Physician Directory

health.ucsd.edu
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Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
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[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

![Heeran Abawi, MD](https://health.ucsd.edu)

**Heeran Abawi, MD**  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine

**Carlsbad - 7740 El Camino Real**  
**Downtown - Columbia St**

**Contact:**  
Direct Clinic Line: (619) 232-3500

**Bio:**  
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

![Donna Mayeda, MD](https://health.ucsd.edu)

**Donna Mayeda, MD**  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Internal Medicine

**Carlsbad - 7740 El Camino Real**  
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Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

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![Cindy H. Tsai, MD](https://health.ucsd.edu)

**Cindy H. Tsai, MD**  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Internal Medicine

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Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

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Affiliated Provider
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Bio:
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Donna Mayeda, MD
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Cindy H. Tsai, MD
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Primary Care, Internal Medicine
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