Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist

Affiliated Provider

Specialties: Primary Care, Family Medicine, Sports Medicine

College Area - 6699 Alvarado Rd

Contact:

Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.

Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

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Psychiatry - Geriatric Psychiatry

Kalya Vardi, MD
Psychiatrist
Medical Director, Senior Behavioral Health Intensive Outpatient Program

Specialty:
Psychiatry
Subspecialty:
Geriatric Psychiatry

La Jolla - 8950 Villa La Jolla Drive
Hillcrest - 410 Dickinson Street
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Kalya Vardi, MD, is a board-certified psychiatrist who specializes in treating mental health problems in older adults, including depression, anxiety disorders, bipolar disorder, schizophrenia, and the psychiatric or behavioral complications of dementia, such as Alzheimer's disease.
Psychology

Tanya T. Nguyen, PhD
Psychologist
Assistant Professor of Psychiatry

**Specialty:** Psychology

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - 410 Dickinson Street**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Senior Behavioral Health Intensive Outpatient Program: (619) 471-3877
- Direct Clinic Line - Senior Behavioral Health (Inpatient): (619) 543-3772

**Bio:**
Tanya T. Nguyen, PhD, is a licensed clinical psychologist who treats older adults with neurological and psychiatric disorders. Her expertise is in conducting neuropsychological evaluations to help determine causes of neurological or cognitive problems, identify an individual’s cognitive strengths and weaknesses, and inform treatment decisions.

Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about [sports medicine](https://health.ucsd.edu) at UC San Diego Health.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist

**Affiliated Provider**

**Specialties:**
- Primary Care, Family Medicine, Sports Medicine

**College Area - 6699 Alvarado Rd**

**Contact:**

**Bio:**
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
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