Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Medicine</td>
<td>1</td>
</tr>
<tr>
<td>Integrative &amp; Holistic Medicine</td>
<td></td>
</tr>
<tr>
<td>Internal Medicine</td>
<td>2</td>
</tr>
<tr>
<td>Primary Care</td>
<td>2</td>
</tr>
<tr>
<td>Index</td>
<td>5</td>
</tr>
</tbody>
</table>
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Belen S. Clark, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Tagalog

Vista - 1954 Via Centre

Contact:
Direct Clinic Line: (760) 529-9700

Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider

Specialties: Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact: Direct Clinic Line: (619) 232-3500

Bio: Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties: Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact: Direct Clinic Line: (619) 232-3500

Bio: Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider

Specialties: Primary Care, Family Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact: Direct Clinic Line: (619) 232-3500

Bio: Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

John D. Awad, MD
Primary Care Physician

Specialty: Primary Care

Carlsbad - 7740 El Camino Real

Contact: Direct Clinic Line: (619) 232-3500

Bio: John Awad, MD, provides primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Victoria Bayliss, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Victoria Bayliss, PA, MPH, is a certified physician assistant providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Belen S. Clark, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog
Vista - 1954 Via Centre
Contact:
Direct Clinic Line: (760) 529-9700
Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Bruce Olmscheid, MD
Affiliated Provider
Specialty:
Primary Care
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Index

A
Abawi, Heeran ............................................. 1, 2
Awad, John D. ............................................. 2

B
Bayliss, Victoria ........................................... 3

C
Clark, Belen S. ............................................... 1, 3

M
Mayeda, Donna ............................................. 2, 3

O
Olmscheid, Bruce .......................................... 3

T
Tsai, Cindy H. ............................................. 2, 4