UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Table of Contents

Family Medicine

Integrative & Holistic Medicine ................................................................. i

Internal Medicine .................................................................................. 1

Primary Care ......................................................................................... 2

Index ...................................................................................................... 3
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

**Heeran Abawi, MD**  
Primary Care Physician  
Affiliated Provider  
**Specialties:** Primary Care, Family Medicine  
**Carlsbad - 7740 El Camino Real**  
**Downtown - Columbia St**  
**Contact:** Direct Clinic Line: (619) 232-3500  
**Bio:**  
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

**Brandon Miller, DO**  
Primary Care Physician  
Affiliated Provider  
**Specialties:** Primary Care, Family Medicine  
**Fallbrook - E. Elder**  
**Contact:** Direct Clinic Line: (760) 728-8344  
**Bio:**  
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

**Donna Mayeda, MD**  
Primary Care Physician  
Affiliated Provider  
**Specialties:** Primary Care, Internal Medicine  
**Carlsbad - 7740 El Camino Real**  
**Downtown - Columbia St**  
**Contact:** Direct Clinic Line: (619) 232-3500  
**Bio:**  
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Brandon Miller, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Fallbrook - E. Elder
Contact:
Direct Clinic Line: (760) 728-8344
Bio:
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Mary Steinhoff, NP
Nurse Practitioner
Affiliated Provider
Specialty:
Primary Care
Fallbrook - E. Elder
Contact:
Direct Clinic Line: (760) 728-8344
Bio:
Mary Steinhoff Holt, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
## Index

<table>
<thead>
<tr>
<th>A</th>
<th>Abawi, Heeran</th>
<th>1, 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>Mayeda, Donna</td>
<td>1, 2</td>
</tr>
<tr>
<td></td>
<td>Miller, Brandon</td>
<td>1, 2</td>
</tr>
<tr>
<td>S</td>
<td>Steinhoff, Mary</td>
<td>2</td>
</tr>
</tbody>
</table>