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UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Cancer - Leukemia & Lymphoma

John W. Adamson, MD
Clinical Professor of Medicine

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialty:
Leukemia & Lymphoma

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 657-6028

Bio:
John Adamson, MD is a board-certified hematologist with a special focus in red blood cell, iron metabolism and platelet disorders. A core member of the team at UC San Diego Health's Hemophilia Treatment Center, he helps provide specialized care for people with bleeding and clotting disorders.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Portuguese, Spanish

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Rina S. Edi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Rina Edi, MD, is board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including infants, children, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health. Dr. Edi's expertise is in providing well women care such as contraception, including intrauterine devices (IUDs) and birth control implants, as well as performing endometrial biopsies and colposcopy for abnormal Pap test results.
Family Medicine (cont.)

Hollis H. King, DO, PhD
Osteopathic Physician
Professor of Family Medicine and Public Health

Specialties:
Osteopathic Medicine, Family Medicine

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Hollis H. King, DO, is a board-certified osteopathic physician. He has a whole-body approach to medicine and is highly experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.

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Allison M. Lynch, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Allison Lynch, MD, is a board-certified family physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

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Michael Kurisu, DO
Osteopathic Physician

Specialties:
Osteopathic Medicine, Family Medicine

Scripps Ranch - 9909 Mira Mesa Blvd
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Michael Kurisu, DO, is a family medicine physician who provides comprehensive care for people of all ages, including children and adults. As a holistic medicine doctor, the cornerstone of his approach focuses on an internal capacity to heal. He considers the whole person — physical and emotional — in the quest for optimal health and wellness.

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Caitlin MacMillen, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Caitlin MacMillen, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children, with a special interest in women’s health and integrative medicine. As an osteopath, she has a whole-body approach to medicine and is experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.
Family Medicine (cont.)

Roger J. Mignosa, DO  
Physical Medicine and Rehabilitation Specialist

Specialties:  
Physical Medicine & Rehabilitation, Osteopathic Medicine, Family Medicine

La Jolla - 9333 Genesee Avenue  
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla:: (858) 657-8600  
Direct Clinic Line - Scripps Ranch:: (858) 657-7750

Bio:  
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.

Chad Osborne, MD  
Primary Care Physician  
Assistant Professor of Family Medicine and Public Health

Specialties:  
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

Bio:  
Chad Osborne, MD, is a board-certified family medicine doctor at La Jolla Family and Sports Medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Sheldon Morris, MD, MPH  
Primary Care Physician  
Associate Professor of Family Medicine and Public Health

Specialties:  
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

Bio:  
Sheldon Morris, MD, MPH, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He has special training in preventive medicine.

Akbar Rahman, MD, MPH  
Primary Care Physician  
Assistant Professor of Family Medicine and Public Health

Specialties:  
Primary Care, Family Medicine  
Add'l Languages:  
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

Bio:  
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Family Medicine (cont.)

Divya K. Reddy, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Add'l Language:**
Spanish

**La Jolla - 9333 Genesee Avenue**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Divya K. Reddy, MD, is a board-certified family medicine doctor who cares for patients of all ages. She provides primary care to infants and children and adults and seniors, including preventive care and treatment of acute and chronic diseases. As a family physician with advanced training in obstetrics care, Dr. Reddy can provide prenatal care and deliver babies. She also provides well woman care, including health care maintenance and contraception.

Rebecca L Rosen, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
French, Italian, Spanish

**La Jolla - 9333 Genesee Avenue**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Rebecca L. Rosen, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

**La Jolla - 9333 Genesee Avenue**
**Hillcrest - 4th & Lewis Medical Offices**
**La Jolla - 4520 Executive Drive**
**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's [Sports Concussion Clinic](https://health.ucsd.edu), which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
**Family Medicine (cont.)**

**Kenneth S. Taylor, MD**
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine, Sports Medicine

**Add'l Language:**
Spanish

**La Jolla - 9333 Genesee Avenue**
**La Jolla - 4520 Executive Drive**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

**Mary Wang, MD**
Primary Care Physician
Associate Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
Korean, Mandarin

**La Jolla - 9333 Genesee Avenue**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Mary Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

**Lesley D. Wilkinson, MD**
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**La Jolla - 9333 Genesee Avenue**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Lesley D. Wilkinson, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Family Medicine - Integrative & Holistic Medicine

Gordon Saxe, MD, PhD, MPH
Preventive and Integrative Physician

Specialty:
Family Medicine
Subspecialty:
Integrative & Holistic Medicine

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Gordon Saxe, MD, is a preventive and integrative medicine physician who provides chronic disease management and helps people prevent and treat disease through integrative and lifestyle medicine. He uses evidence-based therapeutic approaches such as diet and nutrition, exercise, body-mind stress reduction and sleep management to decrease disease risk and illness.

Daniel Slater, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Subspecialty:
Integrative & Holistic Medicine
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Daniel Slater, MD, is a board-certified family medicine physician. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He also offers consultations in integrative medicine through UC San Diego's Center for Integrative Medicine, which focuses on whole-person wellness by addressing physical, lifestyle, psychological, and spiritual needs. Integrative therapies recommended often include, but are not limited to, complementary modalities such as acupuncture, osteopathic manipulation, mindfulness, acupressure, specific movement therapies, and natural supplements.
Family Medicine - Integrative & Holistic Medicine (cont.)

Jesse Sozanski, MD
Primary Care Physician

Specialties:
Family Medicine, Primary Care

Subspecialty:
Integrative & Holistic Medicine

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Jesse Sozanski, MD, is a board-certified family medicine physician who has expertise in medical acupuncture and mind-body medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about [hematology/blood diseases](https://health.ucsd.edu) at UC San Diego Health.

John W. Adamson, MD
Clinical Professor of Medicine

**Specialties:**
Hematology/Blood Diseases, Cancer

**Subspecialty:**
Leukemia & Lymphoma

La Jolla - 9333 Genesee Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6028

**Bio:**
John Adamson, MD is a board-certified hematologist with a special focus in red blood cell, iron metabolism and platelet disorders. A core member of the team at UC San Diego Health’s Hemophilia Treatment Center, he helps provide specialized care for people with bleeding and clotting disorders.

Annette von Drygalski, MD, PharmD
Director, Hemophilia and Thrombosis Treatment Center
Professor of Medicine

**Specialty:**
Hematology/Blood Diseases

**Add'l Languages:**
French, German

La Jolla - 9333 Genesee Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6028

**Bio:**
Annette von Drygalski, MD, PharmD, is a board-certified hematologist who cares for people with diseases of the blood, spleen and lymph. She directs the Hemophilia and Thrombosis Treatment Center at UC San Diego Health. In this role, Dr. von Drygalski developed translational and clinical research interests addressing the evolving needs of aging patients with hemophilia, such as cardiovascular and joint disease.
Infertility

Infertility is a problem of the reproductive system that affects the body's ability to conceive a child. Learn more about infertility in women, male infertility (andrology), and the range of treatments available at UC San Diego Health.

Sanjay Agarwal, MD, FACOG
Director of Fertility Services
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Infertility

Subspecialty:
Reproductive Endocrinology and Infertility

Add'l Language:
Hindi

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Dr. Agarwal is Clinical Professor and Director of Fertility Services in the UC San Diego Department of Reproductive Medicine. He is also Director of the innovative UC San Diego Center for Endometriosis Research and Treatment (CERT, www.cert.ucsd.edu).

R. Jeffrey Chang, MD
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Infertility

Subspecialty:
Reproductive Endocrinology and Infertility

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Dr. Chang has had a long-standing clinical and research interest in Polycystic Ovary Syndrome. He is widely published, and has achieved significant recognition for his research accomplishments. He is a reviewer for many medical journals and has written several books. His past involvement with the National Institutes of Health (NIH) included serving on the reproductive biology study section and two years as the administrative chair for NIH physiological sciences review section.
Infertility (cont.)

Antoni Duleba, MD
Chief, Division of Reproductive Endocrinology and Infertility
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Infertility

Subspecialty:
Reproductive Endocrinology and Infertility

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Antoni Duleba, MD, is a board-certified reproductive endocrinologist who specializes in diagnosing and treating infertility and regulating ovarian function. His primary research focuses on polycystic ovary syndrome (PCOS) and endometriosis.

T. Mike Hsieh, MD
Urologist
Director, Men's Health Center
Associate Professor of Urology

Specialties:
Urology, Infertility, Surgery

Subspecialty:
Male Infertility

Add'l Languages:
Mandarin, Taiwanese

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
T. Mike Hsieh, MD, is a board-certified urologist specializing in male fertility and men's health. He treats men with sexual dysfunction including low testosterone, erectile dysfunction, and Peyronie's disease. He also treats male infertility including men with ejaculatory disorder, hormone imbalance, sperm production impairment, cancer, and genetic causes of infertility.
Infertility (cont.)

H. Irene Su, MD
Reproductive Endocrinologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Infertility
Subspecialty:
Reproductive Endocrinology and Infertility
Add'l Language:
Chinese

La Jolla - 9333 Genesee Avenue
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
H. Irene Su, MD, MSCE, is a reproductive endocrinologist and reproductive epidemiologist dedicated to improving the reproductive health for patients throughout their cancer journey. Dr. Su’s expertise includes treating infertility, reproductive aging and fertility preservation. She directs the Reproductive Survivorship program at UC San Diego Health, which offers oncofertility (i.e. a subfield that bridges oncology and reproductive research to explore and expand reproductive future options), for young people facing cancer, and other medical illnesses.
Marriage and Family Therapy

Marriage and Family Therapy is a branch of psychotherapy that helps individuals, couples and families to nurture change and development. It provides diagnosis and treatment of mental and emotional disorders, with a holistic perspective to care.

Laura E. Sudano, PhD, LMFT
Marriage and Family Therapist

**Specialty:**
Marriage and Family Therapy

**La Jolla - 9333 Genesee Avenue**
**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

**Bio:**
Laura Sudano, PhD, is a licensed marriage and family therapist (LMFT) who provides therapy to address sport performance, other performance issues, anxiety and depression. She also offers family and couples therapy.
Nutrition Counseling

Nutrition Counseling is a process in which a registered dietician works with an individual to assess his or her dietary intake and identify areas where change is needed based upon medical and/or individual needs.

Kelli Gray-Meisner, RDN
Registered Dietitian Nutritionist

Specialty:
Nutrition Counseling

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

Bio:
Kelli Gray-Meisner, RDN, is a registered dietician nutritionist who specializes in helping individuals with gastrointestinal conditions, including irritable bowel syndrome (IBS), inflammatory bowel disease (IBD), ulcerative colitis, Crohn's disease, celiac disease, and functional gut disorders. She has expertise in integrative and functional principles, with an emphasis on a whole foods based diet and biologically appropriate lifestyle.
Obstetrics & Gynecology - Reproductive Endocrinology and Infertility

Reproductive endocrinology and infertility is a surgical subspecialty of obstetrics and gynecology that addresses hormonal functioning as it applies to reproduction and infertility. Learn more about reproductive endocrinology and infertility at UC San Diego Health.

Sanjay Agarwal, MD, FACOG
Director of Fertility Services
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Infertility
Subspeciality:
Reproductive Endocrinology and Infertility
Add'l Language:
Hindi

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Dr. Agarwal is Clinical Professor and Director of Fertility Services in the UC San Diego Department of Reproductive Medicine. He is also Director of the innovative UC San Diego Center for Endometriosis Research and Treatment (CERT, www.cert.ucsd.edu).

R. Jeffrey Chang, MD
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Infertility
Subspeciality:
Reproductive Endocrinology and Infertility

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Dr. Chang has had a long-standing clinical and research interest in Polycystic Ovary Syndrome. He is widely published, and has achieved significant recognition for his research accomplishments. He is a reviewer for many medical journals and has written several books. His past involvement with the National Institutes of Health (NIH) included serving on the reproductive biology study section and two years as the administrative chair for NIH physiological sciences review section.
Obstetrics & Gynecology - Reproductive Endocrinology and Infertility (cont.)

**Antoni Duleba, MD**
Chief, Division of Reproductive Endocrinology and Infertility
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:**
Obstetrics & Gynecology, Infertility

**Subspecialty:**
Reproductive Endocrinology and Infertility

La Jolla - 9333 Genesee Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Antoni Duleba, MD, is a board-certified reproductive endocrinologist who specializes in diagnosing and treating infertility and regulating ovarian function. His primary research focuses on polycystic ovary syndrome (PCOS) and endometriosis.

**H. Irene Su, MD**
Reproductive Endocrinologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialties:**
Obstetrics & Gynecology, Infertility

**Subspecialty:**
Reproductive Endocrinology and Infertility

**Add'l Language:**
Chinese

La Jolla - 9333 Genesee Avenue
Moores Cancer Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
H. Irene Su, MD, MSCE, is a reproductive endocrinologist and reproductive epidemiologist dedicated to improving the reproductive health for patients throughout their cancer journey. Dr. Su’s expertise includes treating infertility, reproductive aging and fertility preservation. She directs the Reproductive Survivorship program at UC San Diego Health, which offers oncofertility (i.e. a subfield that bridges oncology and reproductive research to explore and expand reproductive future options), for young people facing cancer, and other medical illnesses.
Osteopathic Medicine

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Michael Kurisu, DO
Osteopathic Physician

Specialties:
Osteopathic Medicine, Family Medicine

Scirpps Ranch - 9909 Mira Mesa Blvd
La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

Bio:
Michael Kurisu, DO, is a family medicine physician who provides comprehensive care for people of all ages, including children and adults. As a holistic medicine doctor, the cornerstone of his approach focuses on an internal capacity to heal. He considers the whole person — physical and emotional — in the quest for optimal health and wellness.

Caitlin MacMillen, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Caitlin MacMillen, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children, with a special interest in women's health and integrative medicine. As an osteopath, she has a whole-body approach to medicine and is experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person's muscles and joints to ease pain and increase mobility.
Osteopathic Medicine (cont.)

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine, Family Medicine

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about [pain management](https://health.ucsd.edu) at UC San Diego Health.

**Amelia Eastman, DO**  
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**La Jolla - Perlman Medical Offices**  
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

**Bio:**  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Physical Medicine & Rehabilitation

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine,
Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

Roger J. Mignosa, DO
Physical Medicine and Rehabilitation Specialist

Specialties:
Physical Medicine & Rehabilitation, Osteopathic Medicine, Family Medicine

La Jolla - 9333 Genesee Avenue
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Scripps Ranch: (858) 657-7750

Bio:
Roger Mignosa, DO, is a board-certified physical medicine and rehabilitation physician and an exercise physiologist. Physical medicine and rehabilitation specialists help restore function in individuals who have impaired physical activity as a result of illness or injury.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

**Suraj A. Achar, MD, FAAFP**
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine, Sports Medicine

**Add'l Languages:**
French, Spanish

**La Jolla - 9333 Genesee Avenue**
La Jolla - 4520 Executive Drive

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

**Bio:**
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

**Patricia Brady, MD**
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - 9333 Genesee Avenue**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

**Rina S. Edi, MD**
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**La Jolla - 9333 Genesee Avenue**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Rina Edi, MD, is board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including infants, children, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health. Dr. Edi's expertise is in providing well women care such as contraception, including intrauterine devices (IUDs) and birth control implants, as well as performing endometrial biopsies and colposcopy for abnormal Pap test results.
Primary Care (cont.)

Allison M. Lynch, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Allison Lynch, MD, is a board-certified family physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. She is skilled in chronic disease management while also focused on preventive medicine and helping patients strive for their best health.

Sheldon Morris, MD, MPH
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Sheldon Morris, MD, MPH, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He has special training in preventive medicine.

Caitlin MacMillen, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Caitlin MacMillen, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children, with a special interest in women’s health and integrative medicine. As an osteopath, she has a whole-body approach to medicine and is experienced in osteopathic manipulative treatment, a type of hands-on care that diagnoses and treats illness and injury by moving a person’s muscles and joints to ease pain and increase mobility.

Chad Osborne, MD
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Chad Osborne, MD, is a board-certified family medicine doctor at La Jolla Family and Sports Medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.

Divya K. Reddy, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Divya K. Reddy, MD, is a board-certified family medicine doctor who cares for patients of all ages - children, adolescents, and adults. She provides primary care to infants and children and adults and seniors, including preventive care and treatment of acute and chronic diseases. As a family physician with advanced training in obstetrics care, Dr. Reddy can provide prenatal care and deliver babies. She also provides well woman care, including health care maintenance and contraception.

Rebecca L Rosen, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Italian, Spanish

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Rebecca L. Rosen, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Alan Shahtaji, DO
Primary Care Physician and Sports Medicine Specialist
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

La Jolla - 9333 Genesee Avenue
Hillcrest - 4th & Lewis Medical Offices
La Jolla - 4520 Executive Drive
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Alan Shahtaji, DO, is a board-certified family medicine doctor who specializes in sports medicine. He directs UC San Diego Health's Sports Concussion Clinic, which offers comprehensive care for concussion assessment and management. As an osteopathic physician, Dr. Shahtaji has a whole-body approach to medicine. His areas of expertise include musculoskeletal ultrasound, fracture management, osteopathic manual medicine for sports injuries, and treating non-operative orthopedic problems; as well as a special interest in exercise and nutrition.
Primary Care (cont.)

Daniel Slater, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Subspecialty:
Integrative & Holistic Medicine

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Daniel Slater, MD, is a board-certified family medicine physician. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases. He also offers consultations in integrative medicine through UC San Diego's Center for Integrative Medicine, which focuses on whole-person wellness by addressing physical, lifestyle, psychological, and spiritual needs. Integrative therapies recommended often include, but are not limited to, complementary modalities such as acupuncture, osteopathic manipulation, mindfulness, acupressure, specific movement therapies, and natural supplements.

Jesse Sozanski, MD
Primary Care Physician

Specialties:
Family Medicine, Primary Care

Subspecialty:
Integrative & Holistic Medicine

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Jesse Sozanski, MD, is a board-certified family medicine physician who has expertise in medical acupuncture and mind-body medicine. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Kenneth S. Taylor, MD
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Mary Wang, MD
Primary Care Physician
Associate Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Korean, Mandarin

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Mary Wang, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Lesley D. Wilkinson, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Lesley D. Wilkinson, MD, is a board-certified family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Julie L. Le, DO
Psychiatrist
Assistant Professor of Psychiatry and Family Medicine and Public Health

Specialty:
Psychiatry

La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive
Sorrento Valley - Directors Place
Scripps Ranch - 9909 Mira Mesa Blvd
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla Family Medicine: (858) 657-8600
Direct Clinic Line - La Jolla Internal Medicine: (858) 657-8000
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - Hillcrest: (619) 471-9250

Bio:
Julie L. Le, DO, is a board-certified psychiatrist who works in primary care clinics alongside primary care doctors to deliver comprehensive psychiatric care. She acts as a psychiatry consultant, offering expert medication review and management for mental health conditions such as depression, bipolar disorder, anxiety, schizophrenia and attention deficit hyperactivity disorder (ADHD).
Psychology

Sarah E. Linke, PhD, MPH
Psychologist
Assistant Professor of Family Medicine and Public Health

**Specialty:**
Psychology

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

**Bio:**
Sarah E. Linke, PhD, is a licensed clinical psychologist who specializes in behavioral medicine, particularly the role of health behaviors in health problems.

Zephon Lister, PhD, LMFT
Assistant Clinical Professor
Director of Collaborative Care Program

**Specialty:**
Psychology

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

**Bio:**
Zephon Lister, PhD, LMFT, is an assistant clinical professor and director of the collaborative care program. He provides care for mental health concerns in the family medicine setting.

Kriston B. Schellinger, PhD
Psychologist

**Specialty:**
Psychology

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Scripps Ranch: (858) 657-7750
Direct Clinic Line - La Jolla: (858) 657-8600

**Bio:**
Kriston Schellinger, PhD, is a licensed clinical psychologist who provides care for mental health concerns in the family medicine setting. She treats individuals of all ages for mental health issues such as depression, anxiety and substance use disorders, or other behavioral changes.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
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Sports Medicine (cont.)

Alan Shahtaji, DO  
Primary Care Physician and Sports Medicine Specialist  
Assistant Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine, Sports Medicine, Osteopathic Medicine

**La Jolla - 9333 Genesee Avenue**  
**Hillcrest - 4th & Lewis Medical Offices**  
**La Jolla - 4520 Executive Drive**  
**Scripps Ranch - 9909 Mira Mesa Blvd**

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Kenneth S. Taylor, MD  
Primary Care Physician and Sports Medicine Specialist  
Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine, Sports Medicine

**Add'l Language:**  
Spanish

**La Jolla - 9333 Genesee Avenue**  
**La Jolla - 4520 Executive Drive**

**Contact:**
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**
Kenneth S. Taylor, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing athletic injuries. Dr. Taylor has a particular interest in using musculoskeletal ultrasound to perform diagnostic and therapeutic treatments. He also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health.

T. Mike Hsieh, MD
Urologist
Director, Men's Health Center
Associate Professor of Urology

Specialties:
Urology, Infertility, Surgery
Subspecialty:
Male Infertility
Add'l Languages:
Mandarin, Taiwanese

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
T. Mike Hsieh, MD, is a board-certified urologist specializing in male fertility and men's health. He treats men with sexual dysfunction including low testosterone, erectile dysfunction, and Peyronie's disease. He also treats male infertility including men with ejaculatory disorder, hormone imbalance, sperm production impairment, cancer, and genetic causes of infertility.
Urology - Male Infertility

T. Mike Hsieh, MD
Urologist
Director, Men's Health Center
Associate Professor of Urology

Specialties:
Urology, Infertility, Surgery
Subspecialty:
Male Infertility
Add'l Languages:
Mandarin, Taiwanese

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 657-7876

Bio:
T. Mike Hsieh, MD, is a board-certified urologist specializing in male fertility and men’s health. He treats men with sexual dysfunction including low testosterone, erectile dysfunction, and Peyronie’s disease. He also treats male infertility including men with ejaculatory disorder, hormone imbalance, sperm production impairment, cancer, and genetic causes of infertility.

Jose-Luis Ruiz, PA-C
Physician Assistant

Specialty:
Urology
Subspecialty:
Male Infertility
Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 657-7876

Bio:
Jose-Luis Ruiz, MS, is a certified physician assistant (PA-C) who specializes in caring for urology patients in our Men’s Health Center. His expertise is in treating male sexual health conditions, including erectile dysfunction, hypogonadism and Peyronie’s disease.
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