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UC San Diego Health Physician Directory

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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Puneet Bhalrhu, MD  
Primary Care Physician  
Affiliated Provider  
Specialties: Primary Care, Family Medicine  
Downtown - West C Street  
Hillcrest - 3900 Fifth Avenue  
Contact: Direct Clinic Line: (858) 333-4977  
Bio: Puneet Bhalrhu, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Kenneth Ortiz, MD  
Primary Care Physician  
Affiliated Provider  
Specialties: Primary Care, Family Medicine  
Downtown - West C Street  
Hillcrest - 3900 Fifth Avenue  
Contact: Direct Clinic Line: (858) 554-1212  
Bio: Kenneth Ortiz, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Cortney Wilcox, FNP  
Family Nurse Practitioner  
Affiliated Provider  
Specialties: Primary Care, Family Medicine  
Hillcrest - 3900 Fifth Avenue  
Contact: Direct Clinic Line: (858) 554-1212  
Bio: Courtney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Carly Babis, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Carly Babis, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Julie Hoffman, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Julie Hoffman, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Puneet Bhalrhu, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Downtown - West C Street
Hillcrest - 3900 Fifth Avenue
Contact:
Direct Clinic Line: (858) 333-4977
Bio:
Puneet Bhalrhu, MD, is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Brooke Myrberg, PA
Physician Assistant
Affiliated Provider
Specialty:
Primary Care
Hillcrest - 3900 Fifth Avenue
Normal Heights - Adams Ave
Contact:
Direct Clinic Line: (858) 554-1212
Bio:
Brooke Myrberg, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Kenneth Ortiz, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Downtown - West C Street
Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Kenneth Ortiz, MD is a board-certified physician providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Jessica A. Sarder, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care
Add'l Language:
Spanish

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Jessica Sarder, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Cortney Wilcox, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Hillcrest - 3900 Fifth Avenue

Contact:
Direct Clinic Line: (858) 554-1212

Bio:
Courtney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
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