UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

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Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Maisara Rahman, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
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Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Michelle Uttaburanont, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Temecula - 31150 Temecula Parkway

Contact:
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Bio:
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Heeran Abawi, MD
Primary Care Physician

Affiliated Provider

Specialties:
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Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
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Affiliated Provider

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Primary Care, Internal Medicine

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Primary Care (cont.)

Bruce Olmscheid, MD
Affiliated Provider

**Specialty:**
Primary Care

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**Bio:**
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Maisara Rahman, MD
Primary Care Physician
Affiliated Provider

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Primary Care, Family Medicine

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**Contact:**
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**Bio:**
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Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

**Specialties:**
Primary Care, Internal Medicine

**Carlsbad - 7740 El Camino Real**

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**Bio:**
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Michelle Uttaburanont, MD
Primary Care Physician
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**Specialties:**
Primary Care, Internal Medicine

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