UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

Family Medicine  
Integrative & Holistic Medicine ................................................................. i  
Internal Medicine ...................................................................................... 2  
Primary Care .............................................................................................. 3  
Index ........................................................................................................... 6
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact: Direct Clinic Line: (619) 232-3500
Bio: Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Matthew Combs, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Temecula - Single Oak Drive
Hemet - W. Stetson Avenue
Contact: Direct Clinic Line: (951) 252-8650
Bio: Matthew Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Hadia Ashraf, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Add'l Language: Farsi
Hemet - W. Stetson Avenue
Contact: Direct Clinic Line: (951) 225-6802
Bio: Hadia Ashraf, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Talha Memon, MD
Primary Care Physician
Affiliated Provider
Specialties: Family Medicine, Primary Care
Add'l Languages: Hindi, Urdu
Hemet - W. Stetson Avenue
Contact: Direct Clinic Line: (951) 225-6802
Bio: Talha Memon, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Family Medicine (cont.)

Georgiana Miller, DO
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Tagalog

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Rome Charles Walter, DO
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Rome Charles Walter, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Donna Mayeda, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Heeran Abawii, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Matthew Combs, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Temecula - Single Oak Drive
Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 252-8650
Bio:
Matthew Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Hadia Ashraf, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Farsi
Hemet - W. Stetson Avenue
Contact:
Direct Clinic Line: (951) 225-6802
Bio:
Hadia Ashraf, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Talha Memon, MD  
Primary Care Physician  
Affiliated Provider

**Specialties:**  
Family Medicine, Primary Care  
**Add'l Languages:**  
Hindi, Urdu

**Hemet - W. Stetson Avenue**

**Contact:**  
Direct Clinic Line: (951) 225-6802

**Bio:**  
Talha Memon, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Georgiana Miller, DO  
Primary Care Physician  
Affiliated Provider

**Specialties:**  
Primary Care, Family Medicine  
**Add'l Language:**  
Tagalog

**Hemet - W. Stetson Avenue**

**Contact:**  
Direct Clinic Line: (951) 225-6802

**Bio:**  
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Bruce Olmscheid, MD  
Affiliated Provider

**Specialty:**  
Primary Care

**Carlsbad - 7740 El Camino Real**

**Contact:**  
Direct Clinic Line: (619) 232-3500

**Bio:**  
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD  
Primary Care Physician  
Affiliated Provider

**Specialties:**  
Primary Care, Internal Medicine

**Carlsbad - 7740 El Camino Real**

**Contact:**  
Direct Clinic Line: (619) 232-3500

**Bio:**  
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Rome Charles Walter, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Rome Walter, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
## Index

### A
- Abawi, Heeran ................................................. 1, 3
- Ashraf, Hadia .................................................. 1, 3

### C
- Combs, Matthew .............................................. 1, 3

### M
- Mayeda, Donna ............................................... 2, 3.
- Memon, Talha .................................................... 1, 4.
- Miller, Georgiana .............................................. 2, 4.

### O
- Olmscheid, Bruce .............................................. 4.

### T
- Tsai, Cindy H. ................................................... 2, 4.

### W
- Walter, Rome Charles ....................................... 2, 5.