UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
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**Primary Care**

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Robert Coles, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**
**Encinitas - Encinitas Blvd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Benjamin Shleifer, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**
**Encinitas - Encinitas Blvd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Robert Coles, MD
Pediatrician

- Specialties: Pediatrics, Primary Care
- Subspecialty: General Pediatrics
- Rancho Bernardo - Via Tazon
- Encinitas - Encinitas Blvd

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Rancho Bernardo: (858) 605-4453
- Direct Clinic Line - Encinitas: (760) 452-7966

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Dudley (Doug) Elmore, MSN, FNP-BC
Family Nurse Practitioner

- Specialty: Primary Care
- La Jolla - 8910 Villa La Jolla
- Rancho Bernardo - Via Tazon
- Encinitas - Encinitas Blvd

Contact:
- Registration and Scheduling: (800) 926-8273
- Direct Clinic Line - Express Care: (760) 452-7967
- Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.
Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas - Encinitas Blvd**
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967

**Bio:**
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.

Janette E. Matthess, MS, FNP-C
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas - Encinitas Blvd**
Downtown - West F Street

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777
Direct Clinic Line - Express Care: (760) 452-7967

**Bio:**
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Amanda Nasser, MS, FNP-BC
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas - Encinitas Blvd**

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967

**Bio:**
Amanda Nasser, MS, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.
Primary Care (cont.)

Benjamin Shleifer, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Valerie L. Waters, MS, FNP-C
Family Nurse Practitioner

Specialty:
- Primary Care

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Emergency Department - La Jolla: (858) 657-7600

Bio:
Valerie Waters, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people across all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.
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