7600
Direct Clinic Line - Encinitas:: (760) 452-7967

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown:: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.

Janette E. Matthess, MS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
Downtown - West F Street

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Downtown:: (833) 823-9777
Direct Clinic Line - Express Care:: (760) 452-7967

Bio:
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.
Primary Care (cont.)

Brandon Miller, DO  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Family Medicine  
Fallbrook - E. Elder  
Contact:  
Direct Clinic Line: (760) 728-8344  
Bio:  
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Mary Steinhoft, NP  
Nurse Practitioner  
Affiliated Provider  
Specialty:  
Primary Care  
Fallbrook - E. Elder  
Contact:  
Direct Clinic Line: (760) 728-8344  
Bio:  
Mary Steinhoft Holt, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
<table>
<thead>
<tr>
<th>Index</th>
</tr>
</thead>
<tbody>
<tr>
<td>L</td>
</tr>
<tr>
<td>Leithem, Desiree ........................................... 2</td>
</tr>
<tr>
<td>Lustre, Breanna (Bree) ................................. 1, 2</td>
</tr>
<tr>
<td>M</td>
</tr>
<tr>
<td>Matthes, Janette E. ............................................ 2</td>
</tr>
<tr>
<td>Miller, Brandon ............................................... 1, 3</td>
</tr>
<tr>
<td>S</td>
</tr>
<tr>
<td>Steinhoff, Mary ............................................ 3.</td>
</tr>
</tbody>
</table>