UC San Diego Health Physician Directory

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For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Yewah Jung, DO, MPH
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Rancho Bernardo - Via Tazon**
Encinitas - Encinitas Blvd

**Contact:**
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7965

**Bio:**
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Katherine Uvelli, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Add'l Language:**
French

**Sorrento Valley - Sorrento Valley Blvd**

**Contact:**
Direct Clinic Line: (858) 793-7860

**Bio:**
Katherine Uvelli, MD, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. She is a member of UC San Diego Health Physician Network.
Pediatrics - General Pediatrics

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Robert Coles, MD  
Pediatrician

Specialties:  
Pediatrics, Primary Care  
Subspecialty:  
General Pediatrics  

Rancho Bernardo - Via Tazon  
Encinitas - Encinitas Blvd  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4453  
Direct Clinic Line - Encinitas: (760) 452-7966  

Bio:  
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Dudley (Doug) Elmore, MSN, FNP-BC  
Family Nurse Practitioner

Specialty:  
Primary Care  

La Jolla - 8910 Villa La Jolla  
Rancho Bernardo - Via Tazon  
Encinitas - Encinitas Blvd  

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Express Care: (760) 452-7967  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  

Bio:  
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.
Primary Care (cont.)

Yewah Jung, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4452
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Desiree Leithem, MS, CNS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Downtown - West F Street
Rancho Bernardo - Via Tazon

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Express Care: (833) 823-9777
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Encinitas: (760) 452-7967

Bio:
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.
Janette E. Matthess, MS, FNP-C  
Family Nurse Practitioner  

**Specialty:**  
Primary Care  

**Encinitas - Encinitas Blvd**  
**Downtown - West F Street**  

**Contact:**  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Downtown: (833) 823-9777  
Direct Clinic Line - Express Care: (760) 452-7967  

**Bio:**  
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Amanda Nasser, MS, FNP-BC  
Family Nurse Practitioner  

**Specialty:**  
Primary Care  

**Encinitas - Encinitas Blvd**  
**Downtown - West F Street**  

**Contact:**  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Downtown: (833) 823-9777  
Direct Clinic Line - Express Care: (760) 452-7967  

**Bio:**  
Amanda Nasser, MS, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Benjamin Shleifer, MD  
Pediatrician  

**Specialties:**  
Pediatrics, Primary Care  

**Subspecialty:**  
General Pediatrics  

**Rancho Bernado - Via Tazon**  
**Encinitas - Encinitas Blvd**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4453  
Direct Clinic Line - Encinitas: (760) 452-7966  

**Bio:**  
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Katherine Uvelli, MD  
Primary Care Physician  

**Affiliated Provider**  

**Specialties:**  
Primary Care, Family Medicine  

**Add’I Language:**  
French  

**Sorrento Valley - Sorrento Valley Blvd**  

**Contact:**  
Direct Clinic Line: (858) 793-7660  

**Bio:**  
Katherine Uvelli, MD, is a board-certified physician providing primary care through the San Diego Sports Medicine & Family Health Center. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Valerie L. Waters, MS, FNP-C
Family Nurse Practitioner

Specialty:
Primary Care

Encinitas - Encinitas Blvd
Jacobs Medical Center

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Emergency Department - La Jolla: (858) 657-7600

Bio:
Valerie Waters, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people across all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.
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