UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Table of Contents

**Family Medicine**
- Integrative & Holistic Medicine ................................................................. i

**Obstetrics & Gynecology**
- General Gynecology .................................................................................... 2
- Gynecologic Oncology ................................................................................... i
- Maternal-Fetal Medicine (Perinatology) ......................................................... i
- Midwifery ........................................................................................................ i
- Reproductive Endocrinology and Infertility .................................................... i
- Urogynecology ................................................................................................ i

**Primary Care** ............................................................................................... 3

**Sports Medicine** ......................................................................................... 3

Index .................................................................................................................. 4
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist

Specialties:
Primary Care, Family Medicine, Sports Medicine

College Area - 6699 Alvarado Rd

Contact:

Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
Obstetrics & Gynecology - General Gynecology

Elise S. Brown, MD, FACOG
Obstetrician/Gynecologist

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**College Area - 6719 Alvarado Rd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 229-6585

**Bio:**
Elise Star Brown, MD, FACOG, is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, gynecological infections or sexually transmitted diseases. In addition, she also provides bio-identical hormone treatment for menopausal symptoms.

Perri Wittgrove, MD, FACOG, FACS
Obstetrician/Gynecologist

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Add'l Language:**
Spanish

**College Area - 6719 Alvarado Rd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 229-6585

**Bio:**
Perri Lynne Wittgrove, MD, FACOG, FACS is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, abnormal pap smears, and abnormal menses. In addition, she treats fibroids, as well as gynecological infections and sexually transmitted infections.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist

Affiliated Provider

Specialties:
Primary Care, Family Medicine, Sports Medicine

College Area - 6699 Alvarado Rd

Contact:

Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.

Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health.

Richard Parker, DO
Primary Care Physician and Sports Medicine Specialist

Affiliated Provider

Specialties:
Primary Care, Family Medicine, Sports Medicine

College Area - 6699 Alvarado Rd

Contact:

Bio:
Richard Parker, DO, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. He is a member of UC San Diego Health Physician Network.
## Index

**B**
- Brown, Elise S. ......................................................... 2

**P**
- Parker, Richard ......................................................... 1, 3

**W**
- Wittgrove, Perri ......................................................... 2