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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Maisara Rahman, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Michelle Uttaburanont, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Add'l Language:**
Greek

**Locations:**
- Sorrento Valley - Directors Place
- Hillcrest - Medical Offices South
- Jacobs Medical Center
- Hillcrest - UC San Diego Medical Center
- Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.

Andrew D. Hull, BMBS, FRCOG, FACOG
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Locations:**
- Hillcrest - Medical Offices South
- Sorrento Valley - Directors Place
- Jacobs Medical Center
- Hillcrest - UC San Diego Medical Center
- Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Andrew D. Hull, BMBS, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Hull’s expertise includes caring for pregnant women with chronic medical problems, including HIV; pregnancies complicated by fetal disorders such as isoimmunization and complex birth defects; and placental disorders such as placenta accreta.
Thomas F. Kelly, MD
Perinatologist
Chief, Division of Perinatal Medicine
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200

Bio:
Thomas F. Kelly, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. His expertise includes medical complications of pregnancy and fetal diagnosis.

Leah Lamale-Smith, MD
Perinatologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Spanish

Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Leah Lamale-Smith, MD, is a board-certified obstetrician/gynecologist who specializes in high-risk pregnancies. As a provider of maternal-fetal medicine, she cares for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Lamale-Smith’s expertise is in performing invasive fetal procedures for prenatal screening and diagnosis, including chorionic villus sampling (CVS), amniocentesis, and fetal blood sampling and intrauterine transfusion. She is also experienced in caring for women with higher-order multiples, women with complex medical conditions such as autoimmune disorders and cardiac disease, and critically ill women who require intensive care during their pregnancy or postpartum period.
Louise C. Laurent, MD, PhD
Perinatologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Locations:**
Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

**Bio:**
Louise C. Laurent, MD, PhD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Laurent's expertise is in treating women who are at risk for preeclampsia or fetal growth restriction.

Thomas Moore, MD
Interim Chief Medical Officer
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Locations:**
Sorrento Valley - Directors Place
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

**Bio:**
Thomas Moore, MD, is a board-certified maternal-fetal medicine specialist. He provides prenatal care for women with high-risk pregnancies, and is recognized nationally as an expert on pregnancy and diabetes. Dr. Moore has been ranked several times as one of the top obstetricians and gynecologists in the nation by *U.S. News & World Report*, as well as been named repeatedly as a “Top Doc” in *San Diego Magazine’s* “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society. Most recently he received the Louis M. Hellman MD Midwifery Partnership Award from the American College of Obstetricians and Gynecologists.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology) (cont.)

Gladys "Sandy" Ramos, MD
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Gladys "Sandy" Ramos, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women with complex health or fetal issues. Dr. Ramos’ expertise is in treating women with diabetes to help ensure safe deliveries of healthy infants while maintaining optimal health for mothers. She is also experienced in managing placenta accreta and other high-risk issues.

Robert Resnik, MD
Professor Emeritus of Obstetrics, Gynecology, and Reproductive Sciences
Perinatologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - Sorrento Valley: (858) 657-7200

Bio:
Robert Resnik, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Resnik’s expertise includes treating fetal growth restriction and placenta accreta.
Maryam Tarsa, MD  
Professor of Obstetrics, Gynecology, and Reproductive Sciences  
Perinatologist

Specialty: Obstetrics & Gynecology  
Subspecialty: Maternal-Fetal Medicine (Perinatology)  
Add'l Language: Farsi

Jacobs Medical Center - Sorrento Valley - Directors Place  
Hillcrest - Medical Offices South  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Sorrento Valley: (858) 657-7200  
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:  
Maryam Tarsa, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Tarsa's expertise includes fetal imaging and treating pregnant women with autoimmune disorders, infectious diseases and transplants. She also cares for women having twins or higher-order multiples.

Douglas Andrew Woelkers, MD  
Perinatologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology  
Subspecialty: Maternal-Fetal Medicine (Perinatology)  
Add'l Language: Spanish

Jacobs Medical Center - Sorrento Valley - Directors Place  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200

Bio:  
Douglas Andrew Woelkers, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Woelkers' expertise includes preeclampsia, thrombophilia and placental insufficiency.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology) (cont.)

Richard B. Wolf, DO
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Jacobs Medical Center
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Richard B. Wolf, DO, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Wolf's expertise includes fetal imaging, amniotic fluid abnormalities, blood clotting disorders during pregnancy and blood group (Rh) incompatibility.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Maisara Rahman, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Michelle Uttaburanont, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
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