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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Ian Diaz, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Spanish

Encinitas - Encinitas Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Encinitas:: (760) 452-7965

Bio:
Ian Diaz, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. His practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. He has a particular interest in continuity care and urgent care services.

Katherine Uvelli, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (760) 452-7965

Bio:
Katherine Uvelli, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic diseases.
Pediatrics - General Pediatrics

Robert Coles, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**
Encinitas - Encinitas Blvd

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Robert Coles is a board-certified pediatrician with a special interest in newborn care and pediatric dermatology. He believes that prevention is the key to keeping children healthy, and feels this is best achieved by establishing and maintaining a trusting relationship with parents. He strives to practice evidence-based medicine and care for patients with the latest treatment guidelines and recommendations.

Benjamin Shleifer, MD
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Rancho Bernardo - Via Tazon**
Encinitas - Encinitas Blvd

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

**Bio:**
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Robert Coles, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Rancho Bernardo: (858) 605-4453
Direct Clinic Line - Encinitas: (760) 452-7966

Bio:
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Ian Diaz, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Encinitas - Encinitas Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 452-7965

Bio:
Ian Diaz, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. His practice emphasizes preventive care, as well as the diagnosis and treatment of acute and chronic diseases. He has a particular interest in continuity care and urgent care services.

Dudley (Doug) Elmore, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.
Desiree Leithem, MS, CNS, FNP-C  
Family Nurse Practitioner

Specialty:  
Primary Care

Encinitas - Encinitas Blvd  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center  
Downtown - West F Street  
Rancho Bernardo - Via Tazon

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Express Care:: (833) 823-9777  
Direct Clinic Line - Urgent Care, La Jolla:: (858) 249-6800  
Emergency Department - La Jolla:: (858) 657-7600  
Direct Clinic Line - Encinitas:: (760) 452-7967

Bio:  
Desiree Leithem, MS, is a clinical nurse specialist (CNS) and certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. Her focus is preventive care for individuals in health and wellness. She has over two decades of experience in emergency medicine and serves as the nurse practitioner manager for the Emergency Departments at UC San Diego Health.

Janette E. Matthes, MS, FNP-C  
Family Nurse Practitioner

Specialty:  
Primary Care

Encinitas - Encinitas Blvd  
Downtown - West F Street

Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line - Downtown:: (833) 823-9777  
Direct Clinic Line - Express Care:: (760) 452-7967

Bio:  
Janette Matthes, MS, is a certified family nurse practitioner (FNP-C) who provides comprehensive care for people of all ages. She offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventative care.

Benjamin Shleifer, MD  
Pediatrician

Specialties:  
Pediatrics, Primary Care

Subspecialty:  
General Pediatrics

Rancho Bernardo - Via Tazon  
Encinitas - Encinitas Blvd

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Rancho Bernardo:: (858) 605-4453  
Direct Clinic Line - Encinitas:: (760) 452-7966

Bio:  
Benjamin Shleifer, MD, is a board-certified pediatrician who provides primary care to newborns and children up to age 18. Dr. Shleifer provides newborn, infant and childhood well-checks, sports physicals, sick visits, and manages chronic pediatric conditions such as asthma and eczema.
Primary Care *(cont.)*

Katherine Uvelli, MD
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Encinitas - Encinitas Blvd**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 452-7965

**Bio:**
Katherine Uvelli, MD, is a board-certified family medicine doctor dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults, and seniors. She provides preventative care, as well as the diagnosis of acute and chronic diseases.
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