UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation's best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
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Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Dudley (Doug) Elmore, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.
Primary Care (cont.)

Yewah Jung, DO, MPH  
Primary Care Physician

Specialties:  
Primary Care, Family Medicine

Contact:  
Rancho Bernardo - Via Tazon  
Encinitas - Encinitas Blvd  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4452  
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:  
Yewah Jung, DO, MPH, is a board-certified family medicine physician dedicated to providing full-spectrum primary care to adults and children. Her practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. She has a particular interest in dermatological and family planning procedures. As an osteopath, she believes in the mission to care for the whole person and finds great happiness to be part of her patients’ lives.

Desiree Leithem, MS, CNS, FNP-C  
Family Nurse Practitioner

Specialty:  
Primary Care

Contact:  
Encinitas - Encinitas Blvd  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center  
Downtown - West F Street  
Rancho Bernardo - Via Tazon  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Express Care: (833) 823-9777  
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800  
Emergency Department - La Jolla: (858) 657-7600  
Direct Clinic Line - Encinitas: (760) 452-7967

Bio:  
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.
Primary Care (cont.)

Janette E. Matthess, MS, FNP-C
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas - Encinitas Blvd**  
**Downtown - West F Street**

**Contact:**
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Downtown: (833) 823-9777  
Direct Clinic Line - Express Care: (760) 452-7967

**Bio:**
Janette Matthess, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Benjamin Shleifer, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care  
**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**  
**Encinitas - Encinitas Blvd**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo: (858) 605-4453  
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.

Amanda Nasser, MS, FNP-BC
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas - Encinitas Blvd**

**Contact:**
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Express Care: (760) 452-7967

**Bio:**
Amanda Nasser, MS, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Valerie L. Waters, MS, FNP-C
Family Nurse Practitioner

**Specialty:**
Primary Care

**Encinitas - Encinitas Blvd**  
**Jacobs Medical Center**

**Contact:**
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Express Care: (760) 452-7967  
Emergency Department - La Jolla: (858) 657-7600

**Bio:**
Valerie Waters, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people across all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.
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