UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

![Cortney Wilcox, FNP](image)

**Cortney Wilcox, FNP**
Family Nurse Practitioner

Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Hillcrest - 3900 Fifth Avenue**

**Contact:**
Direct Clinic Line: (858) 554-1212

**Bio:**
Courtney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Julie Hoffman, PA
Physician Assistant
Affiliated Provider

Specialty: Primary Care
Hillcrest - 3900 Fifth Avenue
Contact: Direct Clinic Line: (858) 554-1212

Bio: Julie Hoffman, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Cortney Wilcox, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties: Primary Care, Family Medicine
Hillcrest - 3900 Fifth Avenue
Contact: Direct Clinic Line: (858) 554-1212

Bio: Cortney Wilcox, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.

Jessica A. Sarder, PA
Physician Assistant
Affiliated Provider

Specialty: Primary Care
Add'l Language: Spanish
Hillcrest - 3900 Fifth Avenue
Contact: Direct Clinic Line: (858) 554-1212

Bio: Jessica Sarder, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
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